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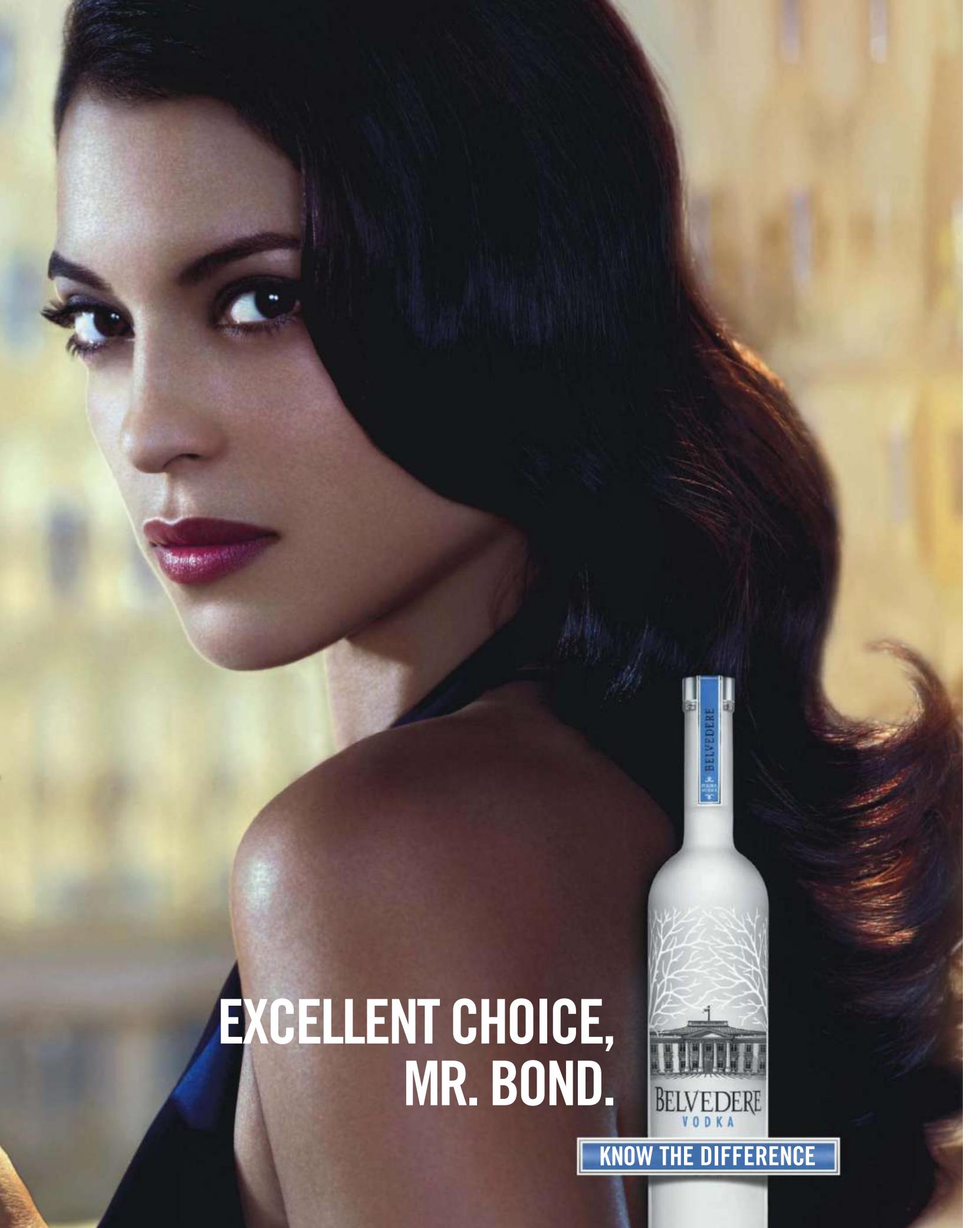
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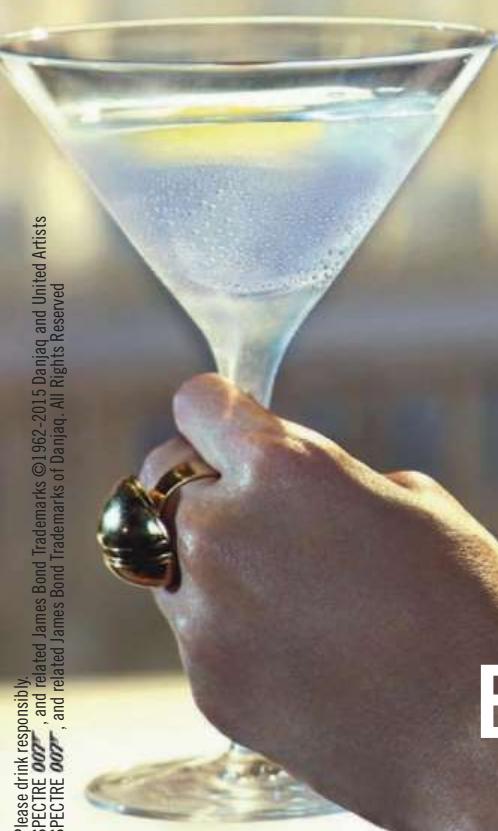


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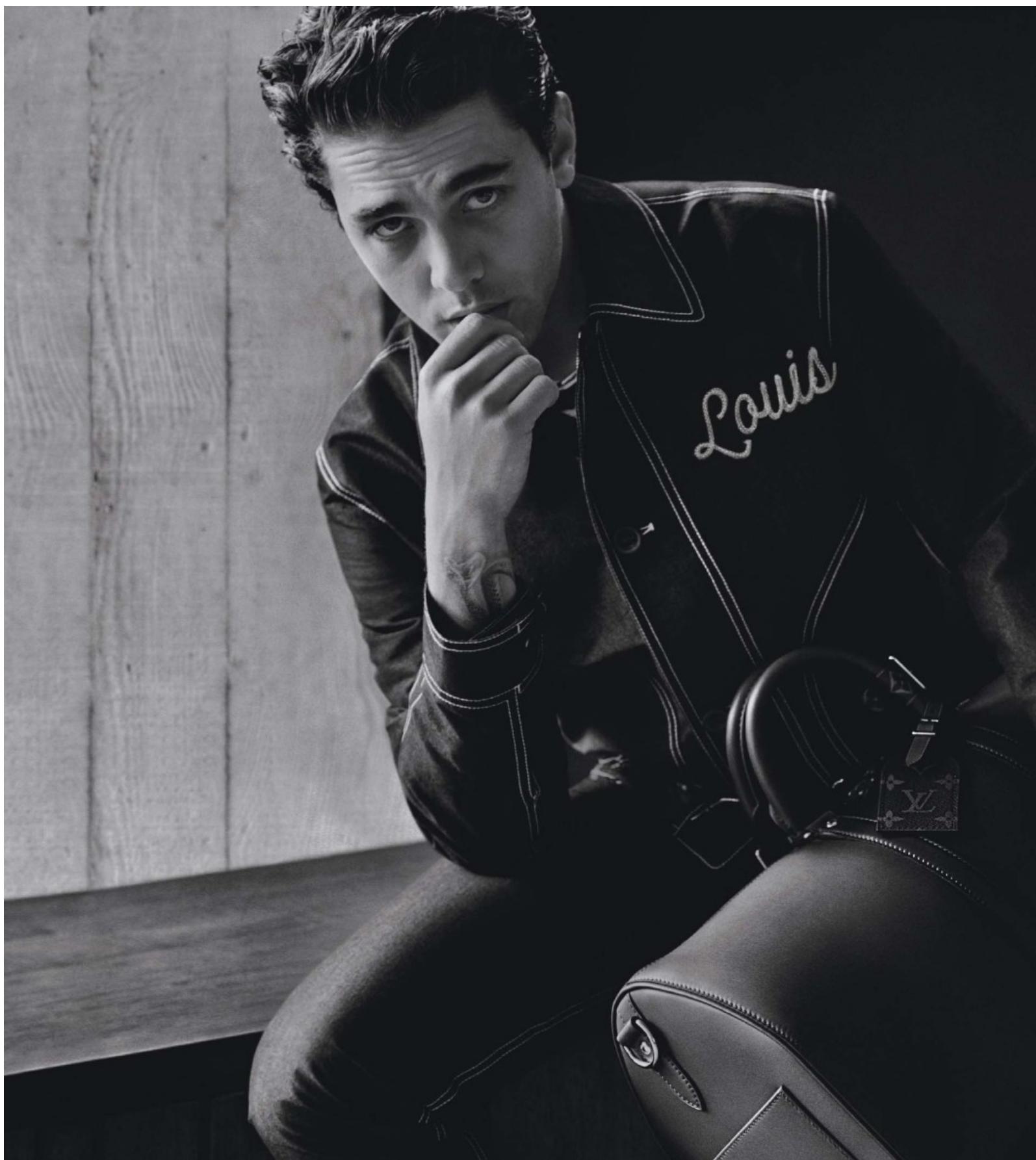


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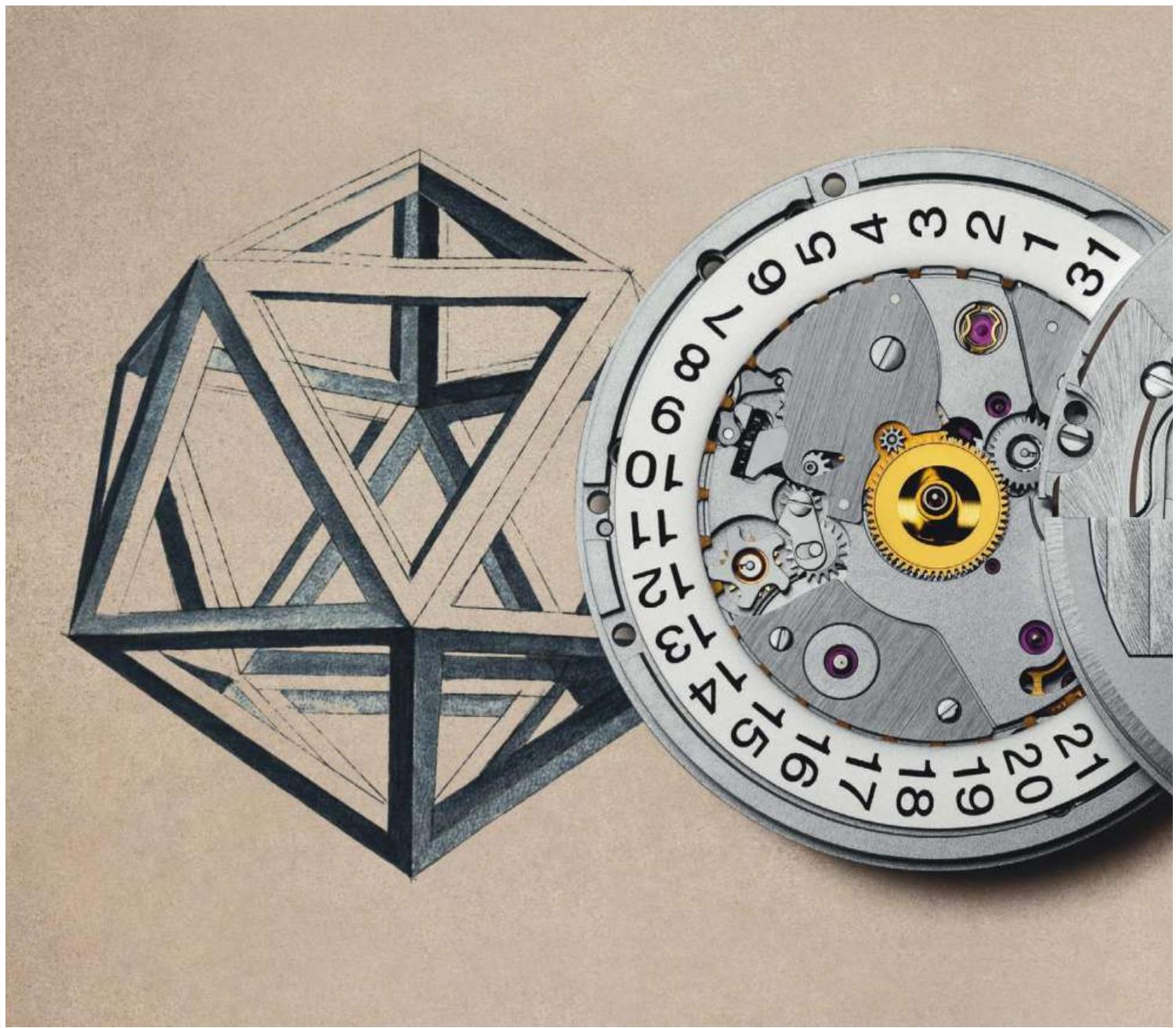
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Wool suit, POA, and silk pocket square, POA, both by **Brunello Cucinelli**; cotton shirt, POA, by **Dries van Noten**; silk tie, POA, by **Hardy Amies**.



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NOVEMBER



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the most sophisticated way possible, we've been hyperventilating like 5SOS fans at *GQ* HQ, awaiting the release of 007's *Spectre* next month. Secrets of the film – will it be Daniel Craig's last? – have been drip-fed to us via Sony Pictures over the past six months, and the fervour for the end product has built among the team. So much so, that when I couldn't take any more of the trailer releases and the limited-edition Bond products from luxury brands tied to the film, I swung around to our deputy editor Richard Clune (picture me in my big leather chair, firmly stroking our white Persian office cat) and demanded, "Get me Bond." Unfortunately, I swung too far and ended up frightening the fashion intern. He scampered off and the next day we received a letter of complaint from his mother. Sorry about that.

There's just something about this franchise that inspires. The character of Bond himself is, for all intents and purposes, the personification, albeit fictitious, of the *GQ* man. Smart, stylish, good looking, witty, sporty and desired by all. It's for this reason that we've created our Month of Bond across the *GQ* platform, anchored by our Australian exclusive with the secret agent himself, Mr Craig. We literally went to the ends of the earth to get that – Clune still reminding of the lengths he went. (We full-well know he was on a visit to his in-laws in Yorkshire, England, when the chance to interview Craig came through. He selflessly decided to leave his wife and kids in the quiet, romantic countryside to beat his way back to the horrors of London to do the interview. But we're playing along.) And hats off to him too, Craig, like Bond, is notoriously hard to crack and Cluney has delivered one of his finest to date.

Let's face it – we all secretly want to be

James Bond. It's one of those things that goes on the bucket list as a young man. Release a chart-topping pop song. Edit *GQ*. Write a best-selling trilogy that becomes a movie franchise. Become Bond. Or maybe that's just me? I've come to terms with the fact I could never be Bond. I could maybe pull off some components of the character, but espionage skills and that blind willingness to kill? Yeah, I haven't quite mastered them. Likewise, my firearms handling is terrible. In fact, my Bond movie would have to be a spoof – less Double-O-Seven and more Triple-O Emergency.

Though perhaps, it's the unachievable ideals of Bond that make him so appealing – like a male Victoria's Secret Angel, everyone wants to be one, but not everyone can wear dental floss in the office.

Despite that, we, OK, I, try to emulate him. The internet is testament to that. Type 'How to be like Bond' into Google and there's close to 400 million results on the topic and thousands of sub topics – 'How to dress like Bond', 'How to make a martini like Bond', 'How to fold a fitted sheet like Bond', you name it. Someone's also devoted three years of their life to a thesis on masculinity over the decades through the changing norms and morals of 007 – true story.

I also love some of the entries on these sites, that so nonchalantly dictate the necessary steps to turn into the man himself. 1. Be stylish. 2. Be sophisticated. 3. Get into good food and wine. 4. Only insist on the best. 5. Work out three times a day. 6. Live in Monte Carlo. 7. Practise combative martial arts. 8. Know your firearm inside and out. 9. Join MI6. WTF?

If that's all too much, get to grips with our Month of Bond instead, and go see the movie from November 6.

Enjoy the issue,



Nick Smith
EDITOR IN CHIEF

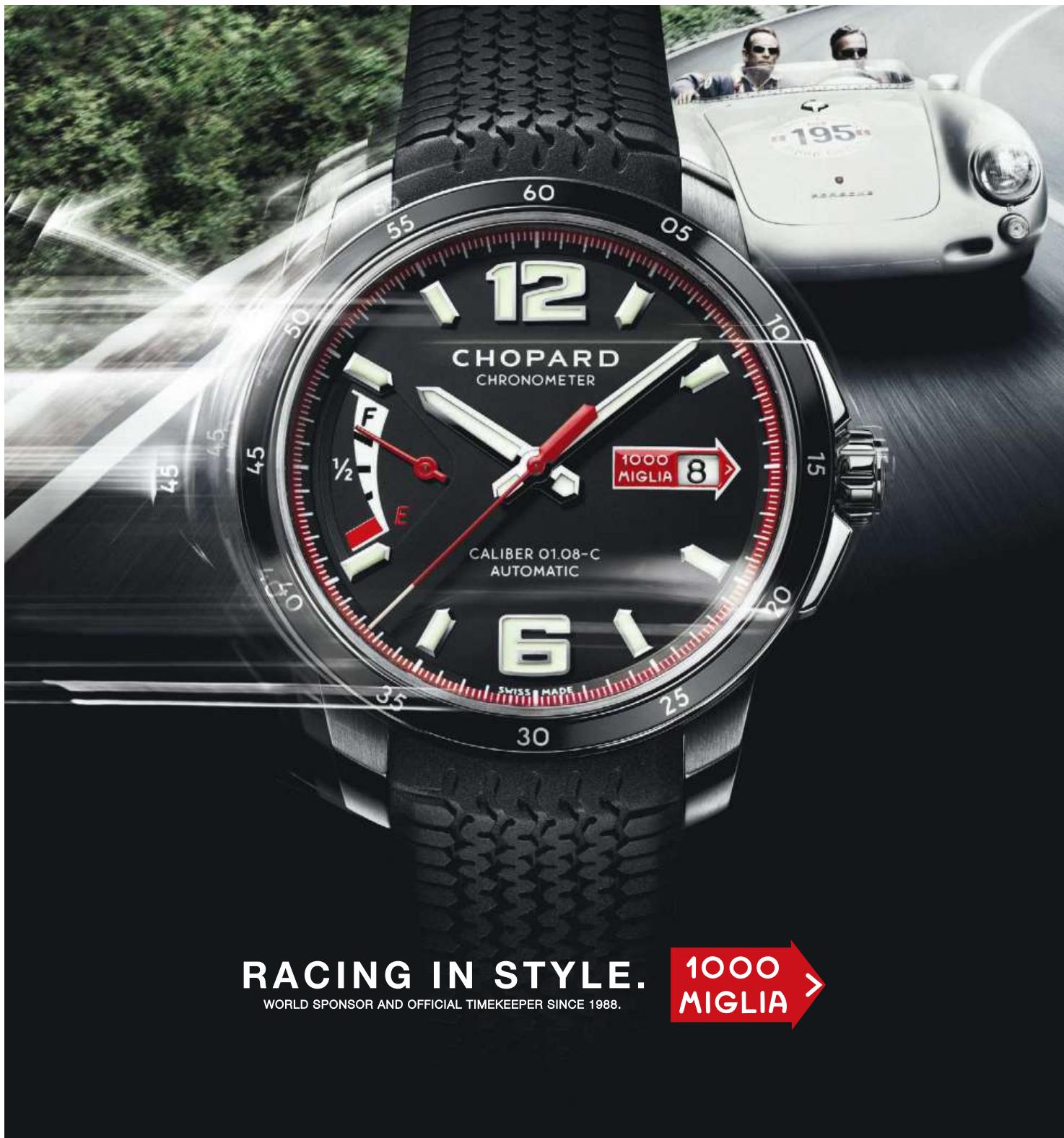


Editor's Letter



DON'T MISS OUR NEXT ISSUE

THE GQ MEN OF THE YEAR AWARDS, IN ASSOCIATION WITH CHIVAS REGAL, IS BACK FOR 2015 – SO HEAD TO GQ.COM.AU/MOTY TO LEARN HOW YOU AND FOUR FRIENDS COULD BE A PART OF AUSTRALIA'S MOST EXCLUSIVE SOIREE. AND BE SURE TO GRAB A COPY OF THE MOTY ISSUE, FEATURING ALL THE NIGHT'S WINNERS FROM THE ARTS AND ENTERTAINMENT, TO SPORT AND BEYOND, ON SALE NOVEMBER 12.



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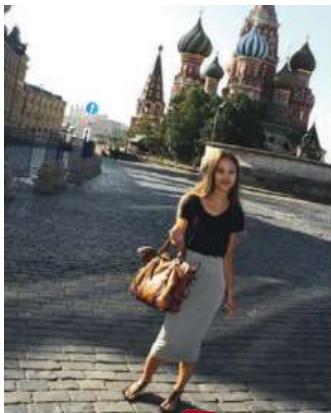
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HELLO
MY NAME IS
Team GQ

NIKOLINA SKORIC

ASSOCIATE ONLINE PRODUCER

Joining GQ back in June, Skoric is the latest addition to our ever-expanding online team. Ha! Anyone would think it's the future of publishing, right? Guys?

WHAT'S THE BEST THING ABOUT WORKING AT GQ?

Definitely the people I get to work with. By which I mean, all the free wine and cheese we get sent.

AH YES, DELICIOUS CHEESE. DAIRY PRODUCTS ASIDE, WHAT DO YOU ENJOY ABOUT WRITING ONLINE?

There is always something new happening, so no two days are alike. I also love adding a bit of humour to some of my pieces, which is much easier to do on the web.

QUIET. ANY ADVICE FOR PEOPLE WHO WANT TO FOLLOW IN YOUR FOOTSTEPS?

Get an internship. It doesn't matter what you're doing – as long as you're in the environment. Take in everything, take on everything and stay to midnight if you have to. It's worth it.

GOT ANY DAILY READS?

I'm constantly checking Facebook, Twitter and Instagram feeds because they combine all the news sources I want. Oh, and GQ.com.au of course.

WHO'S BEST TO FOLLOW?

For work, it's important to keep track of people who are popular at the moment – reality stars, photographers and actors. For the lastest fashion, I check @therow and for foodie pics I like @breakthefast_.



JAKE TERREY

PHOTOGRAPHER

Shot at Sandown Raceway with Aussie model Jarrod Scott, Terrey said of our fashion story (p184): "It went well, even though it poured with rain from the moment we arrived, until the time we left – when it cruelly stopped."

WHAT WAS SCOTT LIKE TO WORK WITH?

Great – he never once said that he was bothered by the rain. Though it's a little soul-destroying to watch someone get soaked from head to toe, and still be the best looking dude on the planet.

ANY PHOTOGRAPHY TIPS?

Consider what you're trying to achieve before putting the camera to your eye. Work out what you want to shoot and how, then you'll already know what you want from the photo, and the rest will fall into place.

AND POINTERS FOR LOOKING GOOD IN PICTURES?

Confidence – you can see it in a person's face if they're not feeling it. But the most important thing is not to take yourself too seriously. On set we often take serious-looking shots, but we're usually having fun. Some of the best shots come from candid moments.

ANYTHING TO AVOID?

There's nothing wrong with making mistakes, as long as you learn from them. Remember to take the lens cap off before shooting – but then again, I still do that a lot.

FAVOURITE PHOTOGRAPHERS?

Like most fashion photographers, Peter Lindbergh is a regular inspiration. I also love Vincent van de Wijngaard's work. Both have a cinematic approach to beauty that's hard to replicate.



WILL JACKSON

WRITER

Jackson caught up with business guru Mark Bouris to get his take on the real-estate market. "I was surprised by how grounded he was," reports Jackson. Turn to p198 for Bouris' insights.

WHY HAS BOURIS BEEN SO SUCCESSFUL?

The day after we spoke, he was due to fight four-time world champion Danny Green in a charity boxing match, so I guess optimism and balls are at least part of the picture.

WHAT'S THE BEST WAY TO GET INTO THE PROPERTY GAME?

I'd parrot Bouris on this. Be careful not to overpay – if properties are selling for more than seven times the average annual household income in a particular suburb, that area is experiencing a bubble. Do some research on what a fair price should be, before bidding.

COMMON MISCONCEPTIONS ABOUT THE HOUSING MARKET?

That you can't lose money in residential property. People in post-GFC Ireland and Spain might disagree.

SAY WE HAVE A SPARE \$10,000. HOW SHOULD WE INVEST IT?

Avoid stocks as a short-term investment – equities are far too volatile if you need the money back in the next year or two. However, for a longer investment period, they look attractive.

WHICH SECTORS SHOULD INVESTORS AVOID?

Bonds. The prices of these investments move inversely to interest rates, and interest rates across the developed world are at all-time lows. With interest rates only able to rise, the outlook for bonds is bleak.



KIMBERLEY FORBES

HAIRSTYLIST

"The shoot was super," says Forbes, who was on hand for our spring racing fashion story (p176). "Nice team, good models – a really great day. Plus, it's always interesting working with animals." Sounds like a winner. Ahem.

WHAT'S BIG IN MEN'S HAIR AT THE MOMENT?

Side parts, and sleek, short styles are really in right now – they look really sharp.

IF WE WANT THIS LOOK, WHAT SHOULD WE REQUEST IN THE SALON?

Ask the stylist to make it really short on the sides and longer on top. A super-tight fade is also another good way to describe this style.

WHAT DOES EVERY GUY NEED IN HIS BATHROOM CABINET?

Beard trimmers, and a good finishing product like a matte paste.

WHICH CELEBS HAVE REALLY GOOD HAIR?

David Beckham, Jared Leto and Jake Gyllenhaal are my favourites. They have their own personal style that's sharp and well groomed, but in an understated way.



WORDS: JAKE MILLAR.

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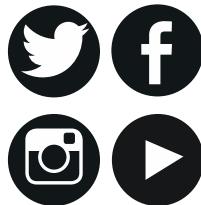




Why Spectre Could Be The Best Bond Yet

We herald 007's return to the big screen by delving into the past of the fictional martini-swilling icon as well as profile the actors playing the bad guys 'n gals in the forthcoming blockbuster.

MONTH OF BOND



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FITNESS



STYLE EDIT



OPINION

Exposing The Worst Fitness Myths

We lift the lid on the exercises proven to fall short of their hype, and take a look at some of the biggest fitness trends you'll be keen to experiment with over the next six months. Summer is nearly here, so how's that beach body looking?

How To Nail Spring Racing Style

To ensure you stand out from the crowd in all the right ways, we profile this year's spring racing must-haves. From coloured chinos to cutaway collars and patterned pocket squares, we give you the know-how to shop the latest trends.

The World Now Cares About Australia

No longer are Aussies the afterthought of the world press. From marriage equality and climate change to what the US can learn from Australia's stance on guns, we take a hard look at the big local issues making global headlines.

DOLCE & GABBANA
light blue



feedback

STAR LETTER

I have a lot of time for Joel Edgerton. *The Gift* was a seriously good piece of cinema, and I'm looking forward to seeing more of him, in front and behind the camera. Really loved the interview, too – such a down-to-earth Aussie bloke.

GRAHAM, VIA EMAIL

We couldn't agree more. Aussies are killing it in Hollywood right now, and Edgerton is leading the pack.

Let's be honest, my favourite part of this issue was the shoot with Victoria's Secret Angel Kelly Gale – I just wish there were more! As usual, yet another awesomely-written issue. Well done!

ADAM, VIA GQ.COM.AU

Loved the video game feature! I read it over and over. Amazed how some guys are making money 'playing' their lives away – just remarkable and so well reported. Did not go for the Kevin Rudd article, though. More political waffle. Please keep GQ hot-air free!

SCOTT, VIA GQ.COM.AU

Occasionally I'm tempted to convert to the Digital Age and download GQ. But the latest issue confirms my love of the printed medium once again. Loved every page, and the Engine Room feature on MJ Bale founder Matt Jensen is a great insight into a brand CEO kicking some serious goals right now.

ADAM, VIA EMAIL

The piece on Kevin Rudd was an enthralling and informative piece of journalism on arguably the most groundbreaking political figure in recent Australian history.

ARDEN, VIA GQ.COM.AU

Thanks – we're sure he'll be pleased to hear that.

I enjoyed the article on Joel Edgerton. It's great to see another Aussie success story – though I must admit I did get him confused with Sam Worthington! Plus I always enjoy the fashion articles. It's great to look at men's fashion without the stereotypes that come with it.

JADE, VIA GQ.COM.AU



WHAT'S TRENDING ON SOCIAL MEDIA

KEVIN RUDD

KELLY GALE

JOEL LEDGERTON



WRITE TO WIN

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GQ Australia, you are exceptionally great at the moment. The new highlight of my month. If only I could get a printed version in the UK.

PETER, VIA TWITTER



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LEGACY OF THE STUDENT POLITICIAN



I dabbled in politics at university. Nothing too serious. In fact, nothing serious at all. After a stunning election victory to become the representative of my fellow first-year students at the Law Students' Society, I used my formidable abilities to organise free barbecues and build grassroots support. In a historic landslide, I was elected vice-president in charge of activities. An unblemished record of broad-based student intoxication and good times then saw me waltz into the job of Law Students' Society president the next year.

Contrary to what you may think, I wasn't interested in power. I just had a knack for winning low-stakes campaigns. This piqued the curiosity of those who *were* interested in power – Young Liberals and Young Labor. They ran fierce and brutal elections that they saw as training for political life. And they wondered if I could be useful.

I attended a meeting for each. I heard philosophies, plans and manifestos. I was invited to consider factions I may belong to, and how they might help later in life. I heard of war chests, election strategies, career paths and vendettas.

At each gathering, I was given a detailed roadmap for how their truth would be victorious. And I left both meetings wondering how a bunch of 20-year-olds who knew nothing of the world could possibly know what it needed. Ultimately, I parted with the overwhelming impression that all they cared about was winning.

I made peace with the fact that president of the Law Students' Society would be the highest elected office I'd ever hold. I could do it without having to believe in something that I didn't know was true. It's a quirk of history that Josh Frydenberg would later hold the position – probably his most important before becoming Australia's assistant treasurer.

Most of the country laments the current state of politics in Australia (Malcolm Turnbull certainly has much to do) and, under former PM Tony Abbott, it was irrefutable to say that the 'leaders' went about their business concerned almost entirely with perpetually-imminent elections. The polls told them how they were going (OK, they still do), with policies based on the polls. If necessary reform, infrastructure or decisions were deemed unpalatable to enough people with enough time on their hands for a phone poll, then it would fall by the wayside.

Instead of a plan we were given nouns – 'boats', then 'jobs', then simply concepts,

'security' and 'having a go', whatever the hell that meant.

Beyond the immaculate teeth and flash of leather on *Q&A*, we're yet to know what Turnbull will bring. Though let's not forget that his sudden rise to power meant many firm handshake agreements with those to his right; deals done with ministers unlike he – those devoid of actual real-world experience who simply swapped political life at university for political life in Canberra.

Some say we live in the era of the career politician. Close. We actually live in the era of the student politician who never grew up.

What was most telling about Abbott was the same that was telling about Kevin Rudd and Julia Gillard – when it came to running a government, it felt beyond them, each too preoccupied with winning a daily media battle and scoring cheap shots in the polls.

Now we have a situation where the government and opposition are guilty of swapping leaders to fix polls – not something you do when you care about running a country. It's what you do when all you care about is winning an election – the kind of cheap trick you pull to become president of the Law Students' Society. ■

CHARLIE LOVES



SAM SIMMONS
THIS AUSTRALIAN COMEDIAN (AND TRIPLE J HOST) IS KNOWN AROUND THE WORLD AS ONE OF OUR FUNNIEST, MOST SURREAL EXPERTS. NOMINATED FOR, OR WINNER OF, EVERY MAJOR COMEDY AWARD OUT THERE, HE'S A COMPLETE ORIGINAL AND WE SHOULD ALL BE PROUD. YOUTUBE HIM AND ENJOY. SAMSIMMONS.COM.AU

“WE HAVE A SITUATION WHERE THE GOVERNMENT AND OPPOSITION ARE GUILTY OF SWAPPING LEADERS TO FIX POLLS.”

SPRING RACING 2015



DAVID JONES
INSTORE. ONLINE. CLICK & COLLECT.

A full-page photograph of a young man with dark hair and blue eyes, wearing a sharp dark blue suit, white shirt, and dark tie. He is standing in a field of tall, golden grass, looking directly at the camera with a neutral expression. In the background, there are trees and a blurred view of a residential area with houses.

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the SOURCE

Bella GIRL Hadid

THE OTHER HADID WHO'S RECENTLY CAUGHT OUR EYE.

Yes, she's one of *those* girls. That generation of young, cashed-up beauties showing up all over Instagram, and pretty much everywhere else, for that matter.

They're a clique for whom life appears to be one long Coachella party – all short shorts, selfies and expensive sunglasses. And Bella is the newest addition to a genetically-blessed gang already boasting elder sister Gigi, Cara Delevingne, Hailey Baldwin and various Kardashians.

Now 19, Bella is turning heads, reaching a million Insta followers virtually overnight. Pocket change to a Kendall or Kylie, but it's a start – and one she's already built on with recent ads for Balmain and Samsung amid rumours she's likely to become a Victoria's Secret Angel too.

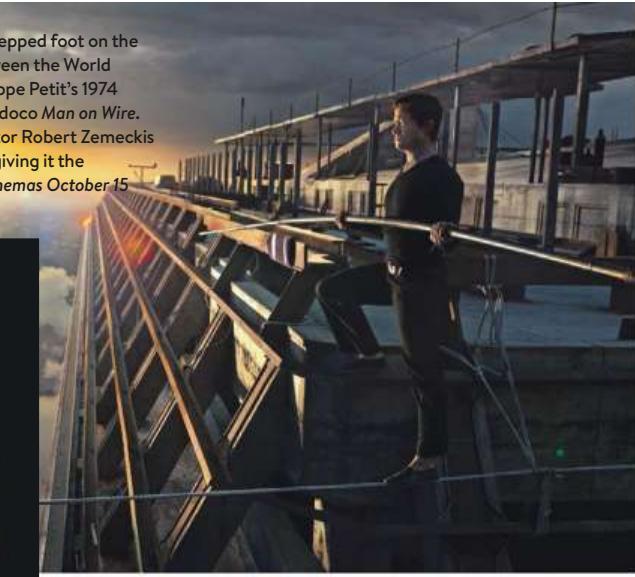
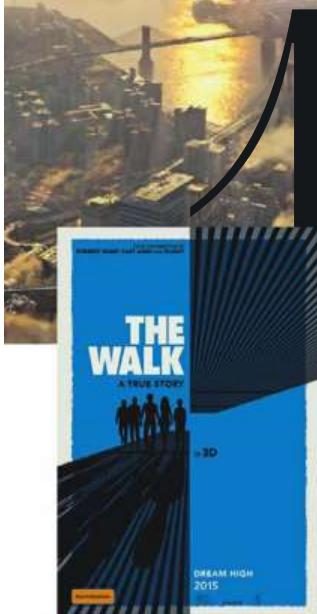
"There's no secret handshake," she said recently, when quizzed about how to join the cool crew. "Though that's a really good idea."

Handshake or not, we won't be getting membership anytime soon. But being a spectator isn't so bad. Follow @BellaHadid on Instagram



THE BBC BANNED THE USE OF ANGLEPOISE LAMPS IN 1949, AFTER CONCLUDING THEY ENCOURAGED STAFF TO CREATE DEGENERATE PROGRAMMING.

THE FILM A dozen people have stepped foot on the moon, but only one will ever walk between the World Trade Center towers. Frenchman Philippe Petit's 1974 feat was the subject of Oscar-winning doco *Man on Wire*. Now, Joseph Gordon-Levitt and director Robert Zemeckis (*Forrest Gump*, *Back to the Future*) are giving it the Hollywood treatment. *The Walk* is in cinemas October 15



THE HIT LIST

FIVE TOP PICKS FOR THIS ISSUE.

THE EVENT

Reading David Sedaris' stories is topped only by hearing him tell them live. Fact. He's equal parts hilarious and adorable, and if you feel at all differently, we're afraid we can no longer be friends. *An Evening With David Sedaris*: Newcastle, Jan 17; Sydney Jan 18 & 19; Brisbane, Jan 20; Melbourne Jan 21 & 22; Hobart Jan 23; Perth Jan 24; ticketek.com.au



THE FESTIVAL

Southbound is an annual reminder there are things to do in WA that don't involve wearing high-vis. It's also one of the best-value festivals around – the latest line-up featuring Gary Clark Jr, Birds of Toyko, Foals and Weird Al Yankovic. Worth seeing live, if only for evidence he's still alive and kicking. Jan 8-10 2016; southboundfestival.com.au

THE LAMP

Originally created in 1932, the Anglepoise is a design classic that's as British as a bulldog tucking into high tea. Anyway, this Paul Smith collab adds a colourful spin on the lamp for a second time in as many years and is easily the best way to have a bit of fun atop your desk – without getting HR involved. 'Anglepoise + Paul Smith Type 75 Desk Lamp Edition Two', \$295; paulsmith.co.uk



THE BOOK LAST YEAR, AUSSIE PHOTOGRAPHER GIUSEPPE SANTAMARIA TURNED HIS STREET-STYLE BLOG *MEN IN THIS TOWN* INTO A SUPER-COOL BOOK. NOW, BETWEEN WORKING FOR PRESTIGIOUS MAGS (LIKE US), HE'S TRAINED HIS LENS ON THE FEMALE FORM. THIS RELEASE SAW HIM TRAWL THE GLOBE TO FIND ALL MANNER OF STYLISH LADIES. A PERFECT LITTLE GIFT FOR THAT SOMEONE SPECIAL – OR YOURSELF. *WOMEN IN THIS TOWN*, \$29.95; hardiegrant.com.au



[AQUILA]

M E N S W E A R

AQUILA.COM.AU

MAN OF THE MOMENT

AUSTIN STOWELL

MEET THE AMERICAN ACTOR WINNING ALL THE RIGHT FANS – INCLUDING STEVEN SPIELBERG.

TIt's a Wednesday morning in London and Austin Stowell is missing home. "There's an LA-esque juice shop around the corner and I've basically been going there every day for breakfast, lunch and dinner." Still, no amount of juicing can hold back the rain, which has been nonstop for the best part of a week. Or maybe London's always like that. Either way, Stowell's in high spirits.

"My show premiered last night in the US so a lot of people have been reaching out," he says of *Public Morals*, also starring Edward Burns with Steven Spielberg as an executive producer. "It's been a busy morning."

It was while filming this TV drama that the 30-year-old first met Spielberg. "He's one of the best-dressed guys I've ever seen. I'd like to think he composes himself in the mirror like he composes his actors on film – everything goes together so well," says Stowell. "He looked just as I'd imagined – minus the glowing aura around him."

Spielberg was equally impressed by his young charge. While directing on *Bridge of Spies*, if reports are to be believed, he specifically called for Stowell after spotting him on the set. "Oh yeah, I was handpicked by Steven Spielberg," jokes Stowell, when we put it to him. "But it's no wonder actors fight to work with him. He really is a wonderful man, and cares so much about film and storytelling. It's an honour to work for him."

Set at the height of the Cold War, *Bridge of Spies* sees Stowell play Francis Gary Powers, a US air force pilot shot down and captured during a reconnaissance mission over Russia. Based on a true story,



“WORK HARD AND DON’T WORRY ABOUT THE OTHER BULLSHIT – IT ALL COMES OUT IN THE WASH.”

it centres on lawyer James Donovan (Tom Hanks), who negotiated Powers' release. Stowell was originally cast as Donovan's legal assistant before a Coen brothers' re-write put more focus on the pilot; the role Spielberg then offered to Stowell.

"I jumped in a pool with all my clothes on when I found out," he says, a move that clearly prepared him for London's weather.

"There's Tom Hanks, Alan Alda and Steven Spielberg on set, and I'm just in awe – I don't even know how many Emmys, Oscars and trophies there are between them." So what have they taught the *Whiplash* actor?

"Work hard and don't worry about the other bullshit – it all comes out in the wash. And don't stop. Someone's always above you who's worked just as hard, and as soon as you let go, you'll fall back down the mountain."

That explains why Stowell hasn't had a holiday since moving to LA seven years ago. Not that he'd have it any other way.

"You're walking among the gods and just have to soak it all in," he says. "You never know if it'll be your only shot, so you might as well enjoy the time up there at Olympus and just see how long you can stay." *Bridge of Spies* is in cinemas October 22

T I M I N G F O R C H A M P I O N S

The Edox Hydro Sub North Pole - Champion free diver Christian Redl and Australian photographer Marcus Fillinger will head to the geographic North Pole in 2015. Their aim: to investigate the effects of global warming on the Pole's fragile environment and carry

out the world's first free dive under the ice. The Edox Hydro Sub North Pole will be with them every step of the way. **From the Swiss mountains to the icy wastes of the Arctic, the Edox Hydro Sub North Pole is a time machine made for the ultimate challenge.**



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BOX OFFICE → IDIOT BOX

THE NEW WAVE OF TV SERIES THAT ARE BASED ON BIG-SCREEN SUCCESSES.

Hollywood has long turned to television for inspiration, be it the recent *Entourage* flop or *Mission Impossible*, which started out on small screen in the '60s. But the other way around? TV producers aren't shy of mining Tinseltown for gold, either.

Last year's TV adaption of the 1996 Coen brothers' film *Fargo* bagged 18 Emmy nominations – winning three, and even received approval from the notoriously approval-shy Coens themselves. With a second series on the way – and an entirely new cast – we chart other key moments in cinema-inspired TV. *Fargo* season two airs now on SBS

My Big Fat Greek Life, 2003

Given the 2002 movie is one of the most profitable films ever made, it's little surprise TV execs wanted a taste of the action. Despite retaining much of the original cast, the recipe wasn't right. Its huge fan base saw the premiere hit sky-high ratings, before things fell of a cliff. It lasted seven episodes.

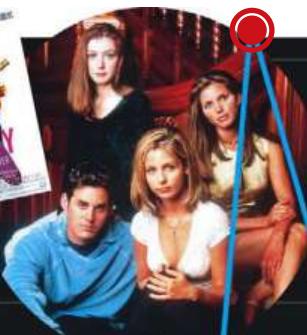
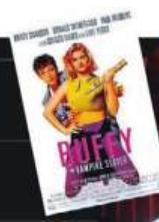


Teen Wolf, 2011

Based on the 1985 Michael J Fox comedy about a boy who finds himself turning into a werewolf. While the TV series wasn't entirely faithful to the movie, it proved more than watchable, launching the careers of heartthrob trio Tyler Posey, Dylan O'Brien and Colton Haynes.

About a Boy, 2014

Don't worry, Hugh Grant isn't moving into TV. If this small-screen adaptation sounds bad, that's because it is. The movie plot was exhausted within five minutes, leaving the show to limp through two seasons until it was finally canned.



Buffy The Vampire Slayer, 1992

The seven-season show means Sarah Michelle Gellar's days are spent sitting in a golden palace, bathing in Dom Perignon. But the outrageously popular series was originally a movie starring Kristy Swanson (best-known for TV series *Psych*) and Paul Reubens (Pee-wee Herman) as a vampire. Who knew?



From Dusk Till Dawn: The Series, 2014

This TV translation of the 1996 movie that starred George Clooney, Salma Hayek and Quentin Tarantino (in an acting and writing capacity), debuted last year. Reviews were a mixed bag – as are the actors, with Don Jonson (yes, of *Miami Vice*) and Wilder Valderrama among the credits.



Scream, 2015

Some might think four outings were enough for this franchise, but not MTV. With a fresh bunch of pretty faces, many scenes are more slapstick than scary and feedback was on the poor side. Then again, *Scream 4* was far from Oscar-worthy. It was picked up for a second season.



Wet Hot American Summer: First Day of Camp, 2015

The 2001 retro-film is not only a classic piece of satirical cinema, it also packed a pretty impressive cast with heavy hitters including Bradley Cooper, Amy Poehler and Paul Rudd. What's more, most were on board for the eight-part TV prequel, which aired on Netflix in July. It's hilarious.



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2. ROPE/BRASS 'ANCHOR MOD' BRACELET, \$100, by Miansai at Inca.

3. 'LIGHT BLUE' POUR HOMME FRAGRANCE, \$76 (75ml), by Dolce & Gabbana.

4. LEATHER 'PERRIN' SHOES, \$169, by Aquila.

5. 'FACE MOISTURISER + SUNSCREEN', \$19.95 (150ml), by Milk & Co.

6. STAINLESS STEEL 'SEAMASTER PLANET OCEAN GMT GOODPLANET' WATCH, \$9575, by Omega.

7. COTTON 'GRANVILLE' T-SHIRT, \$120, by A.P.C. at Inca.

8. PALLADIUM 'WEB' BELT, \$315, by Gucci.

9. 'TRAVEL CALM GINGER' TABLETS, \$13.99 (45 TABLETS), by Blackmores.

10. 'GALAXY S6 EDGE+' SMARTPHONE, \$1199 for 32GB, by Samsung.

11. 'ANTI-PERSPIRANT' DEODORANT, \$9.95 (75ml), by Milk & Co.

12. POLYAMIDE 'BARACOA' SWIM SHORTS, \$150, by Paul Smith.

13. LIMITED-EDITION 'SPECTRE' BOX SET, \$299, by Bollinger.

14. COTTON BEACH TOWEL, \$690, by Louis Vuitton.

15. WOVEN HAT, \$230, by Panama Hats at Strand Hatters.



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BOOK

SPACE INVADERS

Matt Damon's *The Martian* just hit cinemas, business magnate Elon Musk and SpaceX have sights set on the real thing, and astronaut Buzz Aldrin is due to visit our shores for a series of speaking engagements next month.

Now Taschen is joining the space race. Pulitzer Prize-winning author Norman Mailer first covered the 1969 moon landing for *LIFE* magazine, with a series of articles that later became bestseller *Of a Fire on the Moon*. This new adaptation not only features Mailer's reflections on the Apollo 11 voyage, but also showcases numerous photographs of the historic landing by Aldrin, Neil Armstrong and Michael Collins. If you're not a billionaire, it's a handy way to get a glimpse into outer space.



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THE JEANS YOU NEED

FIVE KEY DENIM STYLES TO OWN THIS SEASON.

Founded in 1990, Danish label Jack & Jones has since become one of Europe's most respected denim brands. Available in nearly 40 countries worldwide, Australia recently joined the mix, arriving at Myer earlier this year.

We asked Jack & Jones' buying and design manager, Nicolai Ulrik Thorup, for his favourite denim styles – and why each is a wardrobe essential. Stocked exclusively at Myer, in store and online; myer.com.au



DISTRESSED

"These are designed and washed in Italy, and the fabric has a special 'slub' characteristic – something we're seeing a lot of right now. Worn-in jeans should be the star of an outfit, so pair with a shirt or simple T-shirt." Cotton 'Glenn Fox BL 496', \$130, by Jack & Jones.

MODERN CLASSIC

"Washed down to achieve a lighter grey tone – a great alternative to indigo and so versatile – they're a great investment for every wardrobe. Go all out and style with a light-blue denim shirt and a classic denim jacket to up the cool factor." Cotton 'Glenn Fox BL 499', \$160, by Jack & Jones.

RELAXED FEEL

"The best of both worlds – our indigo knit fabric combines the comfort of knitted sweatwear with the authentic look of denim. Best worn as a lazy Sunday get-up, or style with a denim jacket to up the cool factor." Cotton 'Glenn Icon BL 533', \$170, by Jack & Jones.

SKINNY FIT

"From the 'Super Stretch' range comes serious flexibility and comfort, without compromising the slim fit. Rinsed and hand scraped for a worn look, they work well with a crisp white shirt." Cotton 'Liam Original JJ 911' jeans, \$140, by Jack & Jones.

SHORTS

"Everyone should own a pair of denim shorts. Embrace the '90s feel with this cut-off look and heavy dark-blue denim. I'd go for casual styling here – like a cool print T-shirt." Cotton 'Rick Original Shorts AT 979', \$69.95, by Jack & Jones.



FROM LEFT:
NEALE
WHITAKER;
TABLE SETTING;
GIORGIO
ARMANI'S
TONY
KHAJENOURI.



TIM ROBARDS
AND JAMES TOBIN.



ACTORS TIM ROSS
AND BEN MINGAY.

GIORGIO ARMANI STATE OF MAN LUNCH

GQ joined forces with the leading luxury house for an indulgent lunch that worked on two fronts – to launch Armani's brilliant new fragrance, 'Aqua Di Giò Profumo', and to gather together a group of acclaimed Australian men to start a necessary conversation about what it means to be a modern gent. Held at Sydney's famed Icebergs Dining Room, GQ editor in chief Nick Smith led proceedings with guests including Olympian Ian Thorpe, designers Dan Single, Sam Elsom and Brent Wilson, TV presenter James Tobin and models Jordan Barrett and Zac Stenmark, among many others.



IAN THORPE
AND ZAC
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Stainless steel 'Petit Prince' watch, \$14,700, by IWC.
The classic cockpit-inspired design also hides a surprising feature: each day, one of the stars on the midnight blue dial lights up in gold, and jumps at random across the watch face.

It's a perfect fit – the accuracy required by those who take to the skies combined with the attention to detail of the world's finest watchmakers. But even if you're not one to perform high-speed barrel rolls, it's still possible to appreciate the elements that set pilots' watches ahead of the pack.

Breitling's new aviator's series has been created in partnership with the Breitling Jet Team, an elite group of pilots whose daring formations and impressive manoeuvres have been thrilling crowds globally for a decade.

Inspired by the team's ability and finesse, the limited-edition watch boasts a sporty design that's complemented by technical specs like the finest high frequency, self-winding movement and a 70-hour power reserve. Little wonder aviation-related watches are, ahem, taking off. Here, our favourites.



Titanium 'Boeing 247 Ti-GMT' watch, \$8700, by Bremont.
Made from aviation-grade titanium for superior strength and corrosion resistance, this features nice references to a classic Boeing, such as accents in the aviation brand's signature blue.



Titanium/stainless steel limited-edition 'Freelancer Piper' watch, \$5999, by Raymond Weil.
For its first pilot, the Swiss brand partnered with aviation company Piper Aircraft Inc. The minute and hour hands resemble an aircraft's rotor blades, while the GMT's red pointer is a nod to a compass.

Stainless steel limited-edition 'Chronomat 44 Blacksteel: Breitling Jet Team' watch, \$12,170 by Breitling.
We weren't kidding about it being limited edition. With 500 available worldwide – and just two in Australia – head in store. Fast.



Cerachrom 'Oyster Perpetual GMT-Master II' watch, \$48,450, by Rolex.
The first Rolex to feature a Cerachrom bezel – harder than steel and impervious to scratches – this iconic dual time-zone watch is the go-to for long-haul pilots.



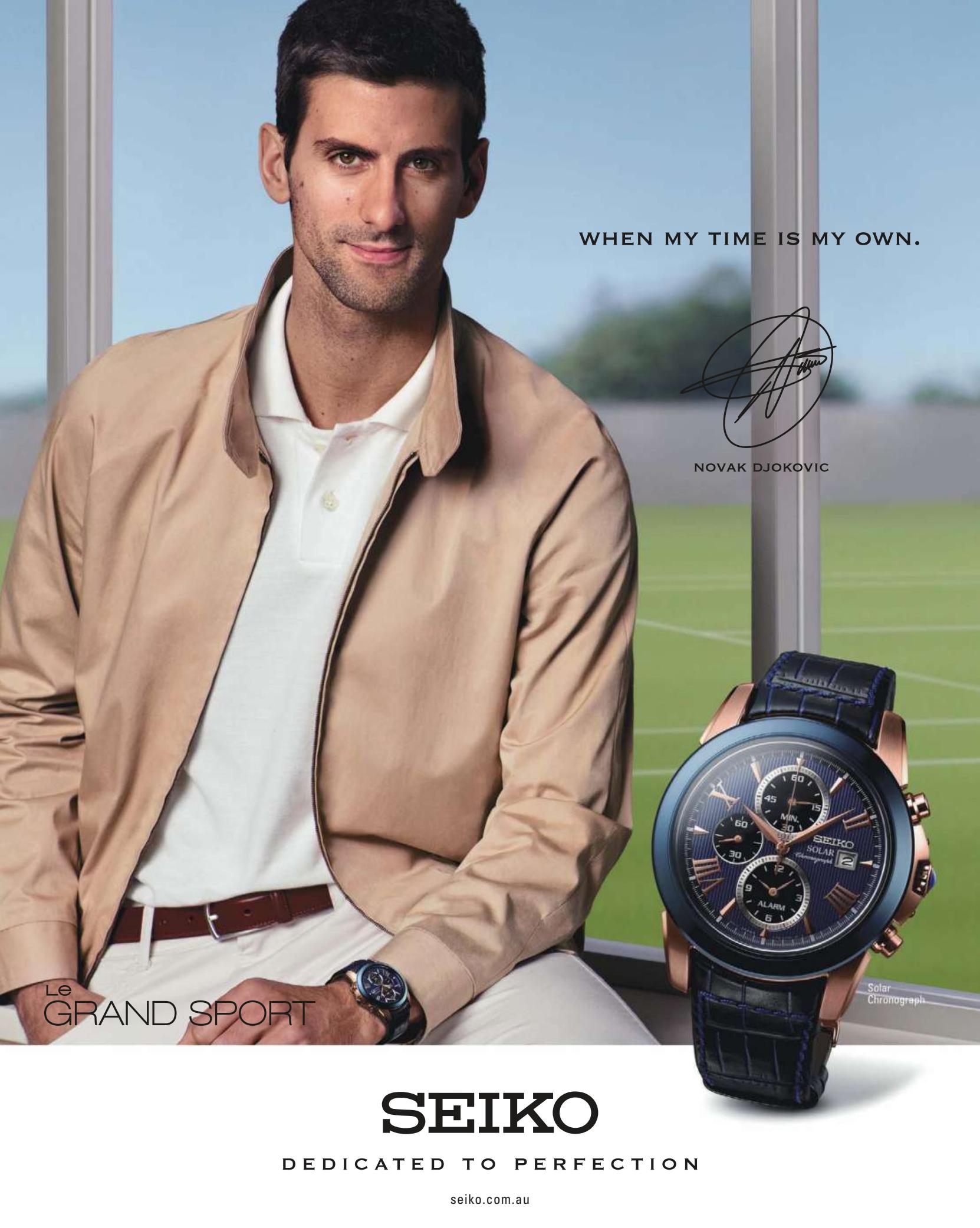
ACCESSORIES

SET YOUR SIGHTS ON THESE

Feel like your sunnies are missing a personal touch? Ray-Ban has released a customisation service called Ray-Ban Remix. Choose from frames, temples and lenses for any of the 13 styles, and it even includes a personal engraving. Free delivery from Italy takes 6-10 working days. From \$230; ray-ban.com



Italian brand Retrosuperfuture has long been pushing the envelope on cool concepts and collaborations. Its latest range is 'Tuttolente' (Italian for 'all lens') – with each of the six styles made from a single sheet of Zeiss lens. They're lightweight, resilient and, most importantly, super stylish. From \$370; onepointsevenfour.com

A portrait of Novak Djokovic, a professional tennis player, sitting on a bench outdoors. He is wearing a light-colored blazer over a white polo shirt. A Seiko watch is visible on his left wrist. The background shows a tennis court and a clear sky.

WHEN MY TIME IS MY OWN.

A stylized, handwritten signature of Novak Djokovic's name, enclosed in an oval border.

NOVAK DJOKOVIC



Le
GRAND SPORT

SEIKO

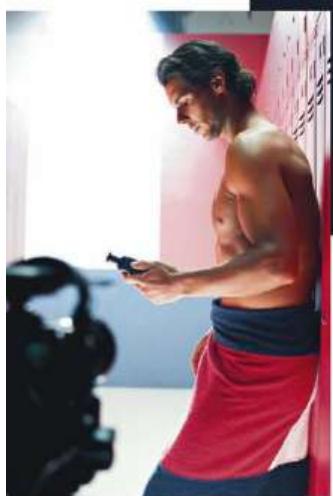
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seiko.com.au

FASHION

NADAL FOR TOMMY

CROSS A LIVING TENNIS LEGEND WITH ONE OF THE WORLD'S TOP FASHION DESIGNERS AND WHAT DO YOU GET? GLAD YOU ASKED.



Rafael Nadal has been named the face – and more importantly, the body – of Tommy Hilfiger underwear, tailoring and the new 'TH Bold' fragrance.

While news broke of the Spaniard's signing late last year, this is an exclusive first look at some behind-the-scenes shots from the campaign. The underwear boasts a fresh take on classic styles, with updated fits and fabrics. Tommy Hilfiger Tailored is a suiting collection that draws on the brand's American heritage, with a modern fit, rich colours and luxe details. Then there's the new scent 'TH Bold', a fusion of citrus, herbal and spicy notes.

Born in Manacor on the island of Mallorca, 29-year-old Nadal is one of the most accomplished tennis players of all time. He's won a total of 14 grand slams – as well as an Olympic gold medal – with a record nine of those coming at the French Open. And Tommy Hilfiger, founded in 1985, today stands as one of the most successful fashion, fragrance and design brands on the planet. Talk about a good match. tommy.com

MUSIC

WHAT'S NEW

THE GIG

James Bay first caught our attention after performing at the Burberry runway show last year. He certainly looks the part, with those razor-sharp cheekbones cutting through the charts to get debut album *Chaos and the Calm* to No.1 in his native UK – and top five pretty much everywhere else. *James Bay* plays Perth, Jan 30; Adelaide, Feb 2; Melbourne, Feb 3; Sydney, Feb 6; Brisbane, Feb 7 2016; jamesbay.com

THE ALBUM

Besides sharing a hairstylist with James Bay, BØRNS is another young singer-songwriter gaining plenty of plaudits on both sides of the pond. The Michigan native has been producing well-received tracks for 12 months, but now his debut album *Dopamine* is about to hit stores. Or wherever CDs are sold these days. *Dopamine* is out October 16

THE BOOK

Whether you're a huge Foo Fighters fan – or still think of Dave Grohl as Nirvana's drummer – there's little argument they're one of the biggest bands ever. Here, legendary rock journo Mick Wall charts the group's highs and lows, from the early days, to near-breakups, and all their subsequent stadium-filling glory. *Foo Fighters: Learning to Fly*, \$32.99; hachette.com





FIND RACING | FIND MARCS

MYER
FIND WONDERFUL

FASHION

H&M X BALMAIN

THE SWEDISH RETAIL GIANT IS YOUR TICKET TO JOIN THE #BALMAINARMY THIS SEASON – WITHOUT NEEDING TO REMORTGAGE.

Considering the success of its previous designer collaborations (last year's Alexander Wang effort sold out here in three hours), it's no surprise H&M is back for more – this time with Balmain.

But how did a Parisian fashion house renowned for super-luxe materials and intricate craftsmanship work with a mass-market brand such as H&M? Extremely well, as it turns out. We caught up with 29-year-old Balmain creative director and selfie enthusiast, Olivier Rousteing, to find out more.

GQ: DESCRIBE THE TYPICAL BALMAIN GUY.

OLIVIER ROUSTEING: Confident and strong, he's proud of himself and wants to play with his look and try out new styles. There's also something very real about the Balmain man, he's effortless and cool. And this concept runs throughout our H&M collection.

GQ: AT BALMAIN, YOU USE HIGH-END MATERIALS AND TECHNIQUES. HOW DID THAT WORK WITH H&M?

OR: There was no compromise in this collection. H&M completely understood Balmain is about richness and detailing, and a really sharp and strong silhouette. They wanted the



true essence of Balmain, and pushed themselves to create these amazing pieces. It was an emotional moment when I first saw the results.

GQ: YOUR FAVOURITE PIECE IN THE COLLECTION?

OR: The jacket with black-on-black rope detailing. It's so rich and elevated, and is something very special.

GQ: YOU'RE A BIG INSTAGRAM FAN. HOW IMPORTANT IS IT FOR A BRAND LIKE BALMAIN?

OR: Very, because we're an exclusive luxury house many people cannot afford. Social media is how we can be inclusive and welcoming, and push for diversity and openness in fashion. H&M also loves social media and understands it's the new world of fashion.



GQ: WITH 1.2M INSTAGRAM FOLLOWERS ON YOUR PERSONAL ACCOUNT, YOU MUST HAVE SOME SELFIE TIPS TO SHARE?

OR: First, you have to know your best side – never take a selfie on the wrong side. Then, make sure you take it somewhere fun, and – most importantly – be happy.

The H&M x Balmain collection is in stores November 5; bm.com

Apple Watch Apps

FIVE OF THE BEST TO DOWNLOAD RIGHT NOW.



SteakMate
Live out any *MasterChef* fantasies with helpful step-by-step guides on how to cook the perfect slab of meat. Enter the specific cut or cooking method and it will take care of the rest.



Headspace
Billing itself as a gym membership for the mind, this meditation aide offers lessons to help focus and de-stress. The beginners' course is free, and it also has a paid subscription to take things further.



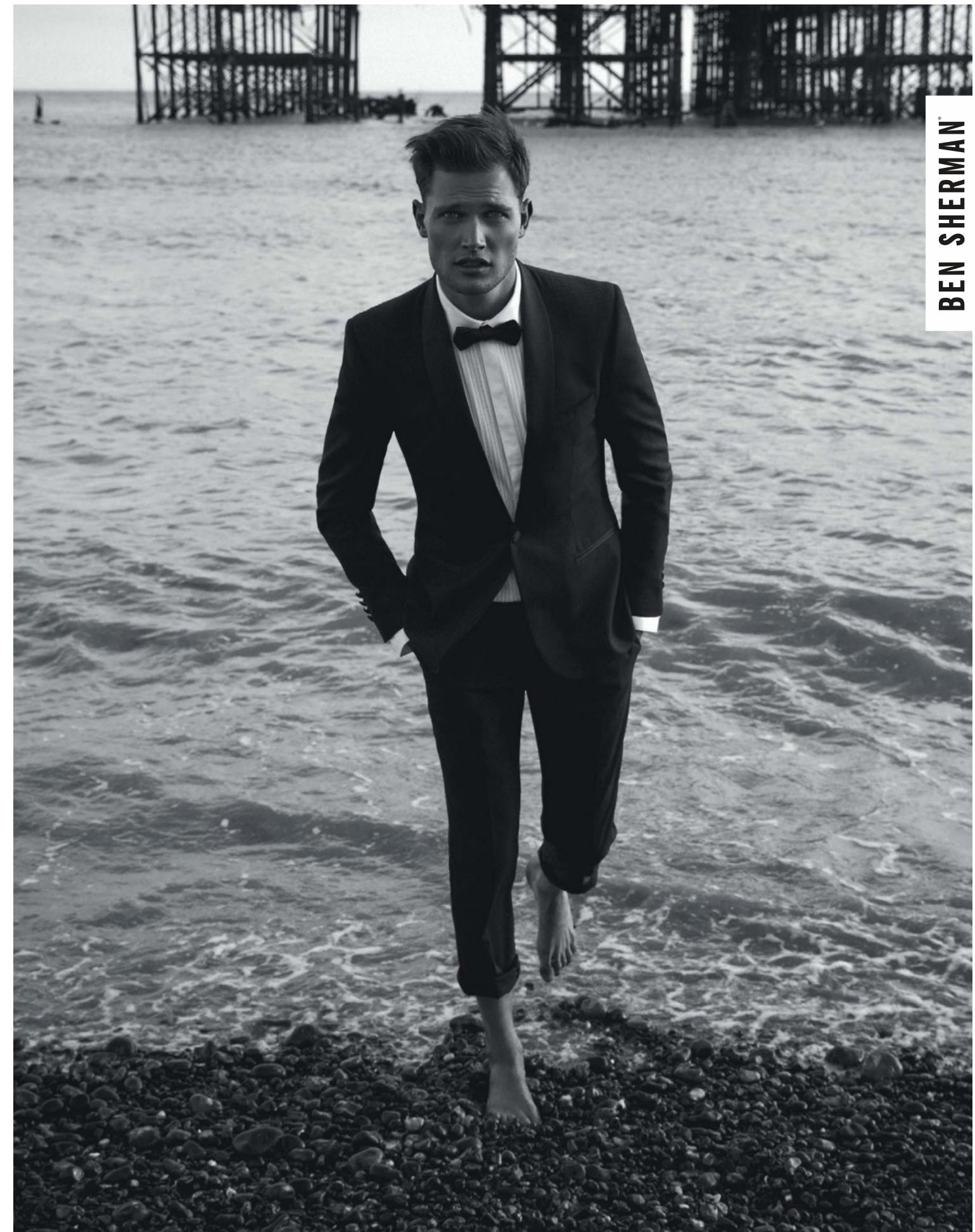
Lark
A personal wrist-based weight-loss coach, tell Siri what's on the menu for the day and it combines food intake with activity levels and sleep patterns, then sends progress reports and motivation.



Hole19
Stay informed of how far you are from the green, and keep track of scores and progress, using details of 34,000+ courses around the world. If your local isn't on there, email the app to get it added.



Shazam
By no means new, but the Apple Watch version complements the phone app nicely. Specifically the 'Auto Shazam' setting, which runs in the background to identify songs during the day.



BEN SHERMAN®

GQ ADVICE

HAVING GIRL TROUBLE, OR UNSURE IF CROCS WILL BE A THING THIS SUMMER (THEY WON'T)? WE'RE HERE TO HELP, COUNSEL, RESCUE – WHATEVER'S NECESSARY.

A GROUP OF US AT WORK OFTEN GO OUT FOR A FEW DRINKS ON FRIDAY, BUT I'VE NOTICED THAT ONE GUY NEVER PAYS WHEN IT'S HIS TURN. SHOULD I SAY SOMETHING?

JOHN, VIA GQ.COM.AU

G There's an especially warm place in hell for people who skip their round at the pub. The ideal solution here is to just not invite him. But then again, nothing beats a good shaming. If it tends to be at those unavoidable all-inclusive work things, where he can't be fobbed off, make a point of asking if it's his round, and humiliate him into coughing up. He'll either start buying the drinks – or he'll make his excuses and avoid showing up. Win, win.



THE PEOPLE IN THE APARTMENT BELOW SMOKE A LOT OF POT. I DON'T WANT TO PISS THEM OFF, BUT THE SMELL DRIFTS IN THROUGH MY WINDOWS. SHOULD I WRITE THEM A NOTE OR SOMETHING?

NATHAN, VIA EMAIL

G If you're going to kill their high, at least do it with kindness. Bake a big batch of brownies (preferably that kind) and drop them down to the stoners next time they spark up. Then simply strike up a conversation asking if they can give a heads up so you can close the windows. If Zac Efron's *Bad Neighbours* taught anyone anything (the life-lessons are minimal), it's to always stay on good terms with neighbours, in case you one day need their assistance. You know, with things like sitting around all day watching *Saved By The Bell* and eating your Pop-Tarts.

I'M MOVING AND AM TAKING THE OPPORTUNITY FOR A SERIOUS CLOSET CULL. ANY TIPS?

BRETT, VIA EMAIL

G Apparently, people wear 20 per cent of their wardrobe 80 per cent of the time. The upshot? A lot of clothing (and shoes and bags and other crap) sees very little action, or none at all. A well-organised closet is all about staples, and we suggest identifying a navy blazer, black and brown shoes and decent pair of jeans as the usual suspects. Then mix them up with more seasonal, stylish elements. Instead of holding on to old purchases like grim death, get into the habit of throwing out the stuff now deemed surplus. If pieces haven't seen the light of day for six months, bag 'em up ready for a trip to the local charity shop. That way, your bedroom looks like the work of someone who has their shit together, rather than, say, an episode of *Hoarders*.



MY HOUSEMATES ARE SUPER MESSY AND I'M CONCERNED MY NEW GIRLFRIEND WILL ASSUME IT'S ME WHEN SHE VISITS. ANY SUGGESTIONS?

DANE, VIA GQ.COM.AU

G Flatmates are the absolute worst. First up, forewarn her that a bunch of adult babies, who can't clean up after themselves, are also living under the same roof. Failing that, feign some kind of ongoing catastrophe that renders your pad off limits – dodgy plumbing, a housemate with bird flu or a penchant for Ariana Grande. No one in their right mind would expose themselves to such a risk of severe headaches and nausea – or bird flu, for that matter. And result, staying at hers is the only plausible (and safe) option.

FOR MORE ADVICE

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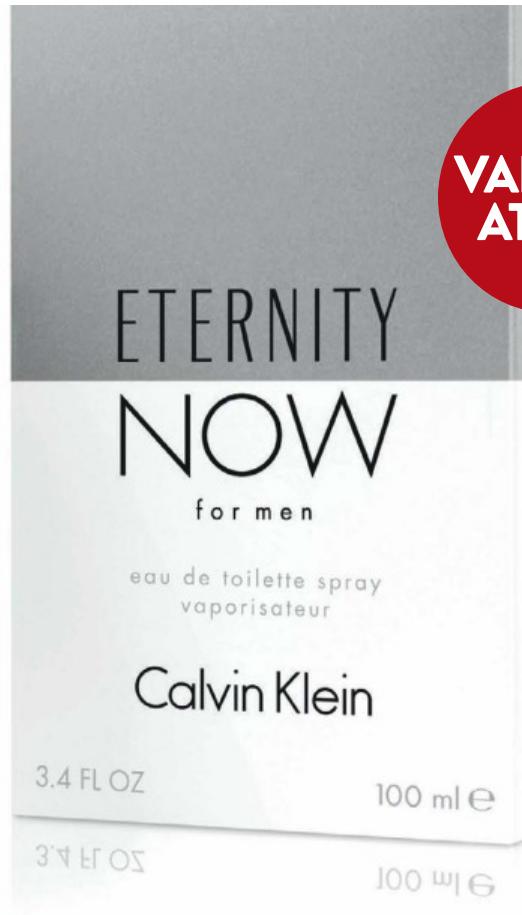
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LIKE A MARTINI, GETTING THE RIGHT MIX IS KEY. LOOK FOR ORIGINAL MID-CENTURY DESIGNS, BUT ADD CONTEMPORARY PIECES THAT SHARE A SIMILAR AESTHETIC TO PREVENT IT LOOKING LIKE A FILM SET.

1. Brass 'Berber' pendant, \$680, by Jardan. 2. Walnut-veneer 'Mid-Century' bar, \$499, by West Elm. 3. Velvet 'Healey' chair, from \$4061, by Walter Knoll at Living Edge. 4. Crystal 'Crosby' martini glasses, \$129 for a pair, by Marquis by Waterford Crystal. 5. '007 Collector's Edition' vodka, \$69.99 (700ml), by Belvedere. 6. Copper 'Plum' cocktail shaker, \$220, by Tom Dixon at Dedece. 7. Walnut/brass 'Spindle' clock, \$745, by Vitra at Living Edge. 8. Velvet 'Isabelle' cushion, \$79, by Nathan+Jac. 9. Solid walnut 'Line Series' sideboard, \$5445, by Nathan Yong at Spence & Lyda. 10. Velvet 'Tip Toe' sofa, \$8140, by Scancal at Ke-zu.*



WINDSORSMITH
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GQ & A

POP CULTURE'S MOST POINTED COMIC, THAT GUY FROM *PARKS AND RECREATION* AND AN OCCASIONAL JUDD APATOW PLAYER, ANSARI'S ALSO A BEST-SELLING AUTHOR AND ENVIABLE OVERACHIEVER. WITH A NEW NETFLIX SERIES DUE, WE SIT DOWN TO TALK DATING, AMERICAN RACIAL TENSIONS AND WHY THE WEB IS AN IRRESISTIBLE VORTEX OF NOTHINGNESS.

WORDS ALEX MARXSEN

Born into a Tamil Muslim family and growing up in South Carolina – with an early passion for Metallica guitar solos – Aziz Ansari has long been unique. And so it is with his comedy. Where the genre's reigning royals – Louis CK and Amy Schumer – rule over the brash, the surreal and the cynical, Ansari's appeal is built on the laser focus he shines on modern life and pop culture; side interests being hip-hop, food and cool suits.

Right now – white hot is what he is, Ansari's articulate brand of comedy giving him global recognition; one of only a handful of comics to have sold out New York's Madison Square Garden.

At just 32, the suddenly-everywhere comic has penned a *The New York Times* bestselling

book, notched Judd Apatow credits (*Get Him to the Greek* and *Funny People*) and, of course, enjoyed a career-making run on the brilliant single camera comedy, *Parks and Recreation*, which wrapped earlier this year. As the scene-stealing Tom Haverford, he spliced parts of his own personality to the character: a gleeful comedic energy laced with a slew of acute cultural references.

On stage, he dances between the sublime and ridiculous. He'll leap from riffs on hot wings and 50 Cent, to analysing curiously inventive racial slurs. He'll get audience members to share creepy texts from dudes at clubs, then do a play-by-play of pornography set in a doughnut store. It's a brand of comedy that's as insightful as it is breezy, with lift-the-curtain observations on contemporary life his truest punchlines – his labelling of this generation

as "the rudest, flakiest people ever"; the realities of everyday sexism; the belief that mobile phones are the most intimate partner we have.

Talk to Ansari and he doesn't fall into the clichéd Sad Clown trope. While his humour flows at a less frenetic pace, it packs no less punch – pivoting from lucid insights into life and work, to the pitch-perfect kickers that have won him hearts and laughs.

That combination of wit and wonder led Ansari to write the book *Modern Romance: An Investigation* (his publisher providing additional encouragement with a rumoured seven-figure advance). A broad look at dating in the digital world, Ansari collaborated with sociologist Eric Klinenberg and explores, say, Tinder meet-ups entwined with empirical data and graphs. It is quite the potent literary cocktail.

"Think about it in terms of pop music," the pair commented in June. "When a new song featuring Drake comes on the radio, you're like, 'What is this song? Oh another Drake song. Big deal.' [But] In a way, we are all like that Drake song: 'The more time you spend with us, the more likely we are to get stuck in your head.'"

Like his contemporaries, Ansari is proving himself to be a multiplatform entertainment prospect – returning to Netflix next month with original series *Master of None*. The show follows 30-year-old actor Dev and his daily struggles in New York – from figuring out food options, to deciding what to do with his life. The usual, then.

GQ: Most comics have unique ways of creating new material – what's your approach?

Aziz Ansari: Sometimes you have nights where you're like, 'I hate every joke I have. I hate all of it.' You go through weird





funks. I've heard Larry David say something like, 'If you have a set that's not great, you're in a bad mood until you have a great set again.' There are some comedians I'm friends with who I'll bounce stuff off – they'll watch a set and say, 'Oh, man, that thing you tried was really good!' or, 'That new joke you added, that's interesting.'

GQ: Who are we talking about?

AA: Chris Rock is a genius and he's been really cool with me – he's someone I try to emulate and is really good to a lot of younger comics. In the end, I want to have a set that's full of jokes that I'd be psyched to tell someone like him; you want a set where if someone like Rock or Louis [CK] or whoever watches, you'd be psyched for them to hear it and see what you're working on.

GQ: Your stand-up touches on growing up in South Carolina in a Tamil family. What's your take on current racial tensions in the US?

AA: A lot of shit's been going down and people are filming it now; they're shining a light on all the stuff that's fucked up. America is a place where people have been really nice to straight white men for so long. Over time there's been [little] light shone on all these other people that have been fucked over in different ways, and more of that light is getting shone on all these different groups, ethnicities and races. It's like, 'We have to do something. You can't ignore

this anymore, this is fucked up how you're treating 'X' people. It's got to stop.'

GQ: Was being funny something you recognised in yourself early on? What were you like as a child?

AA: I used to love telling funny stories, making people laugh and things like that. It's a lame, generic description but I was what you'd imagine. I played a lot of guitar, I still love playing guitar, and I was into heavy-metal and classic rock. Probably my two favourite bands were Led Zeppelin and Metallica. The first four Metallica albums I loved and I learnt a lot of those guitar solos. I was really into those and I had a sense of humour, but it's a younger, less-formed version of who I am now – but it wasn't an extreme change. I wasn't this...

GQ: ...Quiet, shy kid? So you were confident when it came to public speaking?

AA: I've always been comfortable in public speaking situations, but I still feel like, and I've read this of a few comedians, that I'm more uncomfortable in a normal social setting, like a party or something, where I don't know anyone... Going up in front of 12,000 people I'm fine with.

GQ: And rubbing shoulders with so-called cultural influencers is OK too: Obama, Jay Z, Kanye West. Ever pinch yourself?

AA: At first it's crazy and surreal, and then over time you get used to it. It's like, 'Oh, I'm in this weird high school now,'

where I meet these people and get to know them.'

GQ: Go on then, what's POTUS really like?

AA: He's kind of like the best person you could hope to be President. He's a pretty chill, intelligent guy.

GQ: Much of what you say on stage centres on dating – has fame impacted your love life?

AA: It doesn't affect dating in ways people realise. There's no time where I was dating and someone was like, 'Oh! That was really fun. Can you take us to an island now or something?' Being famous is like being attractive – it makes people notice you. They're more inclined to want to get to know you, and it helps open the door. But I did the work to earn it, so it's not a negative. If it's based solely on my looks, I didn't earn that. If there's some really handsome guy, and some girl goes up to him – he didn't do anything to earn that face, he didn't do a bunch of charity work to get that. At least for me, if my fame is part of that, I earned that shit, so that's fine with me.

GQ: Are there downsides?

AA: When you do what I do, dating is tough for other reasons. For example, now I have a girlfriend and if you're famous and dating someone who's not in that industry, and not recognisable, people are really shitty to that person. People come up to you and totally ignore that person – they don't say anything to them and are mean to them.

GQ: What have you learnt from your current relationship?

AA: We've been seeing each other about two years, that interesting time in a relationship when things shift a bit. You're past what I refer to as the 'boning and having fun' phase. Now you have to figure out how to maintain that and your lives as well. At the beginning, everything is so exciting that the rest of your life is put to one side – you're able to figure

everything out, but as you progress, things get more complicated. You have two people both trying to maintain their lives, friendships and careers, and to also maintain this relationship. That's interesting to me. I deal with that a bit in the Netflix show.

GQ: After all the research you did for *Modern Romance*, have you managed to dodge the many dating pitfalls of the digital age?

AA: No, I fell in all of them. I think we all have. I wrote the book as I was at the peak of my frustrations and also as I was sliding into having a relationship. All those conundrums, what's interesting, is that they seem so personal and private, but they're all universal. Everyone has had some version of that, no matter who they are; everyone experiences these anxieties, these worries, and that's why the book is resonating with people.

GQ: The protagonist in *Master of None* is written from personal experience. And he's described as vague and indecisive – is that reflective of you a few years ago?

AA: It's not even a few years ago – I'm at that period in my life where you're trying to figure out who you are as an adult, and make big decisions, and those are hard decisions. You can be indecisive at times. That's as relevant to me now as much as it was a few years ago, for sure. And that's reflected in the character and definitely plays into the stories he told.

GQ: What was your mood board when working on the show?

AA: Mood boards. That's a great way to describe it. There's a lot of single-camera comedies now,

"BEING FAMOUS IS LIKE BEING ATTRACTIVE – IT MAKES PEOPLE NOTICE YOU... BUT I DID THE WORK TO EARN IT, SO IT'S NOT A NEGATIVE."

and we were trying to look back a bit further and go to more of the vibe of '70s films, like the Hal Ashby movies, some of the Woody Allen stuff, or Elaine May's *The Heartbreak Kid*; stuff where it felt a bit slower, or wasn't like joke, joke, joke, and [which] felt more conversational, as far as the writing style, and tried to make it feel more natural. And the way the show is shot, we tried to make it feel more filmic – less cutting all the time, and less fast-paced. Even on *Parks and Recreation*, sometimes I'd watch it and be like, 'Damn! This is so fast-paced; these jokes are just coming at you so fast.' And it's really funny, but I wanted to do something where it felt more like a natural conversation and had a bit of a different tone. I felt like that had kind of gone away a bit.

GQ: Are the single-camera editors as crucial to the comedy of the show as the script?

AA: If you look at the older stuff, there aren't as many cuts. They do longer takes and there's a bit more breathing room. Now they suck the air out of everything, which is good at times, but it may have become a bit aggressive. Now it's so fast – it's like, 'I don't know anyone who talks like this. What has happened?'

GQ: You cast your father to play Dev's dad. What was it like having him on set?

AA: Like his character in the show, he's a very silly guy so it was fun. He picked it up really fast, he took it seriously and was like, 'Oh, I'll work with an acting coach.' He had this acting coach and she helped him. And

then he was on set and I had to rewrite everything – we'd rehearse a scene and I'd say, 'Let's cut this and this. Let's just do this.' And he's like, 'Why did I memorise all that shit? You changed everything.' It's not a cameo though – he's in three episodes. The second episode, he's one of the main characters, there's a lot of heavy lifting. I was really impressed. And my Mum, too, she did it [appeared in the show]. It was awesome.

GQ: Are you across the controversy of the Instagram 'celebrity' @thefatjewish, and the furore about him stealing other comedians' material?

AA: It bummed me out that I spent any time reading about it. I read so much internet shit. I wish I'd spent the time writing a script or something. Yeah, that sucks about that guy, but it's one of those things. There was a week where there was like 1000 articles about that, and I'm thinking, 'Why am I reading this stuff? Who cares?'

GQ: It's very easy to get sucked-in to the internet's outrage-of-the-week, right?

AA: What's more frustrating is that I'm wasting energy reading about whatever controversy is trending that day. Yesterday it was like, 'Oh! That author said Idris Elba's too 'street' to play Bond! That's so racist!' I'm like, 'Yes, but if you look at his full quote it's not that bad.' People are just so ready to pull out their pitchforks. If you're really that worried about racism, why don't you go blog about America's bail system? That's really fucking racist. But that's not as fun to say as, 'That guy's racist.'

GQ: When you're not getting sucked in by such internet clickbait, how do you usually spend time online?

AA: I read whatever dumb shit everyone is talking about for no reason. I wish I could cut it out. I don't know how to, I really have trouble with it. I'll have to take an hour a day to work on



“IF YOU'RE REALLY THAT WORRIED ABOUT RACISM, WHY DON'T YOU GO BLOG ABOUT AMERICA'S BAIL SYSTEM?”

some movie script, and instead I'll just look at shit. And it's all nonsense. Now the show is done, all I do is look at shit.

GQ: How are you going to stop, then?

AA: I've unfollowed everybody on Twitter and Instagram. I don't miss any of it. I'm not sitting there thinking, 'I wonder what that person posted

a picture of?' You realise that all of it is nothing – it's nothing that enriches you. I need to cut it all out, we'll see what happens, I'll try my best. So far I've been unable to beat it. It's an addictive drug and I can't stop, for whatever reason. I don't think anybody can. ■

Master of None debuts on Netflix November 6



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CLOCKWISE: DAVE
FRANCO; JORDAN
AND ZAC STENMARK;
IAN THORPE.

GQ MEN OF THE YEAR

2015

IN ASSOCIATION WITH

 CHIVAS

AUSTRALIA'S MOST
ANTICIPATED AWARDS ARE
JUST AROUND THE CORNER
— AND YOU COULD BE THERE
ON THE BIG NIGHT.

What's that, it's mid-October? How did that happen? We're so busy with the next issue that time tends to get away from us. But that's where the Men of the Year Awards, in association with Chivas, come in handy. As well as an excuse for a big party, it's also a chance to cast minds back over the past 12 months and recognise the triumphs of Australia's best.

Editor in chief Nick Smith will host a guest list packed with the country's finest talent – from actors to sportsmen and pop stars. And if last year was anything to go by, the 2015 MOTY Awards will be massive. 2014 winners

included Hollywood star Dave Franco, Ian Thorpe, Brenton Thwaites, Nick Kyrgios, INXS and the Stenmark twins, not to mention our beautiful Woman of the Year, Cheyenne Tozzi.

Of course, we'd love to disclose which names will be on this year's trophies, but then that would ruin all the fun.

So in the meantime, head to GQ.com.au/moty and tell us who should claim a GQ Men of the Year award and why, for the opportunity to enjoy a personalised MOTY experience that includes the odd tipple with a few Aussie A-listers and a chance to meet the GQ team.







THE MORE YOU GIVE THE WEALTHIER YOU BECOME

It's something our founding brothers, James and John Chivas believed since they began to craft their luxury Scotch whisky. A venture that resulted in an incredible whisky, and allowed them to generously support their local community, for generations.

And though the brothers have long since departed, today there are others who are finding that sharing their success and doing good for people is when a business becomes truly rewarding. See what some of these guys are doing at theventure.com.

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GQ MEN OF THE YEAR

2015

IN ASSOCIATION WITH

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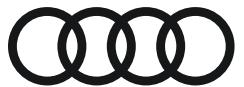
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CLOCKWISE
CHEYENNE TOZZI;
BRENTON THWAITES;
JASON CLARKE.

WIN TICKETS TO A PRIVATE GQ MEN OF THE YEAR PARTY

FOR ALL THE UPDATES ON 2015'S GQ MEN OF THE YEAR AWARDS VISIT GQ.COM.AU

Five lucky winners (plus four friends each) will gain exclusive access to some GQ Men of the Year winners, and the GQ team, from the comfort of Merivale's new intimate whisky bar, J&M – a tribute to the late, legendary John Hemmes. Each winner will also receive a personalised bottle of Chivas 18 to take home.

For the opportunity to win tickets to your own private MOTY party on November 10, head to gq.com.au/moty and tell us in 25 words or less who you'd pick as a 2015 Men of the Year winner, and why.*



CHIVAS REGAL

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DAN ROOKWOOD



Dan has heroes just like you do

NEVER MEET YOUR HEROES. THAT'S WHAT THEY SAY. BUT I'VE MET LOADS OF MINE AND HAVE LIVED TO TELL THE TALES.

When I was seven, older brother, Barnaby, was my idol. This, despite the fact that he would regularly pin me to the floor and fart violently in my face. Then there was the time he told me the secret to enhancing one's manhood. It would be uncomfortable, he warned, but worthwhile. He produced a tube of the powerfully-pungent muscle rub, Deep Heat, and said to slather it generously on my nether regions.

Which I duly did – only to spend the rest of the day in excruciating agony, icing my great balls of fire, fittingly, in a mug. To this day, I've never forgotten the burn. So that's eight days and counting.

An '80s soap star called Simon O'Brien was an early hero by dint of being the first 'celebrity' I ever met. He came along to a jumble sale at the local church hall one Saturday to sign postcards of himself. 'To Don, All the best! Simon O'Brien' he scribbled in Texta next to his soft-focus headshot. Brilliant. I carefully changed the 'o' to an 'a' and had that little beauty pinned to my corkboard for years. O'Brien will Google his name in a few months' time and this column will pop up and then he'll sigh wistfully at the memory of such high-profile public appearances.

For a while – and I wince at both the recollection and the admission of it – I had a collage of posters of pop balladeer Rick Astley Blu-Tacked to my bedroom wall, and used to coif my hair into an Astley quiff. Though I blame my older sister's then-tween taste in music for this, I still know the words to 'Never Gonna Give You Up', which came in handy 25 years later when I saw him in Nandos after a day on the drink. He didn't join in my surprise rendition – that was a let-down – but to be fair, he did have his hands full of peri-peri chicken.

Each of us have heroes, but who they are, and what they stand for, evolves – at least it should. I'm not one of those thirtysomethings who's still obsessed with comic book heroes. Except if the comic is *Viz* and the hero is Buster Gonad, a character who ferries his unfeasibly large testicles around in a wheelbarrow. (He too must have used the whole tube of Deep Heat.)

Take a second to consider who your champions are. Why them? What influence have they had? Heroes symbolise the qualities we'd like to possess and the

THIS MONTH DAN HAS BEEN...



BINGE-WATCHING THE WEST WING

YEAH, THE WEST WING THAT STARTED IN 1999. BUT I MISSED IT FIRST TIME AROUND. AGED 21, A SERIES ABOUT THE INTRICACIES OF THE WHITE HOUSE DIDN'T REALLY FLOAT MY BOAT. YOU KNOW HOW YOU A) CHASTISE AND B) JUDGE PEOPLE WHO HAVE LIVED WITHOUT WATCHING THE SOPRANOS, THE WIRE AND BREAKING BAD? YEAH, WELL, MY BROTHER-IN-LAW DID THE SAME WHEN I ADMITTED I'D NEVER WATCHED THIS SUPERBLY WRITTEN SHOW. HE WAS RIGHT TO. NEXT ISSUE, I'LL BRING NEWS OF AN AMAZING INVENTION CALLED THE IPOD.

ambitions we wish to realise. A person who follows a political activist, for example, will have a different sense of excellence, compared to someone who worships vacuous reality TV stars. But each to his own.

When we choose heroes as impressionable children, or even more impressionable teenagers, we don't appreciate what the deal is. We think we're merely observing someone – passively enjoying their films, music, skills. But we're actively absorbing – building ourselves out of who, and what, we love and admire, using those we most identify with as conduits.

My teenage self listened to more Nirvana than was perhaps healthy. And I remember how startled I was the first time I read *The Catcher in the Rye* (I've since re-read it several times) and realised how closely Holden Caulfield's moroseness echoed mine.

Then I began to self-consciously look for heroes who had what I lacked – physical prowess, popularity, confidence with women, a sense of style, and a way with a witty one-liner. James Bond ticked every box – him, and my brother. As brainless 16-year-olds, my friend Adam and I decided to get matching 007 tattoos. But my heart wasn't in it and I chickened out on hearing the crackle of the ink gun that made an indelible idiot out of Adam. Sorry about that, Adam.

A few years ago, I interviewed Daniel Craig in a London hotel suite for this magazine. I liked him. He was a cold character, but then so is Bond. The only time he cracked a smile was when I told him about Adam and the tattoo gun. He burst out laughing. Sorry about that, too, mate.

Professional sportsmen, rock stars, Hollywood actors, older brothers – heroes are characters we aspire to be while we work out who we are. But in the process, we mythologise these people, placing them on pedestals. And so the reality of actually meeting them usually doesn't live up to expectations.

Hence the well-worn warning not to bother (lead singer of Elbow, Guy Garvey is the exception to this rule as he looks and sounds exactly like the type of person you'd enjoy having a beer with – and at the risk of a #humblebrag, he is).

As a magazine journalist and inveterate name-dropper, 'never meeting your heroes' is tough to stick to. A large part of what I do for a living involves exactly that – occasionally mine, but always someone else's – knowing what I write about them will either serve to perpetuate or dispel their legend. There have been disappointments along the way, when heroes turn out to be villains in reality. I caught Steve Coogan on a bad day, thinking he'd be well up for recreating the "Dan! Dan! Dan!" scene from Alan Partridge as my ringtone. Nope, no dice.

As adults, we should still have heroes, because regardless of age, it's healthy to admire positive traits in others and aspire to be a better person. These days, the people who inspire me are wonderful writers and good fathers rather than mentally-imbalanced rockers and serial shaggers. I still want to be James Bond though. ■



HARDYAMIES.COM.AU

Hardy Amies

SAVILE ROW, LONDON

MEG MASON

Meg faces another stint as a work-trip widow

THE MASONATOR IS OFF ON ANOTHER HOLIDAY TOMORROW. IT'S ONLY BEEN A FORTNIGHT SINCE THE LAST ONE AND, THOUGH TECHNICALLY 'FOR BUSINESS', THERE'S NO DOUBT IN ANYONE'S MIND IT'S SHORE LEAVE IN WORK PANTS.

Business travel has become a too-common interruption to our domestic existence now the Masonator's been made Head of Asia for something-something. I drifted off for that second bit, so let's assume he's the actual Head of Asia. Quite a gig, and one that unsurprisingly requires him to 'shoot over' regularly to make sure everything's running smoothly in that vast continent. There's no other way to travel for business, apparently, apart from shooting. Occasionally someone will 'head to' or 'scoot across' but never does anyone simply 'go'.

As a now-seasoned work-trip widow, I realise the week or so of spousal separation follows a precise arc. But only for the one left behind. For the partner doing the shooting, each day bleeds identically into the next – one featureless stretch of hand-shakery, low-quality Danish, Bloomberg News, hotel soap the size of a Lego 2 x 4 that leaves skin sticky and solitary club sandwiches eaten on the bed wearing shoes.

But, as I said in my wedding vows, back to me. The one left behind, who, by contrast, will pass through the highest highs and lowest lows of the human emotional spectrum in the same 120 hours.

Starting with the doorstep farewell, it's a moment of untold romance. When the work car pulls up at 8pm on Sunday night, it's akin to sending a man off to war, armed with a wheelie Samsonite and plastic baggie of Executive B stress vitamins. And it's followed by a surge of elation, the moment you walk back inside and survey what is now a temple of exquisite solitude – sofa, remote, fridge, bathroom, all entirely and only yours. It's not that you won't miss him, it's just that all sorts of behaviours and Arena shows and dinners of yoghurt and wine (ordinarily the subject of his suck-cheeked famine face) are now in play.

And no ironing. None. Ironing is a chore of purely male genesis, but so is bringing something concrete to the table, relationship-wise, and compensating the Masonator for all the nights over the past 15 years I've shaken him awake to talk about where we should have



MEG LOVES



READING PURITY
BY JONATHAN FRANZEN

IF YOU WERE FANS OF HIS 2001 NOVEL *THE CORRECTIONS* (OR, MORE SPECIFICALLY, THE PART WHERE CHIP STEALS A SALMON FILLET FROM DEAN & DELUCA BY PUTTING IT DOWN HIS TROUSERS), THEN YOU NEED TO GET ON THIS ONE RIGHT AWAY.

Christmas in eight months time. I do his shirts. Not this week, though – absolute joy.

Then, during the *Real Housewives of Cheshire* credits, you'll receive the first of what will be many texts, bringing with it a rush of love. "About to take off," it'll say, making you feel like Mrs Aldrin getting a last note from Buzz before the doors of Apollo 11 closed. "Love you, babe," its instant follow-up, "switching phone off now. Don't forget tomorrow night's green bins x." Poetry.

Next, though, a lull. Because it's bedtime and there is no one to tell. Since telling someone you're thinking about turning in is the cornerstone of marriage, this is the week's first low. Also, about now, you realise that, for the duration of his trip, the job of looking out for murderers in the night falls to you and you'll sleep terribly as a result.

When that first unhappy dawn comes and you wake – for now, unmurdered – in your bed, the real length of the separation arises with it and you'll be tempted to try a quick FaceTime. It won't help, and worse, seeing each other's faces from the unflattering upward angle and realising you have nothing to say since it's only been 16 hours can introduce a new tension to the relationship that'll last until the next contact.

Things pick up. You'll plan a girls' night, you'll leave the AC on and windows open in daring contravention of usual practice; he'll send you funny pics of Japanese coffee machines that offer potato soup.

The next night, however, he won't check in with his regular "night, babe" Whatsapp. Which can only mean he's dead. This longest of nights will be spent wondering where the wills are, and how you actually get the life insurance. Do they ring you, or what?

As it happens, his battery died, not him, shortly after he was taken to a famous sake bar. You'll be relieved. And furious. Why is he having so much fun in a cool foreign city while you're eating yoghurt, alone, in front of shit telly?

But he'll be back tomorrow, where the reunion's as romantic as the parting. But only after the initial re-entry period during which you must let go of all the pent-up fury and exhaustion and loneliness of the week gone. (To calculate the length of an readjustment period, multiply the days apart by the number of children you've been single-parenting this whole time, add the number of dirty shirts in the Samsonite, then divide by the value of the duty-free gift excluding Toblerone/weird Asian confectionary no one likes.)

This period extends indefinitely if he accidentally mentions how wrecked he is – from the weird food, the red-eye, the 18-hour days. Because you're the tired one, you're the one who's just been through something. And the only one who could really use a holiday now is you. ■



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TASTE & TRAVEL

HOW TO TRAVEL LIKE 007

WHEN HE'S NOT BUSY CHARMING LADIES AND SAVING THE WORLD, MR BOND IS ALSO QUITE THE JETSETTER. WE TOUR KEY LOCATIONS THE SECRET AGENT HAS VISITED OVER THE YEARS – AND SHOW WHERE TO STAY ALONG THE WAY. BEST PACK A LASER WATCH, THEN.



ATACAMA DESERT, CHILE

QUANTUM OF SOLACE, 2008

The oasis village of San Pedro de Atacama is a brilliant base camp for all sorts of climbing, biking, hot-spring swimming and volcano-trekking – and also boasts a decent bar scene. Head to Valley of the Moon to soak in the view of snow-capped mountaintops – and a few cheeky martinis.

STAY: A stunning glass and steel structure, Tierra seems to rise out of the desert. Inside, it's all five-star comforts and scenery to match. tierraatacama.com



ISTANBUL, TURKEY FROM RUSSIA WITH LOVE, 1963

No fewer than three Bonds (Craig, Brosnan and Connery) have touched down in Istanbul, and it's easy to see why. The city marries culture and history with a bulging number of rooftop bars (start at 360Istanbul and take things from there). It's also the obvious overnight stop, before kicking off your Aegean Coast hijinks, as in *Skyfall*.

STAY: The House Hotel group's Vault Karaköy is a converted bank in a low-key corner of town. But if a helipad and fully-stocked cellar are essential, Raffles is the natural choice. thehousehotel.com; raffles.com

TOKYO, JAPAN YOU ONLY LIVE TWICE, 1967

Were Bond to touch down in Tokyo today, the Roppongi district would be his base. A hive of visitors provides ideal cover while moving through galleries, boutiques and restaurants in the area. The Oak Door, inside the Grand Hyatt, is the place for Japan's famous Kobe steak, while Savoir Vivre in the Axis Building is where to pick up high-end design and art.

STAY: Every fancy hotel has an outpost here, so take a pick, or play it safe and stylish at Ritz-Carlton, which anchors Tokyo Midtown. ritzcarlton.com



LONDON, UK SPECTRE, 2015

James Bond remains the consummate English gentlemen – and London is his home. Head to Mayfair and dine at Sketch (9 Conduit St), a pink velvet temple of establishment cool, or the Hix Oyster & Chop House atop Smithfield Market. Then hit up Dukes Bar, said to have inspired Ian Fleming's signature martini. Shaken, obviously.

STAY: Suites at The Connaught Hotel come stocked with a Burberry trench for use during your stay (and by arrangement, to take home). dukeshotel.com; the-connaught.co.uk





MIAMI, USA GOLDFINGER, 1964

While parts of the Floridian hotspot retain a touristy appeal, there's another side that involves art galleries, poolside reclining and no shortage of cocktails. Next day recovery at Soho Beach House is recommended.

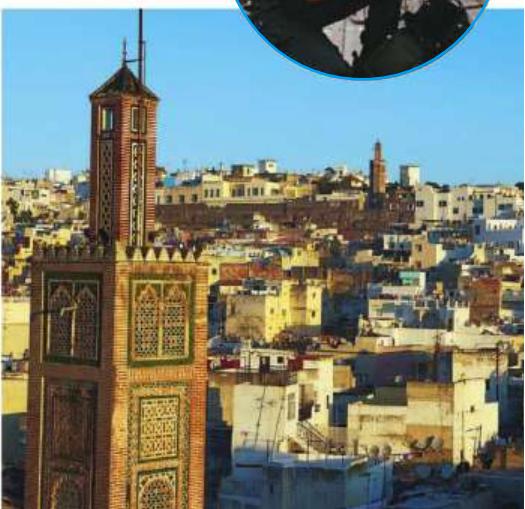
STAY: The Miami Beach Edition, where the burnished gold lobby could have been inspired by that iconic Goldfinger body paint. editionhotels.com



PHANG NGA BAY, THAILAND TOMORROW NEVER DIES, 1997

After the lazy flight to Phuket, explore the bay via canoe, taking in the dramatic limestone outcrops – one of which is known as James Bond Island, after Roger Moore's 1974 seaplane visit in *The Man with the Golden Gun*. Then relax and do absolutely nothing for at least a good week.

STAY: Six Senses Yao Nai on its own small island in the bay. Private infinity pools, treetop villas, expansive views – the usual. sixsenses.com



TANGIER, MOROCCO THE LIVING DAYLIGHTS, 1987

Less intense than Marrakech, Tangier is the St Tropez of Morocco. Watch the camels from a table at famed grill Nautilus; take a day to wander the coves between Grottes d'Hercule and Cap Spartel; and skulk through the narrow lanes of the medieval medina.

STAY: El Minzah Hotel is the ultimate old-Hollywood-on-sea boutique hotel. leroyal.com

COSTA SMERALDA, ITALY THE SPY WHO LOVED ME, 1977

Winding coastline and white sand make Sardinia an ideal luxe break – seaside car chases optional. Hire an inflatable rib and skim across to the pink-sands of the Maddalena Archipelago for private beach action and ogle the incoming cruise ships from a sun lounger.

STAY: Petra Segreta Resort & Spa sits away from the glitz of Olbia beach, and offers quality vistas. To be in the heart of things, pick Hotel Cala Di Volpe. petrasegretaresort.com; caladivolpe.com



DANIEL HECHTER

P A R I S

DUBAI BUENOS AIRES MELBOURNE ADELAIDE PERTH SHANGHAI CAIRO



MILAN

IT'S THE ITALIAN FASHION CAPITAL FOR A REASON, BUT OFFERS FAR MORE THAN JUST STYLE. STILL, LEAVE THE TRACKIES AT HOME.

Milan is not so much a city, as a highly-interactive fashion shoot – with restaurants. Spend time in this almost preternaturally cool corner of northern Italy, and you'll soon think you've wandered on to Planet of the Models. Which isn't far off.

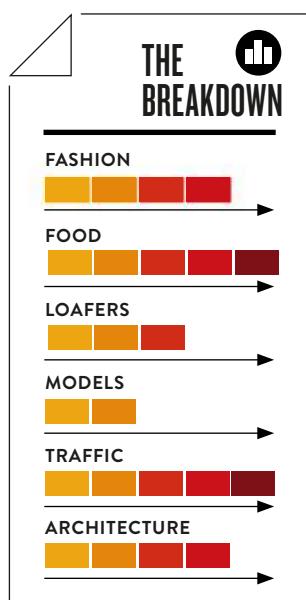
But amid the fashion frenzy are rich historic monuments, second-to-none art and architecture, and a food scene that defies belief (and the Milanese's skinny waistlines).

It may not have Rome's air of antiquity, but Milan has a richer mix of today and yesterday – and a nightlife that's not only fabulous, but a feast for the eyes.



SUITCASE ESSENTIALS

1. METAL SUNGLASSES, \$367, BY VALENTINO AT MATCHESFASHION.COM.
2. COTTON POLO SHIRT, \$508, BY DOLCE & GABBANA AT MR PORTER.
3. LEATHER LOAFERS, \$757, BY GUCCI AT MR PORTER.



PLAN

Milan is best and busiest during Fashion Week (June for men; September for the ladies). Weather-wise, June is the better option, as days are long and you can promenade the length of Corso Garibaldi in short sleeves and drink in its many cool bars. *Salone Internazionale del Mobile* (the furniture fair), in mid-April, is a magnet for design-loving types; early December features opening night for La Scala, one of the world's great opera houses; and on the seventh day of that month the city hosts a feast and festival for its patron saint, Ambrogio – code for an Italian-scale chaotic party. Hotels and taxis get extremely busy when big events are in town, so it pays to book ahead.

visit Lake Como – a one-hour train ride north of the city and feast for the eyes. duomomilano.it

EAT

It might well be impossible to get a bad meal in Milan (excluding the McDonald's opposite the Duomo), but *Ristorante Bagutta* is first port of call for a decent one. Seemingly small from the street, it opens up like a giant rabbit warren, with painted walls, book rooms and brilliantly funny waiters. Go for lunch at *Taglio* or grab a light bite at a famous *Princi* bakery. To push the boat out, head for *Giacomo Arengario*, a restaurant where good views and great food aren't mutually exclusive. taglio.me; bagutta.it; princi.it; giacomoarengario.com

DRINK

Housed in a magical, botanical setting, *10 Corso Como* is a restaurant, cafe, gallery and design emporium – it's the perfect place to enjoy an Aperol spritz, and during Fashion Week, the coolest place to see and be seen. The Bamboo Bar at *Armani Hotel Milano* has more incredible views, and better cocktails – with dressing to impress obligatory. milan.armanihotels.com; 10corsocomo.com

STAY

An oasis of garden charm, superlative service and grand marble decor, the *Palazzo Parigi* is head, shoulders and stylish hair above every other hotel in the city. Opened in 2013, it's built on the ancient site of the *Palazzo Cramer* that dates to the 1600s, and is shaded by century-old trees. palazzoparigi.com

DO

Walk and people-watch as much as possible, and you absolutely must see the Duomo. This colossal cathedral is darkly fascinating inside, with the most vibrant of stained glass. But what you can experience outside is even more memorable. An expensive ticket buys a lift to the rooftop, but we suggest taking the stairs to follow in the footsteps of the faithful who've climbed this way for hundreds of years. The view of Milan from the top is incomparable. Be sure, also, to

SHOP

Bring comfortable shoes and every cent available because the shopping potential is endless. The classic, cobbled canyon of window dressing in *Via Della Spiga* is a must-see, and the lanes that surround it offer up plenty more – from *Alessi* to *Zegna*. The other experience not to be missed is the *Galleria Vittorio Emanuele II* arcade. With soaring glass ceilings and stunning frescos, it's easy to forget you're there to shop. visitamilano.it

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DRINKS

THE (NEW) MARTINI

A MODERN TWIST ON BOND'S DRINK OF CHOICE – THANKS TO AUSTRALIA'S BEST BARTENDER.

Whether like a classic martini as much as the next guy. But when the most talented bartenders on the planet come together to create some fresh takes on the traditional cocktail, who are we to argue?

Earlier this year, Belvedere Vodka gave itself an impossible task. As *Spectre*'s official vodka brand, it asked mixologists to dream up a new version of 007's staple.

Australian entrants competed to impress a judging panel that included

our very own editor in chief, Nick Smith – himself no stranger to a good martini. The winning recipe was revealed earlier this year – World Martini Day – with the chance to be served at select *Spectre* premieres around the world.

Following much deliberation, Nicholas Selvadurai of Melbourne's super-cool Cookie was crowned Australian champion. His victorious effort, 'The Tie Clip', is an obvious nod to Mr Bond's immaculate sartorial style – and more importantly, it's delicious. Here's how to make it.



The Tie Clip

INGREDIENTS
 40ml Belvedere vodka
 14ml Manzanilla sherry
 5ml Suze gentian liqueur
 4 drops of 100 per cent salt solution

METHOD
 Add ingredients to a cocktail shaker and stir, with ice. Strain into a martini glass and garnish with a grapefruit twist, then serve.

The Official Spectre 007 Martini

PREFER NOT TO STIR THINGS UP (FOR FEAR OF MR BOND DISAPPROVING)? TRY THIS ONE FOR SIZE.



INGREDIENTS
 50ml BELVEDERE VODKA
 15ml FRENCH DRY VERMOUTH
 7.5ml ITALIAN SWEET VERMOUTH
 A DASH OF ANGOSTURA BITTERS

METHOD
 Combine all ingredients and make sure they're well shaken (not stirred). Pour into a chilled martini glass and garnish with a lemon twist. Then save the world, as required – or just hit up Netflix.

THE LOW-DOWN ON PRAWNS

WITH ABSOLUTELY NO MENTION OF THOUSAND ISLAND DRESSING. PROMISE.

Nothing says Aussie summer quite like the warm sun on the back of your neck, a cold drink in hand, and a fresh plate of barbecued prawns.

But besides filling our faces with them during the festive season, what do we know about these crustaceans? The food of choice for celebrations, they can be enjoyed throughout the year – if you know exactly what to look for.

“Because of the variety we have across Australia, we can eat prawns all-year round,” says seafood guru John Susman of Fishtales in Sydney. “Most are better at certain times, and for particular culinary applications. For example, Skull Island tiger prawns from the Gulf of Carpentaria are the go-to prawn for size because they’re currently in season.”

PRAWNS AT THE BOATHOUSE BY THE LAKE.

WHERE TO EAT



PERTH WA

Print Hall
For: Garlic prawns with chilli, basil and grilled sourdough
Brookfield Place, 125 St George's Tce; printhall.com.au

ADELAIDE SA
Street
For: Spencer Gulf prawns with sea succulents and black pepper

285 Rundle St; streetadl.com

BARTON ACT
The Boathouse by the Lake
For: King prawn, Jerusalem artichoke, broccolini and marrow
Grevillea Park, Menindee Dr; boathousebythelake.com.au

BRISBANE QLD
Stokehouse
For: Crumbed prawns

with smoked chilli mayo and lime

SIDON ST, SOUTH BANK; STOKEHOUSE BRISBANE
brisbane.com.au

SYDNEY NSW

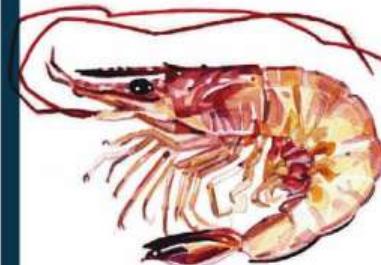
Chiswick
For: Prawn and sobrasada strozzapreti, tomato, chilli and basil
65 Ocean St, Woolrah; chiswickrestaurant.com.au

THE BEST VARIETIES



TIGER

Firm, slightly salty and savoury. The most farmed prawn in Australia, but caught wild in the north – the largest in the Gulf of Carpentaria from August to December. When cooked they are bright orange with dark stripes – hence the name. Ideal for tempura or grilling.



ENDEAVOUR

Funky with almost a roast meat character, as it lives in deep water on the muddy seafloor. Looks like a king prawn, but lacks the spine, which makes it more fragile. Great for curries and stir-fries.



BANANA

Sweet with vegetal and vanilla pod notes. Caught in Northern Australia from April to May, but are prolific breeders, meaning the catch is huge. Ideal for Asian dishes like stir-fry because the sweet flesh holds up well to spices. Also great grilled whole.



RED SPOT

Soft and sweet, with grassy notes, they’re delicious served cold in salads, but also work well grilled in the shell. A pretty prawn used in many restaurants, they’re caught mainly off the central Queensland coast all year round.



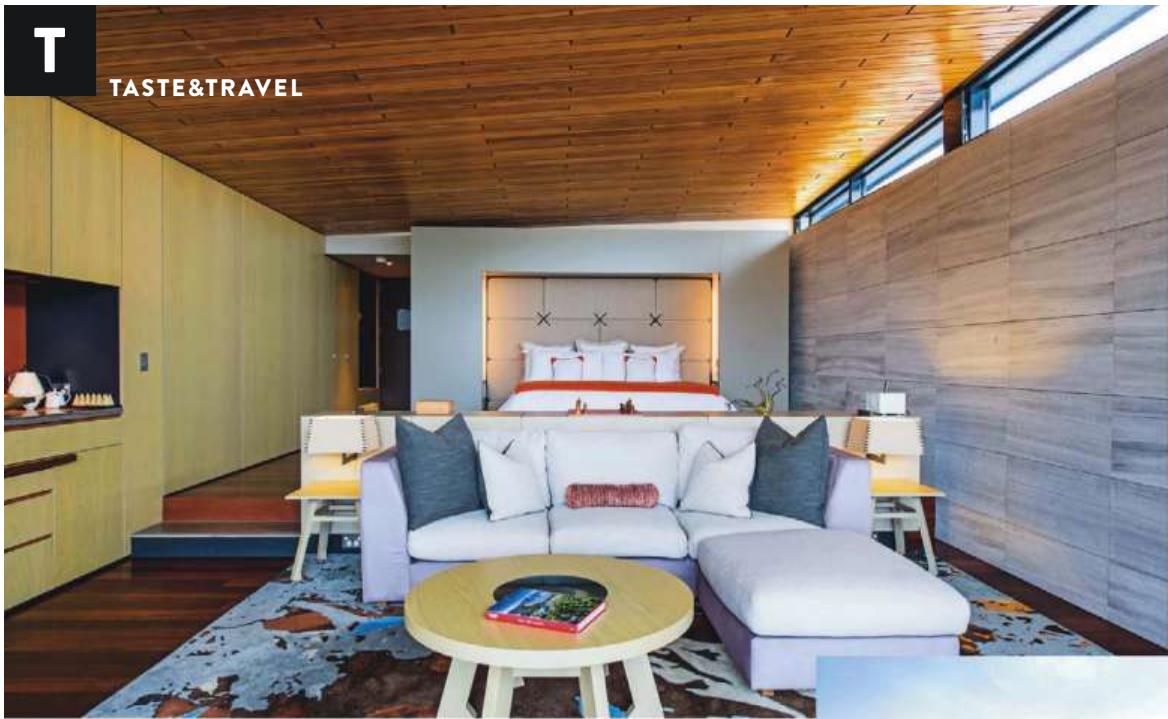
ROYAL RED

Soft, rich and meaty, these are found in deep waters off the east and west coast and are farmed throughout the year. The prawn meat is great as a filling for a delicious ravioli, or minced, and makes beautiful sashimi.



KING

Sweet, salty and rich, with a green melon aftertaste. The Western King prawn is harvested in the Spencer Gulf and west coast of South Australia sustainably 55 days a year, while Easterns are caught off north NSW from February to June. Perfect to barbecue or pan fry.



HOTEL REVIEW

SAFFIRE FREYCINET

A WORLD-CLASS RESORT
SURROUNDED BY ONE OF THE
LAST GREAT WILDERNESSES?
DON'T MIND IF WE DO.

FROM TOP: A SAFFIRE
FREYCINET SIGNATURE
SUITE; PRIVATE PAVILION
WITH PERSONAL
PLUNGE POOL; PALATE
RESTAURANT; PRISTINE
BEACHES.

Nestled on Tasmania's east coast, Saffire Freycinet is a statement in understated luxe. Standing out on the rugged surrounds of the Freycinet National Park like some kind of modernist space station, it offers an endless supply of great food and wine as well as vistas to the Hazards mountains and across Oyster Bay's crystalline waters.

Once you're finished Instagramming – there's a viewing platform in the foyer, to help achieve the perfect shot – move into one of the 20 secluded rooms. Easily the size of an average one-bedroom city apartment, suites are cosy and charming, with bonus points for the fresh jar of cookies on arrival. If soaking in the stunning views begins to wear thin (it won't), decamp to the private Zen courtyard to relax and soak up the sunshine.

The most unique aspect of Saffire Freycinet is its all-inclusive package, so wallets never need come out. The lounge and Palate restaurant keeps guests well fed with a delicious array of dishes on an ever-changing degustation menu, courtesy of executive chef Hugh Whitehouse (the gin-cured trout with finger lime and smoked eel was a stand-out). There's also an extensive wine list as well as the option to have the minibar stocked with your top picks.

Activities-wise, Saffire Freycinet offers everything from short boat trips along the Tasmanian east coast, to kayaking and cooking classes. But by far the most appealing option is to don some waders for an afternoon of shucking oysters at the nearby marine farm. Complete with a glass of sparkling rosé at a linen-covered table perched in the water – if there's a better way to enjoy oysters, we're yet to imagine it.

For all its sophistication and indulgence, the Saffire Freycinet experience is warm and surprisingly down to earth – like staying at a friend's place. Just with a much better wine list.
2352 Coles Bay Rd, Tasmania; saffire-freycinet.com.au



GETTING THERE

Flights: Qantas operates four Melbourne-Hobart return flights daily and one Sydney-Hobart flight. Fares start at \$135 one way. qantas.com



TRANSFERS

A 2.5hr drive from Hobart airport, Saffire Freycinet can arrange transfers by chauffeur or helicopter.

TASMANIAN DEVILS

Not content providing a sanctuary for humans, Saffire Freycinet has created an open-range enclosure to house resident Tasmanian devils – playing an important role in keeping these endangered animals from extinction. Get up close with the devils to watch them interact and feed. Plus, given they eat almost half their bodyweight in 30 minutes, a pre-dinner visit is the perfect inspiration before attempting the eight-course degustation back in the restaurant.



500 METRES BENEATH THE SURFACE

Pelagos is the fruit of more than 60 years' experience in undersea adventure coupled with TUDOR's peerless technical development. The ultimate tool watch, it encases the first movement developed and produced by TUDOR, beginning a new era in the brand's history.

PELAGOS

Self-winding mechanical Manufacture TUDOR MT5612 movement, officially certified chronometer, non-magnetic silicon spring, approx. 70 hour power reserve. Waterproof to 500 m, 42 mm titanium and steel case. Visit tudorwatch.com and explore more.



TUDOR
WATCH YOUR STYLE

THE UPDATE

MEETING MARCO

Next month, Marco Pierre White – the godfather of modern cuisine – will rock Western Australia's three-day Margaret River Gourmet Escape. Considered by many chefs as the best food festival around, the event will also host a bevy of famous foodies, including Rick Stein, Jock Zonfrillo, Matt Stone and Adriano Zumbo.

"I come from an era where cooking was more Flintstone than molecular, and the reality is much the same for everyone cooking at home too," explains White. "I always say a man should attack the stove like he does the barbecue. Every summer men turn themselves into head chef for the day. They have to take the same confidence into the kitchen with a pan."

So, what are the key things every man should be able to cook? Good question – here are White's picks, and tips on how to perfect them. *Margaret River Gourmet Escape runs 20-22 November; gourmetescape.com.au*

WHAT'S HOT

YOU MIGHT THINK EATING AUSTRALIA'S NATURAL FLORA AND FAUNA WOULD BE A GIVEN, BUT TYPICALLY WE SHY AWAY FROM NATIVE INGREDIENTS. THAT'S ALL CHANGING, THANKS TO A NEW WAVE OF LOCAL CHEFS WHO ARE PUTTING OUR PRODUCE ON THE PLATE – WITH IMPRESSIVE RESULTS. THE UPSHOT? EXPECT TO BE EATING MORE EMU, YABBIES, KANGAROO, WALLABY, SALT BUSH, SEA PLANTS, ROSELLA, BLOOD LIMES AND SEA BLIGHT IN THE COMING MONTHS.



MARCO PIERRE WHITE, NOW AND THEN.



1 ROAST CHICKEN Cook the chicken on the bone in an old pan – don't use non-stick because you want sediment for the gravy. Then, season the chicken in the cavity, but not on the outside until after it's cooked. A 1kg chicken will take 35 minutes on 220°C, depending on your oven, and the inner thighbone should be slightly pink – if not, you've overcooked the breast. Take the legs off and sit them in the gravy to finish the cooking. Put your chicken on a rack and cover it to rest. Pour off rendered fat, add water to the sediment and dissolve with a whisk. Pour in a tiny bit of chicken stock, reduce it down and add a touch of fresh thyme to finish.

2 STEAK Firstly, buy great quality – small eye of meat but really thick steak – and then get a great griddle pan. Always get your pan hotter than required because you have to consider the loss of heat when you put the steak in it. If it's not hot enough, it'll boil and go grey. Oil one side of the steak, season, and place it in the pan. Season the other side while it's cooking, and then turn the stove off when you flip it. The sufficient heat in the pan continues the cooking, and it rests at the same time. Put some plucked rosemary on top, a splash of olive oil and salt. When the blood starts to pierce the surface, then you know it's perfectly medium rare. Serve it with a cheek of lemon.

3 RISOTTO Guys would serve themselves well to learn how to make a big pot of this. I use 400g of rice and 1.6-2L of stock – the ratio is four-to-one, give or take. You want to really work out the starch and add more stock to make it the perfect texture. Why risotto? Well, when you have a dinner party, your friends gather around and have a glass of wine as you work on the risotto – it's theatre.

4 WHOLE FISH There's nothing better than a perfectly cooked piece of fish, with salt and a little bit of lemon. Always try to cook fish on the bone – it holds heat better and allows for a more delicate cook. Cook for 30 minutes at 200°C. A larger fish, like a snapper, is perfect salt-baked, but you should really invest in an Asian bamboo steamer because it's soft, really gentle and cooks evenly.

OPENINGS

TIME TO BOOK INTO THIS TRIO OF NEWCOMERS.

SYDNEY

MISSY FRENCH

Josephine Perry, daughter of legend Neil, gives the classic French restaurant a modern twist. This bright, Mediterranean space is her first solo effort, and sets the scene for playful spins on dishes like steak with *cafe de Paris* sauce, chicken liver parfait and game terrine. She promises to do to French cuisine what nearby *The Apollo* did for Greek, and *Fratelli Paradiso* for Italian. *22 Rockwall Crescent, Potts Point*

MELBOURNE

ESP (ESTELLE BY SCOTT PICKETT)

The third restaurant in *The Hotplate* host's empire is aimed at the top shelf – and won't disappoint. After *Saint Crispin* and *Estelle*, the influential chef is serving a degustation-only menu at *ESP* that leaves contemporaries in his wake. Get in fast. *245 High St, Northcote*



BRISBANE

GASLIGHT BISTRO

New Farm continues to be a hotbed of food evolution in Brisbane, further proven by this newcomer. Its modern-Oz menu features braised octopus, pork collar with corn, and wagyu pastrami with pickles – all of it delicious. *726 Brunswick St, New Farm*



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all the LATEST INFO ON QUALITY TECHNOLOGY - SEPARATING THE BEST FROM THE REST

THE LAB



LARGER THAN LIFE

THE LATEST VIRTUAL REALITY HEADSETS ARE SO CONVINCING THEY'LL TRANSFORM THE WAY WE WATCH FILMS, PLAY GAMES AND SOCIALISE. HERE, THE KEY PLAYERS.

1 'Project Morpheus' by Sony

When VR was first introduced in the '90s, it swiftly died a death thanks to the lag time between the movement of the visuals, which caused motion sickness and punctured the illusion. Like all the sets on test, Sony has solved this issue. But its standout achievement – and it's a considerable one – is that it actually looks like a piece of consumer technology. The design integrates its smarts into something that resembles a crown more than an enormous pair of goggles and, by putting some of the kit at the back of the head, it feels more balanced. Sony also showed us the most interactive gaming experience: we tried a demo called *The London Heist*, which involves a *Time Crisis*-esque shoot-out. But while you can duck and weave, you can't walk around a room. Its visuals also seemed less sharp than the other two devices, but this was likely to do with calibration more than hardware.

Out early 2016. playstation.com

WIN: PLUGS INTO YOUR PS4

FAIL: CAN'T WALK AROUND FREELY (AT THIS STAGE)

2 'Vive' by HTC

HTC may not be the most likely company to venture into VR, but boy has it come up with an immersive system. It uses two laser sensors in opposing corners of the room to track you without having to analyse a camera image (Sony and Oculus both depend on a front-on camera), allowing users to stroll around the virtual space at will, though the experience adjusts to accommodate the dimensions of your particular room. The demo, in which you stand on the deck of a wrecked ship while a giant whale swims past, was truly unnerving, and another where you draw 3-D images in midair (you can then walk around them) was pure joy. If only all the kit wasn't weighted on the front of your head – and we're dreading the price announcement.

Out later this year. htcvr.com

WIN: HIGHLY IMPRESSIVE

FAIL: COULD BE EXPENSIVE

3 'Oculus Rift' by Facebook

This former Kickstarter project was bought by Facebook last year to much outcry, but the latest prototype shows that critics need not have worried. Far from the basic social networking device that some feared, the 'Rift' is a thoroughgoing and impressive VR headset that makes you feel absolutely present in the virtual realm. One of the demos puts you on a ledge atop a skyscraper – look down and you get vertigo, and though we knew it was a computer-generated illusion we just couldn't bring ourselves to step off. Sadly, none of what we experienced was interactive. Other drawbacks are that it puts all the weight on the front of your head, and it will (likely) only run off a PC with some serious specs.

Taking pre-orders later this year; out in early 2016. oculus.com

WIN: CONVINCING 'SPATIAL' AUDIO

FAIL: REQUIRES A GAMING PC

**THE BREAKDOWN**

	Sony	HTC	Facebook
Field of vision	100°	110°	100°
Sensors	Gyroscope, accelerometer	Gyroscope, accelerometer, lasers	Gyroscope, accelerometer, magnetometer
Frames per second	120	90	90
Screen resolution	1920 x 1080 pixels	1200 x 1080 pixels	2160 x 1080 pixels



SOUNDWAVES

A NEW BREED OF HYBRID-DRIVER IN-EAR HEADPHONES ARE CHALLENGING EXPENSIVE STUDIO-QUALITY CANS. HOW DO THEY FARE?

THE BREAKDOWN

	Aurisonics	JH Audio	Audio-Technica	Dunu
Drivers	1 + tweeter	12 per side	2 per side	3 per side
Driver size	14.2mm + tweeter	TBC	13mm	TBC
Impedance	11 ohms	20 ohms	12 ohms	10 ohms
Weight	17g	100g	16g	26g
Cable	Detachable 1.2m	1.2m unbalanced cable with bass adjustment	1.2m	1.2m

1 'ASG-1Plus' by Aurisonics

They may not be cheap, but the sound from Aurisonics' 'ASG-1Plus' – which are made by a 3-D printer – is something to behold. A truly rich mid-range with a plush bass that is clear and defined, it feels more like listening to a quality old-school hi-fi separates system than any in-ear headphones we've tried before. Physically, they feel bulky and awkward at first – they loop behind and around your ears like sports earphones – but they sit flat and neat, and you'll soon forget the size when the sound is this great.

\$719; addictedtoaudio.com.au

WIN: STUDIO-QUALITY SOUND;

GREAT BUILD QUALITY; LIGHT

FAIL: NOT CHEAP; NOT EVERYONE

WILL LIKE THE SIZE

2 'Astell&Kern Layla' by JH Audio

How to rate a \$3849 pair of earphones? Well, you do get bang for your buck – just not in a good way. Those high-end drivers mean two gobstopper-sized chassis protruding from your earholes. But the sound is stunning – easily the best in-ear on the market. The bass is incredible – deep and pure, and a crystal-clear, soaring mid-range makes even the vocals on your most-listened track feel like the first time you've heard them. The sound is a 10, but you'll look like a sci-fi extra.

\$3849; addictedtoaudio.com.au

WIN: STUNNING SOUND – THE BEST IN-EAR HEADPHONES ON THE MARKET

FAIL: TOO BULKY; PROHIBITIVE PRICE

3 'ATH-CKR10' by Audio-Technica

Audio-Technica's 'ATH-CKR10' earphones strike a great balance between wearability (light, slimline, they don't need to hook around your earlobes) and sound. The latter isn't the best on test, but it's still pretty terrific – the bass is weighty, the mid-range clear and true. Other hybrid-driver earphones on this test may be better, but these still blow nearly all other in-ear models out of the water.

\$399; minidisc.com.au

WIN: AMAZING SOUND FOR THE PRICE; SLIMLINE AND LIGHT

FAIL: UNDERPOWERED COMPARED WITH THE HIGHER-END MODELS

4 'DN-1000' by Dunu

Where do we start? First, there's the design – two chunky earplugs that make the wearer look like Uhura from Star Trek wearing communicators in both ears. But far worse – in case you thought size equaled quality – is the sound, which gives no indication of the much-vaunted tech within. With a tinny bass and limited mid-range, they're actually inferior to Apple's new ergonomic EarPod headphones, which come free with an iPhone. Avoid.

Approx. \$380; dunu-topsound.com

WIN: UM, THEY HAVE A LOT OF EARBUD OPTIONS.

FAIL: EVERYTHING – QUALITY, PRICE, APPEARANCE



HUAWEI WATCH

THE SAPPHIRE CRYSTAL ANDROID WEAR™ WATCH

MAKE IT POSSIBLE
huaweiwatch.com.au

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30

YEARS OF CLASSIC



ALWAYS
THE BEST POSSIBLE TASTE

YEARS OF CLASSIC

THE SMEG CLASSIC COLLECTION • SETTING THE STANDARD IN VISUAL AND CULINARY TASTE FOR 30 YEARS

smeg.com.au


technology with style

OUTFITTER



TOP
↓
BOTTOM

METAL/ACETATE SUNGLASSES, \$890, BY LINDA FARROW AT HARROLD'S; METAL SUNGLASSES, \$675, BY THOM BROWNE; ACETATE 'ELLIOT 335' SUNGLASSES, \$650, BY TOM FORD AT HEALY OPTICAL; ACETATE 'AVIATOR 592/S' SUNGLASSES, \$510, BY MARC JACOBS; ACETATE 'TYPEWRITER' SUNGLASSES, \$340, BY PERSOL AT SUNGLASS HUT; METAL 'PANTOS' SUNGLASSES, \$720, BY DIOR HOMME; ACETATE SUNGLASSES, APPROX. \$300, BY DOLCE & GABBANA; ACETATE 'ROUNDS' SUNGLASSES, \$210, BY RAY-BAN.

GET SOME SHADES

THE ULTIMATE ACCESSORY,
SUNNIES WILL KEEP THINGS
LOOKING COOL THIS SEASON.

STYLE

SPRING DRESSING

BRING SOME FUN AND COLOUR INTO YOUR WARDROBE WITH THESE WARM-WEATHER STYLES.

1



DO

COLOURED CHINOS BRIGHTEN UP ANY OUTFIT.

COTTON SHIRT, \$129, BY TRENERY; COTTON 'MODY' CHINOS, \$499.50, BY STAPLE SUPERIOR AT THE ICONIC; COTTON-BLEND SOCKS, \$32, BY PAUL SMITH; NYLON/RUBBER SNEAKERS, \$99.95, BY REEBOK; CANVAS 'CHRISTOPHER PM' BAG, \$4150, AND LEATHER 'HOOK IT' BRACELET, \$345, BOTH BY LOUIS VUITTON; CERAMIC/GOLD 'SPEEDMASTER DARK SIDE OF THE MOON' WATCH, \$17,575, BY OMEGA.

2



DO

TRY A LIGHT, PASTEL KNIT.

WOOLJUMPER, \$270, BY PAUL SMITH; COTTON PANTS, \$110, BY CAHILL AT GLUE STORE; LEATHER 'DAMAN' SHOES, \$199, BY COUNTRY ROAD; LEATHER BELT, \$99.95, BY TOMMY HILFINGER; STAINLESS STEEL SLIMLINE MOONPHASE MANUFACTURE WATCH, \$4999, BY FREDERIQUE CONSTANT.

3



DO

ROLL UP A JACKET CUFF FOR EXTRA ATTITUDE.

COTTON-BLEND 'ROCKER' JACKET, \$200, BY NEUW DENIM; COTTON TOP, \$140, COTTON PANTS, \$299, AND COTTON SOCKS, \$32, ALL BY PAUL SMITH; SUEDE 'ASCAR' SNEAKERS, \$750, BY BALLY; ACETATE 'CONVICTION HALF RIMMED' SUNGLASSES, \$300, BY LOUIS VUITTON; STAINLESS STEEL 'SEAMASTER AQUA TERRA JAMES BOND LIMITED EDITION' WATCH, \$8600, BY OMEGA; LEATHER BACKPACK, \$2550, BY SALVATORE FERRAGAMO.

4
DO

DITCH THE
SOCKS AND
EXPOSE SOME
ANKLE.

COTTON JACKET,
\$4400, BY LOUIS
VUITTON; COTTON
SHIRT, \$169, BY
GANT; COTTON-
BLEND 'RAY' JEANS,
\$180, BY NEUW
DENIM; LEATHER
SNEAKERS, \$795,
BY SALVATORE
FERRAGAMO.



5
DO

BUY A PAIR
OF WHITE
TRAINERS
- JUST KEEP
'EM CLEAN.

COTTON 'CROSBY'
SHIRT, \$170, BY
SATURDAYS NYC AT
INCU; COTTON PANTS,
\$199, BY TREMERY;
LEATHER SNEAKERS,
\$699, BY HUGO BOSS;
ACETATE 'TRENCH'
SUNGASSES, \$370, BY
BURBERRY; LEATHER
'SNAP IT' BRACELET,
\$475, BY LOUIS
VUITTON; 18CT GOLD
'CARRERA CALIBRE
5 DAY-DATE' WATCH,
\$4450, BY TAG HEUER;
SUEDE/LEATHER TOTE
BAG, \$1750, BY BALLY.



6
DON'T

DISCOUNT
WHITE PANTS -
PROVIDED YOU
CAN MATCH
WITH A TAN.

COTTON POLO,
\$475, BY SALVATORE
FERRAGAMO; COTTON
TROUSERS, \$139, AND
LEATHER SHOES, \$249,
BOTH BY BROOKS
BROTHERS; STAINLESS
STEEL 'CLASSICS
WORLDTIMER' WATCH,
\$5400, BY FREDERIQUE
CONSTANT; LEATHER
BELT, \$190, AND NYLON-
BLEND BAG, \$610,
BOTH BY PAUL SMITH.



7
DO

MIX PRINTS
FOR ADDED
FUN - MAX
THREE
AT A TIME.

NYLON HOODED JACKET,
\$125, AND COTTON
T-SHIRT, \$340, BOTH BY
BURBERRY BRIT; COTTON
'SORCER' CHINOS, \$189,
BY TED BAKER; COTTON-
BLEND SOCKS, \$32, BY
PAUL SMITH; LEATHER
'LINDEMAN' SHOES,
\$240, BY SABA; ACETATE/
LEATHER 'ATTRACTION
PILOT' SUNGLASSES, \$750,
AND LEATHER 'SNAP IT'
BRACELET, \$355, BOTH
BY LOUIS VUITTON;
TITANIUM 'ENGNEER II'
GREEN BERETS WATCH,
\$2950, BY BALL.





OUTFITTER



1. LEATHER SNEAKERS, \$750, BY **BALLY**.
2. LEATHER 'RUN AWAY' SNEAKERS, \$1080, BY **LOUIS VUITTON**.
3. COTTON/NEOPRENE SNEAKERS, \$945, BY **BALENCIAGA** AT **HARROLD'S**.
4. LEATHER/SUEDE 'NAYON' SNEAKERS, \$1595, BY **SALVATORE FERRAGAMO**.
5. LEATHER SNEAKERS, \$1295, BY **CHRISTIAN LOUBOUTIN**.
6. LEATHER/SUEDE SNEAKERS, \$575, BY **BALLY**.

OPTIONS

DESIGNER TRAINERS

FROM ALL WHITE TO BRIGHT STRIPES, GRAB A PAIR OF LUXE KICKS IN TIME FOR SUMMER.

STYLE SHRINK

LONG SHORTS

THE SUN IS SHINING SO GET YOUR LEGS OUT –
WITH A LOWER CUT FINISHING JUST ABOVE THE KNEE.



1 COTTON 'HUDSON' BLAZER, \$399, AND COTTON 'HUGHES' SHORTS, \$159, BOTH BY AQUILA; COTTON 'FRANCE' T-SHIRT, \$39.95, BY SPENCER PROJECT AT GENERAL PANTS; LEATHER LOAFERS, \$850, BY SALVATORE FERRAGAMO; SILK POCKET SQUARE, \$34.95, BY TM LEWIN; STAINLESS STEEL 'DEVILLE HOUR VISION' WATCH, \$1,975, BY OMEGA.

2 CASHMERE CARDIGAN, \$2200, BY DIOR HOMME; COTTON-BLEND 'PIQUE' T-SHIRT, \$59.95, AND COTTON 'SAATEEN' SHORTS, \$89.95, BOTH BY COUNTRY ROAD; LEATHER 'WHEELER' SANDALS, \$139, BY AQUILA; STAINLESS STEEL 'CT60 CHRONOGRAPH' WATCH, \$9650, BY TIFFANY & CO.

3 COTTON SHIRT, \$39.90, BY UNIQLO; COTTON 'GEORGE' SHORTS, \$149, BY SABA; LEATHER 'PERRY' SNEAKERS, \$149, BY TRENDY; STAINLESS STEEL 'MONACO CALIBRE12 CHRONOGRAPH' WATCH, \$8900, BY TAG HEUER; LEATHER 'HOOK IT' BRACELET, \$345, AND LEATHER 'LOOP IT' BRACELET, \$475, BOTH BY LOUIS VUITTON.

1

2

3

TREND

WRIST CANDY

PAIRED WITH A WATCH, THESE MASCULINE STYLES PROVE JEWELLERY FOR GENTS PACKS A PUNCH.



CASHMERE CARDIGAN, \$2200, AND STAINLESS STEEL 'BEE CORD' BRACELET, \$500, BOTH BY DIOR HOMME; STAINLESS STEEL 'CT60 3-HAND' WATCH, \$7500, BY TIFFANY & CO.



COTTON CANVAS JACKET, \$4400, BY LOUIS VUITTON; STAINLESS STEEL 'SUPEROCEAN HERITAGE CHRONOGRAPH 44' WATCH, \$8140, BY BREITLING; STERLING SILVER 'KNOT HINGED' BANGLE, \$690, BY PALOMA PICASSO FOR TIFFANY & CO.



COTTON SHIRT, \$169, BY GANT; GOLD-PLATED 'SLIMLINE MANUFACTURE MOONPHASE' WATCH, \$5600, BY FREDERIQUE CONSTANT; 18CT GOLD/LEATHER 'KNOT WRAP' BRACELET, \$2000, BY PALOMA PICASSO FOR TIFFANY & CO.



COTTON SHIRT, \$129, BY TRENDY; STAINLESS STEEL 'TAMBOUR CHRONOGRAPH SOLAR' WATCH, \$9150, AND LEATHER 'HOOK IT' BRACELET, \$345, BOTH BY LOUIS VUITTON.



WOOL 'ROAMING' JACKET, \$360, BY GIBSON; STAINLESS STEEL 'CONSTELLATION GLOBEMASTER' WATCH, \$8875, BY OMEGA; STAINLESS STEEL/TITANIUM 'CALIPER' CUFF, \$920, BY PALOMA PICASSO FOR TIFFANY & CO.



THE PURCHASE
FRESH PRINTS
FROM PAISLEY TO PALM TREES, THE SHORT-SLEEVE SHIRT IS BACK.

↻ COTTON SHIRT, \$670, BY **BURBERRY PRORSUM**;
COTTON SHIRT, \$830, BY **LOUIS VUITTON**;
COTTON 'RIPLEY' SHIRT, \$119, BY **MARCS**;
COTTON SHIRT, \$110, BY **VANISHING ELEPHANT**;
COTTON BEACH BOY' SHIRT, \$89.95, BY **ROLLA'S JEANS**;
COTTON SHIRT, \$89.95, BY **ABRAND JEANS**;
COTTON 'BRICK' SHIRT, \$79.95, BY **ARTICLE NO.1**;
COTTON 'BCRUMBS' SHIRT, \$179, BY **TED BAKER**.





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MYER
FIND WONDERFUL

RACE-DAY STYLE

THE ULTIMATE SARTORIAL FORM GUIDE FOR THIS YEAR'S SPRING RACING SEASON.

TRY THIS
If it's not Derby Day, be bold with colour to make an outfit pop.

TRY THIS
A true gent needs to know how to fold a pocket square, then proudly sport one.

TRY THIS
Adhere to race-day traditions and wear the appropriate flower.

1
WOOL SUIT, \$699, BY CALVIN KLEIN; COTTON SHIRT, \$69.95, BY TM LEWIN; SILK 'BERNEX' TIE, \$130, BY MJ BALE; ACETATE 'VINTAGE CELEBRATION' SUNGLASSES, \$370, BY PERSOL; SILK-'AUTUMN AND WOODLAND BICYCLE' POCKET SQUARE, \$59, BY HERRINGBONE, ALL AVAILABLE FROM A SELECTION AT MYER; BOUTONNIERE, POA, BY MR COOK.

2



3



4



COTTON 'HUDSON' BLAZER, \$399, COTTON 'ORLANDO' SHIRT, \$149, COTTON 'HUDSON' CHINOS, \$179, AND LEATHER 'MONK STRAP' SHOES, \$499, ALL BY **AQUILA**; SILK 'MAROON' TIE, \$49, BY **GIBSON**; COTTON-BLEND SOCKS (WORN THROUGHOUT), \$12.95, BY **WOLF KANAT**; ACETATE '2447' SUNGLASSES, \$210, BY **RAY-BAN**, ALL AVAILABLE FROM A SELECTION AT **MYER**.

WOOL JACKET, \$279, AND WOOL TROUSERS, \$129, BOTH BY **BROOKSFIELD**; COTTON 'UNIVERSE AND OCEAN' SHIRT, \$199, BY **HERRINGBONE**; SILK 'NAVY KNIT' TIE, \$69.95, AND SILK POCKET SQUARE, \$34.95, BOTH BY **TM LEWIN**; LEATHER 'MARSHWALL' SHOES, \$299, BY **RODD & GUNN**; ACETATE SUNGLASSES, \$200, BY **RAY-BAN**, ALL AVAILABLE FROM A SELECTION AT **MYER**; BOUTONNIERE, POA, BY **MR COOK**.

WOOL JACKET, \$360, BY **GIBSON**; COTTON 'CALVERTON' SHIRT, \$179, AND COTTON 'BRYMER' PANTS, \$159, BOTH BY **RODD & GUNN**; SILK BOW TIE, \$79, BY **DOM BAGNATO**; LEATHER 'CRAFTSMAN' BOOTS, \$475, AND FELT 'AKUBRA LONGHORN' HAT, \$190, BOTH BY **RM WILLIAMS**; SILK 'MULTI' POCKET SQUARE, \$39.95, BY **VAN HEUSEN**, ALL AVAILABLE FROM A SELECTION AT **MYER**; BOUTONNIÈRE, POA, BY **MR COOK**.

STYLING: JOLYON MASON | PHOTOGRAPHY: NIGEL LOUGH | GROOMING: TIARNA CARMONT AT DETAIL FOR MEN USING AMERICAN CREW. MODEL: MARCUS STEWART AT PRISCILLAS.



5



6



7

SPRING RACING SPECIAL

WOOL 'HAROLD' JACKET, \$499, WOOL 'HAROLD' VEST, \$199, AND WOOL 'HAROLD' TROUSERS, \$199, ALL BY **MJ BALE**; COTTON 'REDCLIFFE' SHIRT, \$179, AND LEATHER 'MARSHWALL' SHOES, \$299, BOTH BY **RODD & GUNN**; SILK TIE, \$119, BY **HERRINGBONE**; METAL SUNGLASSES, \$300, BY **RAY-BAN**; POLYESTER-BLEND POCKETSQUARE \$29, BY **GIBSON**, ALL AVAILABLE FROM A SELECTION AT **MYER**.

WOOLJACKET, \$360, WOOL VEST, \$175, AND WOOL TROUSERS, \$165, ALL BY **GIBSON**; COTTON 'CALTHORPE' SHIRT, \$179, BY **RODD & GUNN**; SILK TIE, \$49.95, BY **VAN HEUSEN**; LEATHER 'CHAIRMAN' SHOES, \$280, BY **FLORSHEIM**; METAL CUFFLINK (AS LAPEL PIN), \$29.95, BY **BLAQ**; POLYESTER POCKET SQUARE (SOLD AS PACK OF 3), \$69.95, BY **SCOTCH & SODA**, ALL AVAILABLE FROM A SELECTION AT **MYER**; STRAW HAT, \$290, BY **STRAND HATTERS**.

WOOL 'RENZO' JACKET, \$475, COTTON 'MILAZZO' SHIRT, \$139, AND WOOL 'LUCCA' TROUSERS, \$220, ALL BY **DOM BAGNATO**; SILK TIE, \$49, BY **GIBSON**; LEATHER 'CRAFTSMAN' BOOTS, \$475, BY **RM WILLIAMS**; SILK POCKET SQUARE, \$49, BY **HERRINGBONE**; METAL TIE BAR, \$39.95, BY **BEN SHERMAN**; ALL AVAILABLE FROM A SELECTION AT **MYER**; BOUTONNIÈRE, POA, BY **MR COOK**.



SPORTS JACKET, \$299,
BY **CAMBRIDGE**; SLIM
BUSINESS SHIRT, \$69.95,
BY **VAN HEUSEN**;
CHINOS, \$110, BY **TRENT**
NATHAN; BELT, \$69.95,
BY **JEFF BANKS**.

WELL SUITED

DRESS FOR SUCCESS WITH SPRING RACING MUST-HAVES FROM MYER.

The field is set and the races are on. The Spring Racing Carnival presents the perfect opportunity to slide into an immaculately cut suit and play sartorial king for the day. This season, it's all about smart separates and lightweight suits in a rich spectrum of blues and greys, just like these styles now in store at Myer. Pale shades and subtle patterns add a playful touch, or go for bold colour with a shirt, tie and pocket square in tonal or contrasting hues. Just remember: fit is everything. A well-tailored suit should have a hint of cuff at the sleeve and only socks on show when you sit down. Giddy up.



LEFT: SPORTS JACKET, \$349, AND CHINOS, \$110, BOTH BY TRENT NATHAN; 'LUXE' BUSINESS SHIRT, \$99.95, BY BROOKSFIELD. RIGHT: SUIT JACKET, \$345, AND TROUSERS, \$150, BOTH BY CAMBRIDGE; BUSINESS SHIRT, \$89.95, AND TIE, \$69.95, BOTH BY CALVIN KLEIN. BELOW: 'BAYARD' SLIP-ONS IN BLACK AND BROWN, \$220 A PAIR, BY CALVIN KLEIN.



INSIDE STORY

How to stand out in the cool crowd? Keep your suit slick and straight, then introduce personality in shirts and accessories. For classic style, go for shirt and tie combos in block colour, subtle stripes or gingham, or throw in some large-scale checks or stripes for a bold, of-the-moment look.



ABOVE: BUSINESS SHIRTS, \$89.95 EACH, AND TIES, \$69.95 EACH, ALL BY CALVIN KLEIN.

MYER

NAIL THE TRIFECTA

MIX AND MATCH CHECKS AND STRIPES, AND DON'T FORGET TO FACTOR IN FOOTWEAR TOO.

01



02



03



COTTON SHIRT, \$89.95, BY WOLF KANAT; SILK TIE, \$119, BY HERRINGBONE; SUEDE 'BRAYSHAW' LOAFERS \$359, BY AQUILA.

04



05



06



COTTON 'RIMBAUD' SHIRT \$79.95, BY MJ BALE; COTTON 'NAVAL ROW' TIE, \$119, BY RODD & GUNN; LEATHER 'WALTON' SHOES, \$499, BY AQUILA.



COTTON SHIRT, \$99, AND SILK TIE, \$69, BOTH BY BOSTON BROTHERS; LEATHER 'XNOV' BOOTS, \$190, BY WOLF KANAT.



COTTON 'PEMBRIDGE' SHIRT, \$179, BY RODD & GUNN; SILK TIE, \$49, BY BROOKSFIELD; LEATHER 'GOODWIN' SHOES, \$269, BY AQUILA.

CLOCKWISE: METAL 'STONES' CUFFLINKS, \$199, BY RHODES & BECKETT; METAL CUFFLINKS, \$39.95, BY VAN HEUSEN; METAL 'HORSE' CUFFLINKS, \$29.95, BY BLAQ; METAL CUFFLINKS, \$49.95, BY BEN SHERMAN; METAL CUFFLINKS, \$49.95, BY BEN SHERMAN; METAL CUFFLINKS, \$49.95, BY CUDWORTH; METAL TIE BAR, \$49.95, BY WOLF KANAT; METAL TIE PIN, STYLIST'S OWN; SILK TIE, \$59.95, BY JEFF BANKS; COTTON SHIRT, \$99.95, BY BROOKSFIELD.

SILVERWARE COLLECTION

IT'S ALL ABOUT THE
FINISHING TOUCHES.

1. FELT 'AKUBRA LONGHORN' HAT, \$190, BY RM WILLIAMS.
2. STRAW 'BOATER' HAT, \$290, BY STRAND HATTERS.
3. STRAW 'K20' PANAMA, \$330, BY STRAND HATTERS.

01

02

03



THE PURCHASE

HANG ON TO YOUR HAT

SUN PROTECTION NEVER
LOOKED SO DAPPER –
IT'S A WIN-WIN.



FIND RACING | FIND POLITIX

MYER
FIND WONDERFUL

HIGH STAKES

PLAY THE FASHION FIELD AND WIN THIS SPRING RACING SEASON, WITH KEY LOOKS FROM DOM BAGNATO.



MELBOURNE CUP DAY – BOLD STRATEGY



OAKS DAY – FASHION FOCUS

If ever there was an excuse to suit up and look sharp, Spring Racing Carnival is it. "This is the perfect time to update your wardrobe – not only for the Carnival but also the festive season ahead," says designer Dom Bagnato.

Channelling the cool elegance of life on the Mediterranean coast, the latest Dom Bagnato collection features suits in the finest lightweight pure wool and linen-silk blends – perfect for sunny days on the punt. The colour palette is drawn directly from the sea (azure, pebble grey, crisp white) with subtle texture and pattern play.

Derby Day, traditionally a black-and-white affair, kicks things off on October 31. Swap coat-tails and waistcoats for a charcoal 'Renzo' suit jacket and grey-flecked 'Milazzo' shirt, then finish with monochrome accessories for a timeless look.

The single-breasted 'Nicolo' suit in summer-weight merino wool feels right for Melbourne Cup, while a pale grey 'Ludo' jacket complemented by a shirt and accessories in shades of pink gives a nod to the grace of ladies' day at Crown Oaks.

Keep it laid-back but still dapper on the home straight – Stakes Day – with a 'Renzo' suit in mid-grey, smart brogues and a Panama hat.



STAKES DAY – BOYISH CHARM

DOM'S TOP TIPS

TAKE STYLE CUES FROM DESIGNER DOM BAGNATO.

DO

Be daring with a look. Mix patterns, styles and textures for an on-trend outfit.

Pay attention to accessories. Pocket squares, lapel pins, tie bars, watches, hats – these make all the difference.

Treat yourself to a custom-made suit for a special occasion. To arrange a fitting, exclusive to the Dom Bagnato Myer store in Bourke Street, Melbourne, from September 22 to November 12, visit dombagnato.com.au

DON'T

Be afraid to wear colour. A bright shirt and tie combination brings a whole outfit together.

Forget about shoes. Keep them clean and polished, and match the colour tone to your belt and suit.

Rush while shopping or getting ready. Spring Racing is the perfect excuse to take your style to the next level.



DERBY DAY – MONOCHROME MAGIC

DOM BAGNATO

Available online and at Myer stores nationally. Visit dombagnato.com.au

GROOMING

EDITED BY DAVID SMIEDT PHOTOGRAPHY EDWARD URRUTIA



SUMMER SCENTS

OUR FAVOURITE FRAGRANCES FOR THE SEASON AHEAD.

Summer brings with it certain inevitabilities: Christmas parties, questions about the viability of Australia's middle order and a barrage of new eau de toiles. The sheer scale of this pungent onslaught can be overwhelming at best, and downright intimidating when shop assistants thrust bottle after bottle your way. To save on any trauma, we've distilled the best of the new releases.



1 **Prada 'Luna Rossa Sport' EDT, \$120 (100ml)**

What sets this apart is the use of unusual ingredients in a field that too often plays things too safe. There is a softness resulting from lavender and vanilla, but the juniper berries, hay essence and heliotrope make it stand out. myer.com.au; shop.davidjones.com.au

2 **Aesop 'Tacit' EDP, \$110 (50ml)**

This is only the second time Australia's No.1 grooming brand has dipped a toe in the fragrance market. Whereas the previous offering, Marrakech, was as per its name – big, bold and spice-laden – this paean to the Mediterranean from perfumer Céline Barel is all about citrus, basil and the ingredient of the summer, vetiver. aesop.com

3 **Balmain 'Homme' EDT, \$125 (100ml)**

From catwalk to scent can be a tricky transition – either it's timid and bland or is so out there, the market consists exclusively of 'conceptual artists' named Serge. But Balmain has nailed this one by enlisting saffron, nutmeg, leather and cedarwood. Not sure about the bottle, mind. myer.com.au

4 **Salvatore Ferragamo 'Acqua Essenziale Colonia', \$109 (100ml)**

The PR noise suggests this offering is for men "in search of a lifestyle made of genuine values, refinement and elegant modernity". That translates as a light and elegant concoction of lavender, clary sage, tonka bean and ambrox. One of the better mass offerings. shop.davidjones.com.au; myer.com.au

5 **Atelier Cologne 'Vétiver Fatal Cologne Absolue', \$190 (100ml)**

The most highly concentrated form of scent in the game, and worth it for the quality of ingredients. Calabrian bergamot, Sicilian lemon, violet leaves from Grasse and vetiver from Haiti, to mention a few. A fragrance you'll want to wear for years. libertineparfumerie.com.au

6 **Paul Smith 'Essential' EDT, \$90 (100ml)**

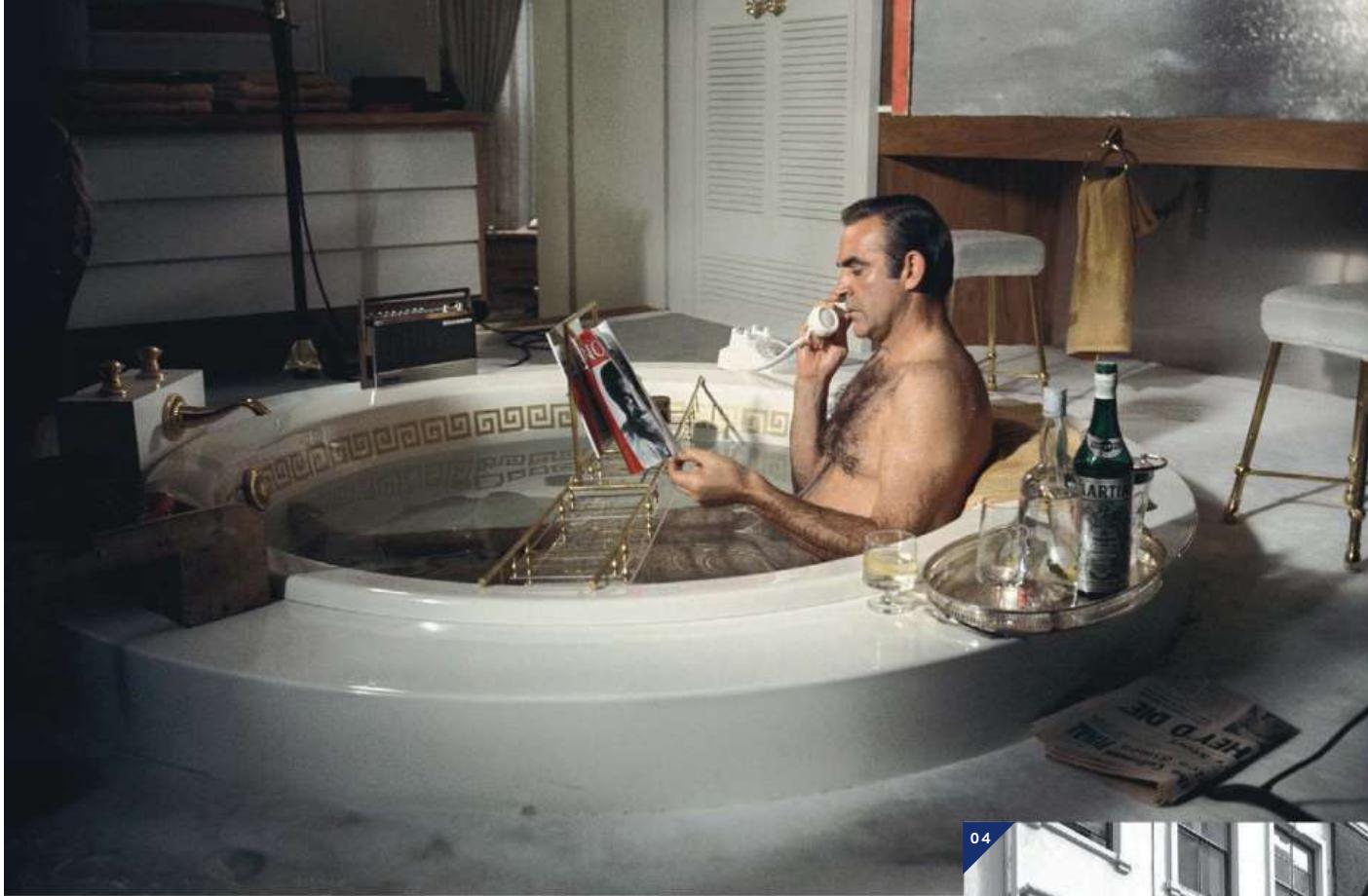
Punching well above its weight, this has characteristically solid tailoring with classic elements such as rosemary and masculine base notes of cedarwood and patchouli. There's also the odd eccentric, if welcome, touch in the form of ozonic accord and musks. shop.davidjones.com.au

7 **Frederic Malle 'Cologne Indélébile', \$266 (100ml)**

Colognes typically don't last as long as an eau de parfum but that's where the 'indélébile' comes into play. Neroli, musk, orange blossom and bergamot are the signatures of this scent by perfumer Dominique Ropion, which has the staying power to match an Ironman. mecca.com.au

8 **Narciso Rodriguez 'For Him Bleu Noir' EDT, \$139 (100ml)**

Don't let the bleu lull you into a maritime frame of mind – Rodriguez was going for the feel of midnight blue. And, for the most part, he succeeds with a musk core surrounded by fresh green notes. Now, where's our drink? shop.davidjones.com.au; myer.com.au



JAMES BOND'S LONDON

WITH 007 UP TO HIS DAPPER TRICKS AGAIN NEXT MONTH, FOLLOW SUIT BY VISITING SOME OF HIS FAVOURITE ESTABLISHMENTS IN THE BRITISH CAPITAL.

1. LIBERTY LONDON, REGENT ST, SOHO

Weave your way through the tourists looking at scarves and descend into the men's fashion section on the lower ground floor. Follow the scent of pomade and shaving cream to the small but immaculate Murdock London barber shop. If you don't need a haircut, stock up on products from Murdock's eponymous grooming range, such as the 'Exfoliating Facial Scrub', (approx. \$50; 100ml). Should you want to lash out, roughly \$250 gets a shampoo, trim, wet shave, facial, head massage and manicure or shoe shine. liberty.co.uk

2. TAYLOR OF OLD BOND STREET, 74 JERMYN ST, ST JAMES'S

Right down to the antiquated use of the superfluous second 's' in the suburb, St James's Taylor steadfastly clings to tradition – as you'd expect from a business born in 1854. But don't let the formality of the place put you off. Pick of the bunch here is the 'Bay Rum' splash (approx. \$35; 150ml), or to be really Bond, grab yourself a Bismarck 'Straight Razor', (approx. \$610). tayloroldbondst.co.uk

3. FORTNUM & MASON, 181 PICCADILLY

Yes, it's the ideal place to buy granny some Earl Grey and fancy shortbread, but head to the top floor and find one of the best curated men's departments in Blighty. We're talking belts, gloves, tie pins, plus lines not often seen Down Under such as Czech & Speake, Castle Forbes, Zenvie and Scaramouche & Fandango. While there, pick up a GB Kent 'Beechwood Pure Bristle' hairbrush (approx. \$50). In years to come, your grandkids will still be using it. fortnumandmason.com



4. FLORIS, 89 JERMYN ST, ST JAMES'S

This venerable institution is mentioned in three Bond books – *Moonraker*, *Diamonds Are Forever* and *Dr No* – and author Ian Fleming himself was a noted fan of the 'No.89 Fragrance', a traditional blend of rose, oakmoss and petitgrain. With timber panelling and unobtrusive service, the store offers myriad fragrances to try, though accessories like the briarwood and gold plate shaving brush (approx. \$390) and matching razor (approx. \$585) are worthy investments too. florislondon.com



**5. DR HARRIS & CO,
29 ST JAMES'S ST,
ST JAMES'S**

Housed in recently revamped digs awash with original Victorian fittings, this brand has been plying its clean-shaven trade since 1790, but has moved with the times to offer new lines in addition to the, frankly, rather off-putting 'toilet waters'. Try the 'Crystal Hair Cream' (approx. \$35; 100ml), which goes on like a gel, without the stickiness or residue. drharris.co.uk

**6. PANKHURST
LONDON, 10
NEWBURGH ST, SOHO**

A slick of pomade away from Carnaby Street, this hair salon doesn't boast the history of some of 007's other haunts, but it doesn't have to. Not when barber chairs are made by Bentley and a Johnnie Walker whisky bar is on offer.

Pankhurst's own grooming range – covering skincare, hair and shaving – is fetchingly displayed, and stick around for a treatment. We suggest the 'Friction Scalp' massage (approx. \$50). pankhurstlondon.com



**7. GEO F TRUMPER,
1 DUKE OF YORK ST,
ST JAMES'S**

Another grand old man of the London grooming landscape, it recently introduced beard trims, haircuts, wet shaves and face massages. But it's the products you'll keep coming

back for. Best of the bunch is 'Eucris Hard Shaving Soap' (approx. \$45) in its own timber bowl. Also be sure to peruse – it's the kind of store where such words are commonplace – the range of cufflinks, silk ties, collar fasteners and flasks. trumpers.com

8. TRUEFITT & HILL, 71 ST JAMES'S ST, ST JAMES'S

Celebrating its 210th year in operation, T&H's barbers will sharpen you up stat, while offering manicures, moustache trims and massages (among other alliterative auxiliaries). The range of cleansing, shaving and skincare products is grouped by a handful of signature scents but since you're in town, the woody 'Trafalgar' collection is most apt. Try the traditional cutthroat shaving class (approx. \$190) and receive a super-close treatment while learning how to do it at home – without a trip to casualty. truefittandhill.co.uk



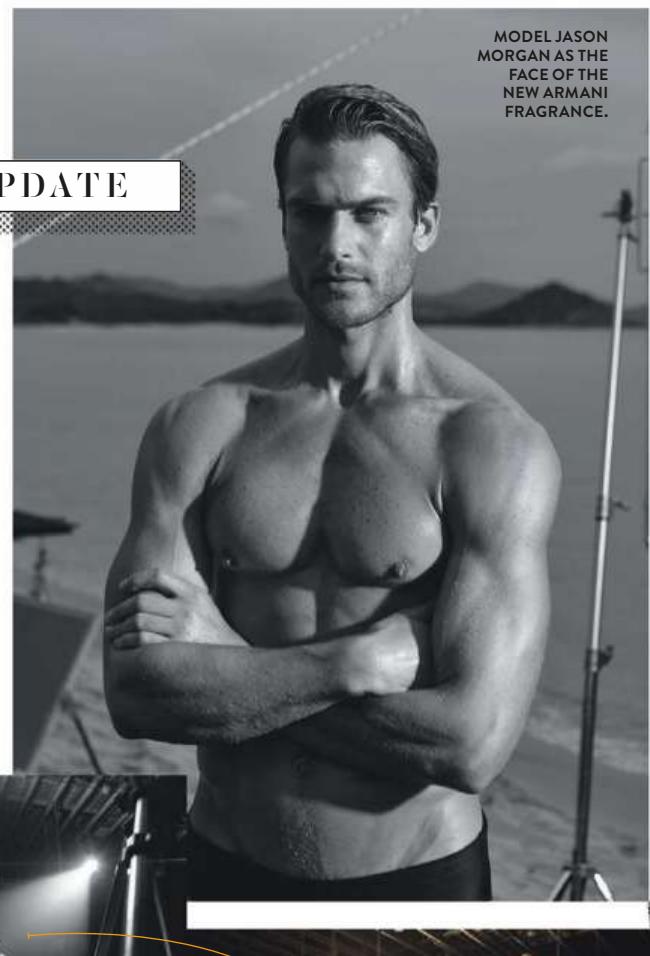
**9. TOMMY GUNS,
49 CHARLOTTE RD,
SHOREDITCH**

While chauvinistic early Bonds would have swerved a salon that caters for men and women, Daniel Craig's creation certainly wouldn't have a problem with it. The Shoreditch outpost of this salon – there's another in Soho –

has balanced traditional skills (and decor) with modern touches, a men's cut costing about \$90. And have a play with the Tommy Guns 'Moulding Texturing Paste' (approx. \$15; 50ml) if running low on product. tommyguns.co.uk

The Profumo Affair

Giorgio Armani's fresh and elegant 'Acqua Di Giò' scent has found an almost maniacally dedicated following since its release in 1996. Adding to the stable was always going to be carefully considered and the newly released 'Acqua Di Giò Profumo', \$150 (125ml), achieves the rare feat of impressively building on an original that many would describe as near perfect. Perfumer Alberto Morillas has encompassed the hallmarks of bergamot and marine accords then added strands of incense and mineral notes for a darker, more multi-dimensional result. American model Jason Morgan fronts the brooding campaign which will catch many an eye, but it's the scent that will immediately become part of your bathroom landscape. Perfect for evenings all year round. myer.com.au; shop.davidjones.com.au



MODEL JASON MORGAN AS THE FACE OF THE NEW ARMANI FRAGRANCE.

THE UPDATE



\$99

PRICE OF LAB SERIES' NEW 'MULTI-ACTION FACE WASH', 'MAXIMUM COMFORT SHAVE CREAM' AND 'PRO LS ALL-IN-ONE FACE TREATMENT' PACK. IT'S 2015'S BEST INVESTMENT.

THE WASH

In what ranks as one of the weirder exercises in crossover branding, Danish beer manufacturer Carlsberg has launched its own shampoo, conditioner and moisturiser. Each contains 250ml of the freeze-dried golden ale amid other ingredients such as vitamin B. We wish we were kidding and, yes, it ships worldwide. thirstforgreat.com



THE RAZOR

AESOP DOESN'T LAUNCH DOZENS OF PRODUCTS A YEAR, BUT WHEN IT DOES, THEY'RE WELL CONSIDERED. THE NEW, GOOD-LOOKING 'DOUBLE-EDGED RAZOR', \$105, IS SUBSTANTIAL IN HAND, THE POLISHED COLLAR IS TRIPLE PLATED WITH COPPER, NICKEL AND CHROME, AND EACH RAZOR COMES WITH 10 STAINLESS-STEEL MERKUR SOLINGEN BLADES THAT LAST BETWEEN THREE AND SEVEN SHAVES. [AESOP.COM](http://aesop.com)

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BRING
THE
QUIET



NEW LYNX BLACK
AN UNDERSTATED GROOMING RANGE

THE QUIET SIDE

GQ + LYNX®

PRESENT AUSTRALIA'S BEST BARBER SHOPS 2015

THE
NATION'S
TOP
BARBERS
REVEALED

+3

SLICK
SUMMER
STYLES &

HOW TO
MAKE
THEM
WORK
FOR YOU



DAVID
SMIEDT
GROOMING
EDITOR

In recent years, there has been an undeniable hair renaissance for Australian men. A new generation of stylists has not only resurrected traditional barbering skills but also added contemporary twists to old-fashioned elegance. The best modern barber shops are distinctively masculine, unfussy and offer services like cut-throat shaves reminiscent of a different era in men's grooming. It's for this reason that LYNX and *GQ* joined forces to present the inaugural *GQ* and LYNX Best Barber Shops. We've scoured the country to find the snippers who best exemplify this current trend. Just as old-school barbering skills have had a 2015 makeover, so too has heritage brand LYNX developed a new range of haircare that's fast becoming a modern staple. Here, our finalists.



The winner of the *GQ* and LYNX Best Barber Shops competition will be announced on GQ.com.au and Facebook on October 30, 2015.

HAIR BY PAUL ANTHONY

A NEXT-GEN STYLIST WHO'S REDEFINING THE LOOK AND FEEL OF MEN'S GROOMING.



PAUL ANTHONY
Having trained and worked in the UK, Anthony opened his salon in Sydney's Potts Point in 2013.

LYNX Black Casual Styling Clay



GQ: What was the inspiration for this look?

PA: Paul Anthony: The overall consideration was versatility, something that can be manipulated into different looks. I'm thinking here of a guy who can easily transition from the corporate world into more casual settings.

GQ: How do you re-create this look at home?

PA: It's important to start with a good haircut. By using the right amount of quality styling products and working with the natural flow of your hair, you can re-create most salon looks. The secret to success is less is more. Start with a lesser amount of product than you need then add more if necessary. You don't want to be removing product while styling.

GQ: What was it about LYNX Black Casual Styling Clay that you enjoyed working with?

PA: It's simple to use but the result is a high-end salon style. The clay provides a textured look with a pliable finish and has a light, non-oily feel. I like that it works on wet or dry hair and the scent is fresh and masculine. You also don't have to be a stylist to get the same results at home. It's very user-friendly.

GQ: Tell us a bit about your barbershop philosophy and what sets your salon apart from its competitors.

PA: A big part of my success is being my own customer, which enables me to understand what men want from a haircut. This includes taking into account their profile and head shape. We also try to make the experience relaxing with a complimentary Hendrick's Gin and cucumber cocktail.

hairbypaulanthony.com



MIX

Scoop a small amount of LYNX Black Casual Styling Clay on to fingertips and emulsify it by rubbing between palms.

RAKE

An emulsified product is easier to distribute evenly throughout the hair using a raking motion with your fingertips.

SWEEP

Don't rush the finishing touches. Sweeping it through from root to tip highlights the texture and delivers a laid-back look.



MIX

Use only a small amount of product – two fingertips will do – and blend it well so that you only add a thin consistent layer.



RAKE

Wait until hair is dry before applying LYNX Clean Cut Look Styling Wax. Start at the crown and work through to the base with a raking motion.



COMB

Brush back the sides and run a comb through the top of the hair to give the look a neat yet natural feel.

THE BARBERHOOD

LOCATED IN SYDNEY'S CBD, THIS SALON IS A PERFECTLY BALANCED MIX OF MODERN AND TRADITION.



BRYAN TISKA

Tiska has been plying his trade for nine years, specialising in blending and fading.

LYNX Clean Cut Look Styling Wax



GQ: What was the inspiration for this look?

Bryan Tiska: I wanted to create a 1960s preppy look, something traditional but with a contemporary element.

GQ: How do you re-create this look at home?

BT: It's always a good idea to pay attention to what your stylist is doing – that way it will be easier to replicate. Like anything the more you practise, the better you will get at doing this, so don't rush it the first few times. The process will become quicker, eventually, but for now those few extra minutes will be well worth it.

GQ: What was it about LYNX Clean Cut Look Styling Wax that you enjoyed working with?

BT: One of the best things about this product is its high-shine effect. Perfect for giving this style that retro feel, it's easy to apply and work consistently through the hair.

GQ: Tell us a bit about your barbering philosophy and what sets your salon apart from its competitors.

BT: Being located in the financial district, our customers have high expectations but don't have a lot of time. We've found that a mix of old-fashioned skills and hospitality – all clients are offered a glass of Chivas Regal, for example – has led to maintained loyalty. It's also about going that extra mile in terms of offering wet shaves with a custom-scented hot towel and a curated selection of products including items from Geo F Trumper and Taylor of Old Bond Street. That said, we are also very modern with items like a custom chesterfield sofa where customers can recharge their phones. barberhood.com.au

BARBER BLACK SHEEP

AS WELL AS HAVING A GREAT NAME, GUS LUNDT'S BRUNSWICK SALON IS A MELBOURNE MECCA.



GUS LUNDT

With a decade's experience, Lundt specialises in retro styles and military cuts.

LYNX Messy Look Styling Paste



GQ: What was the inspiration for this look?

Gus Lundt: I wanted to take elements from the past and update them to a look that was very now. I was aiming to create a style that was easy to manage and can be styled from work to play.

GQ: How do you re-create this look at home?

GL: After showering, towel-dry or leave hair to dry naturally then follow the steps we used in-salon: the raking of product back and forward followed by a circular motion and using whatever's left on your hands to smooth the sides. If you find that you're using increasing amounts of product, you're probably due for a haircut.

GQ: What was it about LYNX Messy Look Styling Paste that you enjoyed working with?

GL: It's easy to use and distributes quickly. In other words, it stays on your hair after applying and not your fingers.

GQ: Tell us a bit about your barbershop philosophy and what sets your salon apart from its competitors.

GL: Our motto is 'old craft new ways'. It's about selecting the best elements from the past and reinterpreting them. Our key point of difference is recognising how time poor many of us are and adjusting our working hours to suit the clients, not the other way around. We work until 8pm on Saturdays and are open all day Sunday. We make the haircut a worthwhile experience rather than just a task. And burning a custom blend of essential oils and offering customers a beer or cider all adds to that overall atmosphere.

facebook.com/barberblackshepaustralia



MIX

Use no more styling paste than will fit on a 10-cent piece. Rub between fingertips and palms for light, even coverage.

RAKE

Use a rake technique to apply LYNX Messy Look Styling Paste from front to back and back to front. Then move hands in a circular motion.

SPIN

To maximise texture, use a twirling, spinning motion with your fingers. This will also add a subtle curl that will stay in place all day.

THE LYNX GROOMING ESSENTIALS

WHATEVER STYLE YOU CHOOSE, LYNX HAS THE PRODUCTS TO TURN HEADS THIS SUMMER.



1. LYNX BLACK CASUAL STYLING CLAY

The new LYNX Black range is all about understated elegance. In the past few years, clays have come to the fore as a styling product that offers all-day stamina but still maintains a natural, touchable look. But as with all powerful entities, go easy. What's on offer here is a matt finish that's perfectly at home for corporate chic and offers medium hold that stays in place throughout the day without appearing stiff. In fact, it's actually reworkable so it can be touched up for a look that's pure old-school glamour or roughened up ever so slightly with the fingers for something a little more casual. Either way, we are talking impressive staying power and a multi-tasking product that makes it easy to change your look throughout the day or night.

2. LYNX CLEAN CUT LOOK STYLING WAX

This is a defining wax with a high-shine. Perfect for retro-tinged Mad Men styles, the wax formula provides structure and medium hold without the stiffness or brittle appearance of old-school gels. It doesn't quite have the staying power of a clay but it's not meant to. Keep a tub in the bathroom and another in your desk drawer for quick touch ups before that big presentation or after-work date.

3. LYNX MESSY LOOK STYLING PASTE
Like it says on the tin, this is all about delivering an unstructured look with a textured finish that maintains a sense of laid-back style. The stand-out feature is that the paste can be reworked so, if you don't like the way your hair is sitting at any point throughout the day, you can keep making adjustments until it hits that level of perfect messiness.

4. LYNX ANARCHY 2 IN 1 SHAMPOO + CONDITIONER

No matter what styling products you choose, it's vital you start with clean hair that has had any previous product washed away. Otherwise, you can end up with overload resulting in scalp flaking, dandruff and hair that just plain won't behave. This shampoo will get the job done quickly and gently while the conditioning agents allow you to multi-task your grooming routine. Smells good too. Throw one in the gym bag and you're good to go.



LYNX BLACK STYLING CLAY
THE NATURAL LOOK



MOTOR



THE SILVER BULLET

INTRODUCING ASTON MARTIN'S DB10, A CAR THAT TRUMPS PUSSY GALORE AS BOND'S MOST EXCLUSIVE AND PRETTIEST PLAYTHING.

WORDS STEPHEN CORBY

It may or may not turn out to be the greatest car chase ever committed to film, but there's already no doubt 007's latest effort in *Spectre* is the most exclusive, and most beautiful, car v car battle of all time.

As director Sam Mendes explains, it's a cat and mouse game through Rome's night-slick streets at stupid speeds, "with two of the fastest cars in the world, neither of which you've ever seen before."

Mendes – or perhaps it was Bond – must have a lot of sway at Aston Martin, as the company designed and hand-built a car for him, the futuristic sliver of silver that is the DB10. Then it delivered just 10 of these bespoke beauties to the set to be his new toy.

This unique Aston will never be sold to the public and only really exists in celluloid, or digital, form, for our enjoyment.

The DB10, dubbed by Mendes as his "first cast member", was powered by the company's delicious 4.7-litre V8 engine and is essentially a beautified version of the marque's Vantage.

Its makers say the filmic version "gives a glimpse to the design direction for the next generation of Aston Martins".

Bond drives the Aston – as he has, on and off, since the DB5 in 1964's *Goldfinger*; the model Mendes used as the touchstone to create a new poster car for 007 fans.

"My interpretation was that Sam was talking about a brand-new DB5," says Aston's design director, Marek Reichman. "The DB5 is pure, it's simple, it has a grille to die for. It's a scalpel not a kitchen knife. Sam wanted this to be Bond's simple, pure Aston Martin."

Because no vehicle, with the exception of another English invention, the Lotus Esprit submarine/car from *The Spy Who Loved Me*, better represents the relationship between the uber-man and his machine. One nice touch to make it even more visceral is that the DB10 eschews flappy paddle automatics for a traditional manual gearbox.

And, naturally, the new Aston also shoots hefty flames out the exhaust – hot stuff, in every way. ■

THE SPECS ASTON MARTIN DB10

Taking cues from the Vantage, its skeleton and skin is now bigger, and prettier.
4.7L V8
316kW/490Nm
0-100km/h: 3.2s





THE SPECS

JAGUAR

C-X75 1.6L

Supercharged and turbocharged engine mated with two highly-powerful electric motors. 633kW+ at 10,000rpm, plus 1000Nm. 0-100km/h: 2.8s

A Villainous Brit

Apparently, it's good to be bad. So says Jaguar, and the marque's tagline has never been more apt – with *Spectre* villain/henchman Mr Hinx behind the wheel of the bonkers C-X75.

Where once Bond villains were lumped with a van (hello, Jaws) – OK, Goldfinger did drive a 1937 Rolls-Royce Phantom III Sedanca de Ville – things are clearly on the up, with Jag's new Bond association.

Often described as a science project on wheels, five C-X75s were built for the film by the Williams F1 racing team, at no doubt great expense.

The ridiculously spacecraft-like, money-can't-buy supercar actually debuted at the 2010 Paris Motor Show – powered by jet turbines instead of an engine.

Then a year later, Jaguar and Williams announced plans to produce 250 of the all-carbon-fibre beasts, at about \$1.5m each – before realising they'd gone mad and reassessed. The project – coined to celebrate Jaguar's 75th anniversary – is now one of continuous development, with C-X75 a rolling testbed for future tech (and 007 movies).

The micro-gas jet turbines (Jaguar still believes they're a realistic future form of propulsion) were eventually ditched for a hybrid with a 1.6-litre engine and some powerful electric motors. Such an option was considered emasculating for a Bond villain, so,



FIVE C-X75s WERE BUILT BY THE WILLIAMS F1 RACING TEAM, AT NO DOUBT GREAT EXPENSE.

supposedly, filmmakers wedged a 5.0-litre supercharged V8 under the sleek bonnet.

Jaguars have, in fact, appeared in all Daniel Craig Bond films (remember *Casino Royale*'s leaky-eyed Le Chiffre in an XJ8). And before that, a Jaguar XJR equipped with rocket launchers in the doors, machine guns in the front grille and mortars in the boot did some spectacular ice dancing with Pierce Brosnan in *Die Another Day*.

Rumour has it Jaguar paid the Bond franchise a wad of extra cash to ensure no C-X75s crashed or exploded in *Spectre*, but when we enquired about such a thing, a Jag spokesman started talking into his watch and then disappeared in a cloud of smoke. ■

THE OTHER PLAYERS

SPECTRE TRAILERS REVEAL A CAR CHASE WORTHY OF TWO SUCH FIERCE COMBATANTS AS THESE ONE-OFF MASTERPIECES. BUT FOR ANYONE WHO PREFERS THEIR CAR ACTION DOWN, DIRTY AND COVERED IN MUD, LAND ROVER ALSO SUPPLIED CARS FOR THE FILM, BUILT BY ITS SPECIAL OPERATIONS DIVISION AND FITTED WITH 37-INCH OFF-ROAD TYRES FOR TACKLING EXTREME TERRAIN. BOND CALLED FOR A FEW RANGE ROVER SPORT SVRS TOO, WHICH IS THE FASTEST EVER OFF-ROAD LAND ROVER, WITH A 4.7s 0-100km/h. RIDICULOUS, WE SAY.

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DRIVING

Mazda explains the philosophy of its two-seat tearaway with the Japanese phrase *Jinba itai*, which means 'horse and rider as one'. In the case of the MX-5, it must be a small horse, perhaps a pony. At only 1009kg, it's almost the same as the original of 26 years ago. Light, darty and playful in the hands, it's a lot of fun. OK, it's no speedster, but is up there with the best in terms of seat-of-the-pants feedback it gives, how slickly it changes direction and how direct the steering is. So good, some people would happily pay twice the price for the pleasure.

PRICE/DELIVERY

Prices have dropped significantly over the model it replaces – not because the company likes making less money and seeing its customers happy, rather, Toyota and Subaru's 86/BRZ twins have reset expectations of what rear-wheel-drive sports car fun costs. The entry-level 1.5L is an undeniable bargain at \$31,990, but even the 2.0, from \$34,490, is historically cheap for this much MX-5.

INTERIOR

The MX-5 is not a car for tall men – with the smallest of cabins. Gents under 190cm will enjoy the wind ruffling your hair, but any taller and a hat won't stay on without an unsightly chin strap. It's classier and cooler than some of the drab older models and comes with ingenious speakers in the headrests, so Bluetooth calls with the roof down are now a goer.

STYLING

The exceedingly friendly Japanese fellow in charge of the MX-5 project, Nobuhiro Yamamoto, humbly calls the MX-5's new looks "a design that will set any heart pounding with excitement" adding that the car's traditional smiley face is still there, you just have to look closer. The biggest visual difference is in the headlights, which used to look wide-eyed and amazed, and are now menacing, though just about every line on what was a very round car now has more edge to it. A quantum leap in looks, and one in the right direction.

ENGINE

Initially launched with a hard working but slightly hill-shy 1.5L engine (no passenger onboard though, no problem), making 96kW/150Nm, but a more invigorating option is imminent. The 2.0L version bumps performance up to 118kW/200Nm and cuts the 0-100km/h by a second, from 8.3s to 7.3s. It might make the car slightly nose-heavy, and lightweight purists will go for the smaller engine, but the extra grunt is worth it.

THE GQ TEST-DRIVE

MAZDA MX-5

Believe it or not, the Mazda MX-5 has always been a guy's car, with men making up 70 per cent of buyers in Australia, and only a snippet of that figure actual hairdressers. Probably. Yet its reputation for being a girly vehicle – based on the fact it looks like a happy-faced jelly bean on wheels – is now a thing of the past. The newly-launched MX-5, the fourth generation since its 1989 birth, is an edgier, meaner-looking machine with added masculine sex appeal that's more fun to drive than ever before.



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GQ'S RULES OF RIDING

→ DON'T BE A DICK – THERE'S NO ROOM FOR ERROR, SO KNOW YOUR LIMITS AND KEEP THINGS SAFE.

→ NEVER WEAR SHORTS AND A SINGLET, GET SOME LEATHERS, BECAUSE YOU WILL COME OFF, AND IT WILL HURT.

→ AVOID BUYING A SCOOTER, BECAUSE THERE'S SOMETHING INHERENTLY UNSEXY ABOUT A MAN SAT WITH HIS LEGS TOGETHER.



REAL MEN RIDE MOTORBIKES

TIME TO CLIMB
ON BOARD
AND FEEL
THE WORLD
REVOLVE
AROUND YOU.

warriors are the worst) is currently red-lining. Yep, handcrafted and customised jobs by Deus Ex Machina and Kott, as well as off-the-shelf Harley-Davidsons and face-melting Ducati monsters now increasingly common sights on our roads.

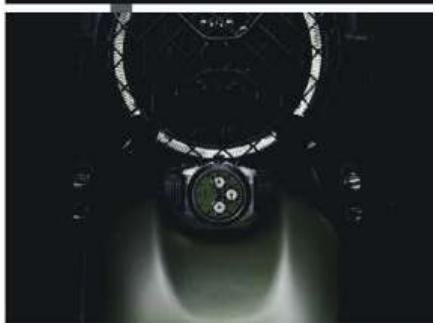
In Queensland, motorcycle registrations more than doubled between 2001 and 2010, while in Victoria, five per cent of licensed drivers also hold a motorcycle permit – and both stats are mirrored throughout the country.

But what's the appeal? Short of texting Becks, spend time on a road with a great set of curves and no longer will you feel the bend on a motorcycle – hitting the right amount of throttle to carve the perfect turn as the background becomes a blur and the horizon ceases to exist as a flat base reference since the road reaches up to meet the sky. As Jack Nicholson's *Easy Rider* character George Hanson eloquently chimed: "What you represent to onlookers is freedom."

Hipsters and cool kids are key to the reclaimed interest in bikes. With a burgeoning customisation market that's embracing old-school elements of design, brands like Ducati have entered the fray, in the form of latest model, The Scrambler. Combining cutting-edge tech with racing heritage and classic detailing, get it in yellow.

When it comes to connecting with tarmac, true bitumen bros know a bike beats a car hands down. And it's the most (if not more) fun a man can have outside the bedroom: the wind, the speed, the whiff of petrol, the vibrating loins, the injection of adrenaline. Easy.

Australians' appetite for belting about on two wheels (not scooters, and Lycra-wearing weekend



Ducati has shared a partnership with Swiss watchmaker Tudor since 2011 and the latest collaboration is a unique edition of Tudor's 'Fastrider' collection. Inspired by the new Ducati Scrambler, it marries racing heritage to accurate Swiss timekeeping. Stainless steel 'Fastrider' watch, \$4850, by Tudor. tudorwatch.com; ducati.com.au



A N A G E N T

F O R

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PHOTOGRAPHY RANKIN WORDS RICHARD CLUNE

AS **BOND,** HE'S A CLEAN-CUT COLLECTION OF CALM AND COOL. THE MAN BENEATH THE TUX, WELL, **DANIEL CRAIG** IS NOT QUITE AS EXPECTED. AND THAT'S A DAMN GOOD THING.

“You fuck one lousy pig!”

To be clear, Daniel Craig’s simply dipped into a bag of British idioms – there’s been no muddy hanky-panky with a certain swine. Bent forward and chuckling heartily at his own words, he fails to complete the expression, ‘forever a pig fucker you’ll be.’

It wasn’t quite what we thought we’d hear from the mouth of the best ever Bond (fact).

He’s meant to be a churlish ‘actore’ – a prick, a grump. He’s meant to view those carrying dictaphones with disgust, far from garrulous and ever wary of his words.

Yet here, on a sunny English day in a sunny London hotel suite, Craig’s picking off such misconceptions with each utterance and a sense of personal ease.

“Water?” he asks upon sitting down, before reaching across a low wooden coffee table to pour a glass of still for *GQ*.

The casual mood is matched by his attire – tight navy bomber, light chambray shirt and nondescript jeans rolled up over grey desert boots.

Initial chatter dissects the Ashes – “yeah, it’ll be alright” – the surprisingly warm weather and a collective desire to take the interview to the hotel roof over a couple of beers.

He laughs a lot, often at his own expense. Then there’s his northern vernacular – a rapid-fire volley of fucks that’d leave Ron Jeremy breathless.

It’s refreshing. And comforting. For all the reputed loftiness, 47-year-old Craig turns out to be quite an easygoing Brit. He doesn’t suffer fools, but then fools should rightly be rumbled. As for his approach to the press – cue that pig.

“Anyone who enjoys this process has a screw loose,” he says of the enforced interviews attached to being an A-list actor, specifically Bond. This morning, prior to squaring off with *GQ*, he’s already engaged the obscure questioning that comes from round tables packed with global media where, alongside some pointed dissection of his work, conversation was mostly centred around the superficial: stunts, celebrity, sex.

“We could all do without it, to be honest,” he continues.

It’s not that he loathes talking about work, he’d just prefer to discuss it with people who do as he does.

“And realistically we have to sell the movie – doing all this work and not selling the movie, well, I’d be a chump to think that would work out.

“Put it this way, it doesn’t come naturally. When I started acting, this is not how I foresaw what and how – you know, ‘what do you mean fucking go and talk about it? I’ve just done it, why do you want me to go and fucking talk about it?’”

He points to those who are good at it – the Jimmy Fallon regulars who have set-piece stories for each of life’s situations. He’s not that guy.

“I’m a fucking terrible public speaker, I’m the worst ... And [the studio] won’t let me do it, you know, ‘Hello, yeah it’s good, thanks.’

“I don’t give a fuck [about public perception], why would I? And it’s a misconception, as most journalists who meet me end up going, ‘God, you’re not grumpy at all.’

“Look, a while back there was a [Bond] press conference I did where they flew me down the Thames and I came out and the world’s press was there and I was like, ‘what the fuck is this?’ Then someone stood up and asked, ‘Who’s a better kisser – Rhys Ifans or Kate Moss?’ And I just went, ‘FUCK OFF’. That set the tone.” He recoils into the turquoise chaise longue laughing at the recollection. “From that moment on I was *that* bloke, that was it ... You fuck one lousy pig!”

To interview Craig is not to waste time delving into upbringing, attempting to unspool a classic ‘desire to escape reality via acting’ narrative.

His personal tale, as told before and as it stands today, reads simply: born in Chester, raised in and around Liverpool, at 16 he made his way to drama school (“I got a full grant – which is fuck all, but it made a difference, I got through college”), finding gradual recognition for character work in theatre, TV and, eventually, independent film.

In discussing Craig’s early years many point to the acclaimed 1990s sociopolitical TV saga, *Our Friends In The North*, where he shone alongside Christopher Eccleston (*Shallow Grave*; *Doctor Who*) and Britain’s most underrated actor, Mark Strong (*The Imitation Game*; *Kingsman: The Secret Service*).

“How long do you have?” enquires Bond co-producer Barbara Broccoli (daughter of original producer Albert ‘Cubby’ Broccoli) when asked of Craig’s central appeal. “I remember seeing him early on in *Our Friends*. When Daniel’s on screen or stage, he eats it up and you can’t take your eyes off him. He’s charismatic, magnetic and brings so much depth to everything.”



Back to Craig's timeline. He wed actress Fiona Loudon in 1992, they had a daughter, Ella, and divorced in 1994. Then, in 2011, he married British actress Rachel Weisz, whom he'd worked with in the thriller *Dream House*.

The couple now divide their time between London and New York, where he travels by subway with the aid of a low-slung cap.

"The traffic gets so bad sometimes – it's the only way to get about."

That he has to sport occasional headwear – paparazzo shots suggest a leaning towards newsboy styles – is Bond's fault.

It was in 2005 that Craig, then 38, and best-known as the guy who *didn't* screw Sienna Miller in *Layer Cake*, was named the latest to play the famed British agent. The announcement was greeted by a mixed chorus of support and hostility.

First outing, *Casino Royale*, quickly quelled any disquiet. A triumphant return to Ian Fleming's source material, it presented a multi-faceted central character – Bond as a man of emotion, brutal masculinity and reflection. The film claimed a BAFTA from nine nominations and secured \$840m at the box office.

Quantum Of Solace arrived in 2008. It was less satisfying, though that wasn't due to an attempt – for the first time in the franchise's history – to build on the plotline of the previous script, with Bond seeking revenge for the death of *Casino*'s Vesper Lynd (Eva Green).

Then came *Skyfall*, a 2012 piece that saw Craig call on friend Sam Mendes (the pair worked together on *Road to Perdition* a decade earlier) to fill the director's chair. The film proved Javier Bardem's at his best avoiding clichéd quasi-European romantic roles, thrilling as a deranged, menacing type. It also went on to become the highest-grossing British film of all time – raking in over a billion dollars from a \$283m budget.

"That's brilliant, but then you go, 'what the fuck is a billion dollars?' I can't conceive how many fucking tickets sales that is, I could probably look it up, but I'm not going to, I've better things to do."

And a better Bond to make.

"That's the way I am. [I think], 'are you here to make it good or to make it fucking brilliant?' The latter is the answer, but then how do you get there? You have to push and push and push."

Craig admits to "butting heads" with Mendes on *Skyfall*, though they found a happy place working on *Spectre*. "Massively, yeah, and he'll admit that too. I guess we were both nervous [being a first Bond for Mendes] and we were tense; I was pushing him and he was pushing me. Not to get a rise but just, 'Is that fucking good enough? Is it? Is it?' Sam's a good mate, my best mate, he really is, because we came through this traumatic period trying to get *Skyfall* done."

That's not to say this, the 24th instalment, was without stress.

"It was two years of work – we went from nothing to build *Spectre*, and I took time off to get involved with that. I knew the script and story inside out by the time we started shooting and we were tinkering with it right up until the end, we didn't stop."

Spectre is the biggest Bond production yet – a rumoured \$300m spent across four locations (Britain, Austria, Italy, Mexico) with first and second production units on each. As with all films in the spy series, scripts remained tightly guarded – that's if you chose to overlook this year's Sony hacking scandal, which fed the internet with juicy morsels of information from emails between various studio execs.

We won't indulge such hearsay – there's nothing to savour without surprise – though the ongoing safeguards around *Spectre* meant signing a stack of documentation before getting close to the production, even if that's to interview Craig and only witness several extended teaser trailers and behind-the-scenes clips.

What we do know is Christoph Waltz (*Inglourious Basterds*) delivers thrills as maniacal, Germanic villain Franz Oberhauser, that Rome hosts one of the most anticipated car scenes since *Bullitt*, and that Monica Bellucci is still stunning at 50.



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As for James, he's working through some issues.

"Shit happens, it's a Bond movie, but he's in a pretty good place," says Craig. "What we did with *Skyfall*, or what Sam successfully did with *Skyfall*, was, in spite of the fact we had quite a sad story with the demise of M [Judi Dench], the end of the movie was sort of a beginning – we reintroduced Moneypenny [Naomie Harris] and Q [Ben Whishaw] and we have ourselves a new M in Ralph Fiennes. We sort of swept the boards and started again."

Spectre's scripts were a stand-alone build – not lifted from specific pieces of Fleming's work.

"We had to think of something original as we didn't have a book to go on, just lots of source material. The plot's incredibly collaborative and I didn't stop bothering people [about it]. I'd often call Sam at 3am with ideas – brilliant ideas."



Dark blue cotton jacket, POA, by **Belstaff**; white cotton T-shirt, POA, by **Orlebar Brown**; dark blue cotton jeans, POA, by **Frame at Mr Porter**; sand suede desert boots, POA, by **J Crew**.

“THAT’S THE WAY I AM – [I THINK], ‘ARE YOU HERE TO MAKE IT GOOD OR TO MAKE IT FUCKING BRILLIANT?’ THE LATTER IS THE ANSWER, BUT THEN HOW DO YOU GET THERE? YOU HAVE TO PUSH AND PUSH AND PUSH.”

The aforementioned fun came from Craig’s continued coupling with Mendes and the opportunity to work closely with the newly-extended cast and crew.

“Why I wanted Sam to do the next movie was because we’d started something, a relationship, we’d got somewhere. I was keen for him to do *[Spectre]* as I felt we could go further and we have – we pushed and challenged each other and collaborated massively, with only one intention, and that was to make the film good. Being relaxed about that on set with the director means everything’s fun – Ben and Ralph were relaxed, they’re great actors, and it also meant we could improvise a bit and make the film better than what was on the page.”

Conversation meanders into what distinguishes Craig’s Bond from what’s gone before. The cerebral nature of his James is well referenced, though as he sees it, such depth is but a by-product of how he works.

“The way I’ve grown up acting is I look at a part and go, ‘What’s he about, what affects him, how is that and what is that.’ That’s how I approach it and I don’t know how else to act, I just don’t know how else to do it. It’s not a deliberate thing to add psychological depth, it’s just...” he breaks off. “It’s interesting, he’s conflicted about what he does.

“What’s happened with the four movies I’ve done, which is different from the past, is the character changed between each movie because it was the same character – so *Casino* led into *Quantum*, which led into *Skyfall* which led into this movie. That’s not been done before. In other movies you meet James Bond and he’s in a situation, he does his stuff and that’s it. It’s not deliberate, I just don’t know another way and that’s how the scripts have progressed, continuing the story. Whether that’ll always happen, I don’t know, but it seemed the right thing to do. So he got older and slower maybe – he changed properly as I have.”

Navy bomber jacket,
POA, by **Z Zegna**; white
cotton T-shirt, POA,
by **Orlebar Brown**;
blue cotton jeans, POA,
by **Brunello Cucinelli**.



Ultimately, Craig likes that his 007 has elicited a strong public response – one that views the franchise with a renewed sense of celebration.

“It’s great that people have reacted the way they have – they appreciated it and got what we were trying to do. And nothing beats that when you’re in this business.”

Still, with audience applause comes great expectation. And pressure. Does he feel it?

“When I first started these movies I didn’t know any better – I was naïve and didn’t worry about a great deal, I just got on with it. As they went on, the pressure built. People thought *Casino* would bomb, it was a massive success and they were like, ‘What are you going to do now?’ *Quantum*, OK, it was difficult and a huge amount of pressure, but then *Skyfall*, again, ‘What are you going to do now?’ Well, we got Sam on board and it suddenly became a bit easier...”

He trails off. Something in the room has caught his eye.

“Fuck me, look at that huge spider.”

What, that tiny arachnid slowly walking across the parquet floor – the type that’d be carried off by a Queensland mosquito?

“Well, OK, it’s not really that big is it. Oh noooo, it’s not a fucking Australian spider is it. Ha, I knew you’d say [he delves into a coarse Australian accent], ‘It’s not huge mate.’ Well, it is for here. I knew that would get a rise, I fucking knew it [laughs].”

James Bond, scared of tiny spiders. This is writing itself. *Craig cowered on his plush hotel couch in fear of a small spider!*

“Yeah just write that, fuck it.”

Intrinsically linked to the Union Jack, James Bond’s long been upheld as an unofficial British ambassador.

Originally conceived at a time of post-war austerity, it’s been said he represented, beyond Queen and country, the better times to come.

Then, to coincide with the 50th anniversary and release of *Skyfall*, he was directly adopted as frontman for an international British tourism campaign – ‘Bond is Britain’ read the million-dollar tagline.



“THAT’S THE QUESTION ISN’T IT – DO YOU LEAVE THE PARTY EARLY OR DO YOU STAY AND GET PISSED ON THE FLOOR? IT’S A BIG DEBATE AND AT THE MOMENT I JUST DON’T KNOW.”

This angle is lost on Craig. He didn’t sign up for it and certainly doesn’t think it’s been a mark of his tenure (despite that ‘small’ stunt at the opening ceremony of the London Olympics – global audience, 900 million).

“You can become a British diplomat if you want, but I haven’t. And I certainly tried not to. As I said, I’m terrible at making speeches so I’d be useless in that role: ‘You’re all a bunch of c**ts – wayhay, I’m out of here.’ See, that’s my intellect when I get up there [in public], that’s all I want to say. I have that little voice inside my head yelling, ‘Go on.’”

Whether Craig does go on remains the big question mark over Bond. While Broccoli laughs at any such suggestion, not wanting to envisage a day without Daniel, what of the continual rumours? Will Idris “too street” Elba become the first black Bond, Damian Lewis the first ginger?

Craig says he’s unsure of his next move.

“That’s the question isn’t it – do you leave the party early or do you stay and get pissed on the floor? It’s a big debate and at the moment I just don’t know.”

Though surely Kanye’s not going to get a guernsey?

“Is that the new one? Fuck it, yeah, get him in now. You know Roger Moore’s also 200-1? So too David Beckham. Whatever. On the list of my priorities this is not even near the bottom.”

Still, the feverish and continual speculation points to the strong popular embrace of modern-day Bond.

“And I love the fact people think I should have a say in things, that I should anoint somebody. I mean, who am I, the fucking Pope? Fucking hell, in what world is that normal? I wouldn’t want to be [involved in the selection of new Bond]. You know, I’d wish them good luck and say don’t fuck up – that’s basically the advice I was given.”

While he tends to avoid viewing his performances, Craig will catch *Spectre*, once (“I hate watching myself – when it’s done, it’s done and there’s nothing I can change if I don’t like myself”). Beyond that, priorities are framed around reconnecting with family, friends and his couch.

“I’ve been away from the family for a year and that’s too long. I just want a holiday, you know, there were days on this that I was out of my fucking mind with tiredness. So, I’m excited to head home, it’s as simple as that. And other shit needs doing and all that stuff. Life. When it comes to future work, apparently the roof needs fixing.”

“I’ll be at the bottom yelling orders, hopefully with a big balloon of brandy. My life is a little more complicated than lying in front of the TV with a pint, OK not much more, but I just want to relax, see family and friends.”

Brandy, hey?

“I used to drink everything. Not anymore, because I like longevity in a drinking session and if I start mixing drinks too early, it’s all over. So I’d happily stick to beer all afternoon and then if I’m being really stupid, at 10pm, I’d be like, ‘Let’s have a brandy.’ And then it’s all fucking over.”

“Of course I can’t publicly do it and I mourn that, because it’d be nice to go and have a proper afternoon in the pub. But you can’t anymore because everyone has a fucking phone and it doesn’t matter who you are, they think it’s OK to take pictures of mates when they’re smashed. Now, in my book that’s a fucking death sentence, certainly among my group of friends, and it always has been.”

“I mean, posting it so your mother can see it? That’s the end of the relationship as far as I’m concerned – you’re a complete twat if you do that.”

So how about that beer then? “Yeah, go on.” ■

Spectre is in cinemas November 6



THE WORLD IS A DANGEROUS
PLACE. AND PEOPLE DO
DANGEROUS THINGS. BUT WHEN
DISASTER STRIKES (NATURAL OR
OTHERWISE), A NEW BREED OF
COMPANY WILL GET YOU OUT
ALIVE – IF YOU CAN AFFORD IT.

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Kathmandu, Nepal

In retrospect, the choice to book a ground-floor room was a sound one.

On Saturday, April 25, Andy Fraser lay in bed at the Rokpa Guest House, a modest three-storey hotel in Nepal's ancient capital, a city of one million sunk in a valley bordered by the Himalayan range. Fraser, a powerfully built 38-year-old British wilderness paramedic with a shaved head and prominent brow, had arrived a few weeks earlier for an extended business trip. A lifelong adventurer, he'd cut his teeth in London's frenetic ambulance service, taught English at a salmon farm on an island off Chile, and spent six months treating snakebites at a clinic in rural Zambia. Recently, though, things had changed. He'd gotten engaged to another British paramedic, Becky, and with the big 4-0 approaching, he'd decided it was time to find what he called "a real job".



Everest Camp One

THIS FISHTAIL AIR HELICOPTER IS ONE OF A LIMITED NUMBER CAPABLE OF FLYING AT HIGH ALTITUDES IN THE HIMALAYAS. AFTER THE NEPALESE EARTHQUAKE, IT MADE DOZENS OF FLIGHTS TO TRANSPORT MORE THAN 100 CLIMBERS TO BASE CAMP.

He'd sought out a position with Global Rescue, a private crisis-response firm, and in his first year on the job was dispatched to Nepal for the Himalayan climbing season. Global Rescue, which positions itself as a nimble eject button for those who frequently find themselves in tough spots, has in the past decade established a lucrative client base of large corporations, government organisations, hunters and adventure travellers. The company has offices in New Hampshire, Massachusetts, Pakistan and Thailand, and a staff that might make some countries' armies blush. Its roster of 200-odd employees includes wilderness paramedics and former military personnel, some of them ex-Special Forces and Navy SEALs.

The company's Nepal posting is a busy one. Every spring, climbers and trekkers, many of them Global Rescue clients, come to test their mettle in the Himalayas. In 2013 and 2014, the company evacuated 28 clients and repatriated the remains of three more who perished in the mountains.

So far, though, it had been a quiet month. The mountaineers were acclimatising on the lower regions of the Himalayas' iconic peaks: Makalu, Lhotse, and Mount Everest. Fraser's job in Kathmandu was to assist members in need of medical care or evacuation. He called Becky around noon on Skype, as she was waking up in England. The couple said good morning, then Fraser's room began to move. It was a steady, primal roll, like a turbulent ocean. "Holy shit," said Fraser to his fiancée. "I think there's a fucking earthquake." Then the wi-fi connection died.

He fell off the bed, pulled on a shirt, hurtled out and started banging on doors, yelling at his neighbours to leave the hotel. The floor lurched, the walls swayed. Fraser sprinted for the door, assuming the building was coming down. When he reached the lawn he started screaming up at the hotel's windows, 'Get out!'



 **Kathmandu, Nepal**

RESIDENTS SCAVENGE THROUGH THE RUBBLE OF DESTROYED HOMES FOUR DAYS AFTER A 7.8-MAGNITUDE EARTHQUAKE HIT NEPAL, WHICH KILLED MORE THAN 8000 PEOPLE.

Staffers and guests ran out of the building and onto the lawn. Fraser was shocked the Rokpa didn't collapse.

This had been a long time coming. The last major earthquake in Nepal took place in 1934, an 8.0 tremor that flattened Kathmandu. Before that Saturday in April, seismologists had been warning of another 'Big One' for years. Noting Kathmandu's dense population centre and the country's poor infrastructure – Nepal is currently ranked 145th out of 187 on the United Nations' human development report – some observers predicted as many as 100,000 deaths in the event of another 8.0 tremor. At 7.8, the quake that struck on April 25 was smaller than many anticipated.

But it was shallow, causing violent shaking on the surface. And at two minutes long, the quake's duration was the seismic equivalent of a Jimmy Page solo. When it stopped, Fraser heard screaming. He sent a message to Hassan Anderson, a colleague in Global Rescue's Bangkok office, via Line, the free communication app, saying, "Big earthquake here."

Bangkok, Thailand

When the message arrived, Anderson, a 45-year-old paramedic from Philadelphia who, like Fraser, sports a shaved head, thought he was joking. He'd been a Navy reserve corpsman for nearly a decade and later worked as a paramedic in Afghanistan. His days were now spent on the 22nd floor of a high-rise in Bangkok's business district, at Global Rescue's Thailand Operating Centre, a large space for 20 full-time employees complete with a medical equipment room and two rows of eight desks that sit in front of a panel of flatscreen TVs playing a steady stream of world news. The wall of light presented no news of an earthquake, so Anderson replied: "Stop farting."

Then news of the disaster broke on television in Bangkok. Kathmandu's cellular network went down, overloaded by the volume of calls, and Line stopped working. On cue, Global Rescue's phones lit up. Uber, a corporate client, had three employees in Kathmandu. Another corporate client called – a climber was on assignment for a magazine. Another call came from Virginia Commonwealth

University in Qatar, which had staff in Nepal. Two Global Rescue analysts began sifting through Twitter feeds from Everest climbers they'd been following. But there was precious little to report. Wi-fi was down in Kathmandu, cell phone service was sporadic, and satellite phones went in and out.

By 7:15pm that Saturday in Bangkok, Anderson had fielded 10 calls. Over and over he recited the emergency responder's rote reassurances: Be patient, it's a fluid situation, we'll keep you updated. Before bed, one of his bosses, operations supervisor Steve Bright, called and told him to pack a bag – he was going to Kathmandu.

Los Angeles, California

The company's founder and CEO, a former Wall Street executive named Dan Richards, awoke on Saturday morning to numerous voicemails. He was on holiday in Los Angeles; back in Boston and New Hampshire, his team was awake and scrambling. Analysts eventually determined that at least 100 clients were in Nepal. Their specific locations, though, were less clear. Climbers on Everest

were moving slowly up the mountain, spread between Base Camp, at 5364m; Camp One, at 6035m; and Camp Two, some 600m higher. Early Saturday morning in the US, the first reports emerged of a massive and deadly avalanche of rock and ice at Base Camp. Richards had no idea if his clients were among the deceased. He contacted his associate director for security operations, Scott Hume, who then instructed Drew Pache, a security operations manager for Global Rescue and former US Army Special Forces operative, to leave the New Hampshire office and get on a plane for Kathmandu. Richards was concerned about Fraser – Kathmandu was still rumbling with aftershocks.

In an age when travellers can land in Paris or Jakarta and book a ride with Uber before the plane reaches the gate, Global Rescue's existence hardly seems remarkable. Why shouldn't we be able to hire private armies to ensure our safe return home from holidays? Fast convenience has never been so valued and Global Rescue represents a logical extension in the app era: security guaranteed with the click of a sat phone. That's what the company sells, anyway, absolute control in situations that are by definition, uncontrollable. The truth is slightly more complicated. "It's a bit like a swan in the water," says Fraser. "It looks graceful on the surface, but underneath, the legs are going crazy."

The fact that well-heeled travellers can summon ex-Green Berets and wilderness paramedics almost instantly can present an ethical conundrum. The places where Global Rescue operates are often poor and short on resources; the company's business model is predicated on delivering goods and services to its clients first. It makes an effort to help locals when possible, but as Richards puts it, "We're not the Red Cross. We don't have the ability to just deploy our services to people who haven't paid a membership fee."

A graduate of Dartmouth's Tuck School of Business, Richards founded Global Rescue in 2004 following a successful career as a private equity adviser at Thomas Weisel Capital Partners. He saw a niche that needed filling. At the time, companies like International SOS provided risk assessments to big corporations sending employees overseas, while travel insurance companies allowed customers to file for reimbursement for services like evacuation or lost luggage.

Groups like MedjetAssist, meanwhile, provided evacuation services from international hospitals. But there wasn't a company with the capability to quickly dispatch both helicopters and security personnel to hard-to-reach places – something Richards realised while researching investment opportunities in the crisis-response industry. "When you call the cavalry, you expect the cavalry to show up," he says.

Richards soon hired five paramedics with military experience and negotiated a partnership with the Johns Hopkins Department of Emergency Medicine to provide clients with remote medical consultations. He started reaching out to helicopter companies and current and former military personnel around the globe that he could

hire on a contract basis. He then began to sign up corporate clients that paid hefty annual fees for memberships that included evacuation privileges.

The State Department, NASA, and Uber soon agreed to similar deals. So did many publishing companies. In the past five years, Global Rescue has become the safety net of choice for adventure travellers, many of whom opt for the company's two-tiered membership program for individuals. Medical coverage costs \$455 a year, while medical plus security runs to \$900. It's something like NRMA – most clients won't need the insurance, but for those who do, the cost of their evacuation is covered. The American Alpine Club offers a limited Global Rescue service to all its members, though ask a climber if they've heard of Global Rescue and chances are they'll produce a membership card.

Richards built Global Rescue into a juggernaut. "They changed the industry and made the existing players look at their offerings and make adjustments," says one veteran crisis-response official. But the CEO also developed a reputation as a competitive and hard-driving boss. In 2011, five high-ranking employees, including two vice-presidents, left the company within a month. The VPs,

a former US Army Ranger named Tom Bochnowski and former Navy SEAL Ted Muhlnier, soon started a competing outfit, Redpoint Resolutions. Based in Silicon Valley, Redpoint packages medevac services alongside travel insurance – you can call them in the event of a lost bag as well as a lost limb. The company took more than one Global Rescue employee and client with it.

Bochnowski wouldn't directly comment on Global Rescue, citing a 2011 breach of contract lawsuit between the companies. Though he did say, "We're able to put the consumer at the centre of our services. It's a bigger vision than what we were able to accomplish in our past jobs."

Still, despite the competition, it's been a good few years for Global Rescue's bottom line. In 2012 the company opened offices in Islamabad, Pakistan, as well as Bangkok. Members are given one number to call, which is routed to whichever office is open. Running such a sprawling operation requires a global network of reliable contractors as well as the ability to quickly establish communication in places that don't have it. Employees in the field use a text-only satellite device called a DeLorme inReach, as well as a satellite-enabled modem system that creates a mini wireless network.

 **Andy Fraser**

A GLOBAL RESCUE SENIOR SPECIALIST, FRASER WAS ON CALL IN KATHMANDU WHEN THE 7.8 TREMOR SHOOK THE CITY AND THREW THE COUNTRY INTO CHAOS.



Then there's the company's newly developed GRID app, which sends real-time security alerts to a client's smartphone – a faster, more accurate version of the government's travel advisories. For all the tech, though, says Pache, a former Special Forces operative, "It comes down to a guy on the ground exercising good judgment and doing the best he can with what he's got."

Lukla, Nepal

In Nepal, that person was Fraser. He spent a harrowing night on the Rokpa's lawn with the hotel's other guests while a dozen aftershocks rumbled. At one point, he was envious of a neighbour, an American who was able to sleep on the grass through the seismic highlight reel. Then a stray mutt, walked up, raised its leg, and calmly urinated all over the American, who continued to sleep.

In the morning, Fraser sent an SMS message to Bangkok, telling his bosses he was going to fly to Lukla, a small mountain town 137km to the east that serves as the jumping-off point for most major Himalayan climbs and treks. A Swiss doctor named Monika Brodmann Maeder, who happened to be in Kathmandu, was on the helicopter flight to Lukla with Fraser; when the pair arrived, they found an eerily quiet scene.

Hassan Anderson

 SENIOR SPECIALIST ANDERSON FLEW FROM GLOBAL RESCUE'S THAILAND OPERATIONS CENTRE IN BANGKOK TO KATHMANDU IN ORDER TO ASSIST IN THE COMPANY'S RESPONSE TO THE APRIL 25 EARTHQUAKE.



The hospital was damaged, and a few volunteer nurses were trying to set up a makeshift triage ward in the airport. No patients had arrived yet.

They quickly hashed out a diagnostic system: Fraser would give patients a rapid once-over as they were unloaded. Thumbs up meant they went to the nurses; down sent them to Brodmann Maeder for critical care. Then the helicopters started coming in. Here was a broken back. There a shattered pelvis. A climber with a head injury got off a helicopter and started walking aimlessly in the direction of its tail rotor.

Most of the helicopters were small, four-person rigs. Sometimes, though, a big Mi-17 showed up. "Every time it turned up my heart sank," says Fraser, "because I knew there were 20 people in it." By late afternoon he'd triaged about 70 patients, most of them Nepalis. No one knows how many died. Fraser flew back to the capital. It was time to do his real job.

Kathmandu

When he landed he met with Anderson, who'd arrived from Bangkok and spent the afternoon negotiating a maelstrom at the airport. Upon arriving, Anderson reached out to Uber's three employees, who were camping on the lawn outside the Hyatt Regency before their

flights out. The team looked through their client list. A group of three climbers was on Lhotse, a neighbour of Everest, but they had called in to say they were OK. Another client, a Colorado climber named Brad Johnson, was high on Makalu. He too was in decent shape, with the exception of a painful back.

Global Rescue clients seemed to have evaded the carnage. None were among the 18 casualties from the Everest Base Camp avalanche. Still, there were hurdles to overcome – Nepal's government had commandeered all of the country's private helicopters, meaning that the company couldn't make good on its promise to quickly deliver air evacs to clients like Johnson, who needed to get off Makalu before his back worsened.

The team kept a spreadsheet with four active tabs: 'situation unknown', 'safe and accounted for', 'evacuation in progress', and 'closed operation'. By Monday, April 27, they'd moved 49 clients into the latter three. None had required medical treatment. Overall, they felt like they were in good shape. That's when the call came in about the team at Camp One.

Fairfax, Virginia

Kathy McKnight's first thought was, 'My God. Not again.' The 52-year-old education

researcher was returning from a triathlon training run near her home in Fairfax when her brother-in-law called to tell her there'd been an earthquake in Nepal and that there were reports of a massive avalanche at Everest Base Camp. McKnight's husband, Patrick, a 49-year-old psychology research professor at George Mason University, was making his second attempt to reach the top of the world.

The previous year, Patrick, a seasoned mountaineer, arrived in Base Camp just an hour after an avalanche ripped through the Khumbu Icefall, a treacherous 800-metre section of shifting glacier bordered by rock faces between Base Camp and Camp One. That slide killed 16 Sherpas and ended Everest climbing from the Nepal side in 2014. Now he was back on the mountain with the same guiding company from the previous year, Summit Climb, based in Seattle.

Patrick's brother told Kathy there was no reason to panic just yet. Patrick had a SPOT device, a subscription-based emergency satellite beacon that's tapped into international search-and-rescue networks.

He had linked his SPOT to his blog, Facebook and Twitter accounts via the connection app If This Then That, and starting at 3:17 am (about an hour after the earthquake hit) he'd released a series of three location dispatches placing him at Camp One, obviously a message to his family. Plus, Kathy knew her husband was a Global Rescue member. But there was no reason to get too comfortable.

At 1:27pm Nepal time, Summit Climb's leader, 55-year-old guide Dan Mazur, tweeted, "Aftershock@1pm! Horrible here in Camp One. Avalanches on three sides." Half an hour later, he tweeted again about the situation on Everest. This time his message was even less reassuring; it ended with "Please pray for everyone."

Camp One, Everest

The Summit Climb expedition had left Base Camp and made its way through the Khumbu Icefall



Mount Everest Base Camp

ON APRIL 25, 2015, SHERPAS, CLIMBERS AND RESCUERS CARRY AN AVALANCHE VICTIM; PASANG SHERPA SEARCHES THROUGH FLATTENED TENTS FOR SURVIVORS; A HELICOPTER LANDS TO PICK UP THE INJURED ON APRIL 26.



earlier that morning. McKnight was climbing with a team of 17. They were feeling strong after making it through the icefall. Still, when they reached Camp One, they were struck by the area's precarious glaciology.

The team camped just beneath the southeast face of Everest. On both sides loomed sheer walls and immense hanging seracs. McKnight settled into his tent alongside a Finnish teammate. All of a sudden the tent started moving up and down and side to side. McKnight experienced a great heaving of earth – only he was on a great block of ice. The glacier was shifting beneath

him. Mazur, the guide, started screaming, “Get your ice axes! It’s coming!” He instructed the team members to lie on their bellies with their axes planted in the ice. Then the avalanches started: one, two, three. They were aerosol avalanches – wind-driven thin layers of snow that didn’t carry the type of deadly mass of rock and ice that struck Base Camp. Still, the power of the air that funnelled through Camp One was wild – a live, 222km/h thing turned fierce by the snow and vapour it carried. McKnight, a sailor who’d navigated through hurricanes, had never felt air moving so

ferociously. He was facing uphill when the winds hit, and the air pressure forced his lower body around his ice axe. Covered by eight inches of snow, McKnight cleared an airway as he braced for the inevitable crashing serac (a column of glacial ice) and subsequent slide he was sure would end his life on Everest.

The big slide never came. Immediately following the quake, Mazur decided to relocate to the centre of Camp One, away from the looming seracs. The centre of Camp One is made up of a series of ice ridges; Mazur picked one that was about eight by 15 metres. Starting that afternoon they got hit by one aftershock after another, deep seismic shifts that sounded like great grinding gears of ice. This was about the time Mazur sent his tweets, asking for prayers.

McKnight awoke the next morning, Sunday, to sun and a steady influx of helicopters. People were lining up to get on the first flights out of Camp One, and from the ridge above he could see groups of climbers making their way down from Camp Two. When he called Kathy on his sat phone, he had no idea about the extent of the devastation in Nepal. Kathy told him that an avalanche had killed people at Base Camp and that the low-lying regions outside Kathmandu were devastated. McKnight began to realise his team’s lot. The government would be deploying aircraft far from the Khumbu, and the avalanche had destroyed the fixed ladders and ropes that might have allowed a climbing descent to Base Camp. He told Kathy not to do anything – he figured they had enough food and fuel to melt snow for water for a few days, and he even held out a sliver of hope that the team might complete their ascent.

On Sunday, Camp One’s tiny airstrip became a traffic hub to rival a Sydney International runway. A constant stream of helicopter flights landed that day, shuttling climbers down the mountain. Nepal’s high-altitude helicopter operators had all dispatched their aircraft

to the Khumbu region. The matter of who boarded the flights was hardly scientific – access to the helicopters was determined by personal relationships between operators and guides. Occasionally force did the trick. A few members of the Summit Climb team were anxious to leave, so Jangbu Sherpa, one of Mazur’s trusted staff, shouldered his way in and pushed them on a flight.

Kathy McKnight, though, was ready to make contingency plans. She knew that the forecast called for a storm that might lock the region in, rendering helicopters useless. She also knew that her husband and one other person on his team, a Scot named James Grieve, had memberships with Global Rescue.

On Monday morning Kathmandu time, her husband called again. This time the couple made the decision to call Global Rescue for an evacuation. Some 150 people had been evacuated from Camp One, but the Summit group hadn’t made it onto a helicopter and the storm was closing in.

Kathy called Global Rescue, connecting with Jeff Weinstein, a paramedic in Bangkok who immediately contacted Shree Hari Kuikel, the operations manager at Fishtail Air, one of six helicopter companies Global Rescue regularly works with in Nepal. That day the government had announced it was taking control of all aircraft, but Kuikel said he could get a helicopter to Camp One the following day, during a down period between government-mandated flights. That night, Weinstein spoke with Patrick via sat phone. “He said, ‘Don’t sweat it, we’re there,’” McKnight recalls.

The next day, Fishtail dispatched a helicopter from Lukla to Camp One. When the pilot arrived, the camp was shrouded in a fast-closing cloud bank. He figured he had a 45-minute window for the evacuation. McKnight pulled out his Global Rescue card... *continued on p207*

MORE THAN JUST

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PHOTOGRAPHY DRIU & TIAGO WORDS RICHARD CLUNE
French seductress Léa Seydoux is not typical of
Britain's most famous spy series – and we're all for it.



THE MIND WANDERS

before interviewing Léa Seydoux. Because she's an actress you've seen a lot of. Because you've seen *La Vie D'Adèle*.

It was a brave turn – emotional, powerful, visceral, sexual; the type of film to avoid on a long-haul flight, strangers sat either side.

Ultimately, it announced her as French cinema's new *dauphine*; the country's latest gap-toothed It Girl and a woman of sudden acclaim and desirability.

Known also as *Blue Is The Warmest Colour*, it's led her here, to a swanky London hotel suite on the banks of the Thames and talk of a new adventure onboard Bond.

"I know Sam saw [*Blue*] and loved it," says the 30-year-old of *Spectre*'s British director, Sam Mendes. "I think it was the reason he took me in this film."

It is. Because in casting his Bond 'girls' (should we not say women, now?) Mendes tends to play against historical type – certainly far removed from bawdy Bondettes Pussy Galore, Plenty O'Toole and Holly Goodhead, to name three.

Still, such a stereotype lingers – Seydoux initially unconvinced she'd fit the female Bond mould when asked to audition.





"I remember the day they called and I was like, *bof*, all the girls around the world will do this casting – and I'm not like that."

But as Madeleine Swann, doctor and daughter of an assassin, she's not, her words, here to entice with her body. Though she easily could. Sat cross-legged and sporting a sleeveless monarch-red Miu Miu dress paired with bulky black Prada ankle boots (she's modelled for both houses), her charm plays against an admission of nerves about interviews. Beyond the enviable jumble of facial features and porcelain skin, Seydoux owns a confidence shaped by an unwavering gaze that at one point has her discussing the eye colour of this writer. Often, a cheeky smirk spreads across her face as she bites down on her bottom lip, a physical question mark on her understanding of certain expressions.

"My English could be better," she admits. "I need to read more. But what I was saying with Madeleine, she's not what you expect, she's a real character, deeply intelligent and independent, complex, strong and modern. Now [as a Bond 'girl'] you can seduce with

your brain. And it's attractive, *non*, to be a smart girl?"

It is. And it's ever so attractive to hear such words spill past Seydoux's pouty lips – each sentence wrapped in a heavy Gallic accent that rewrites the Queen's English into a lustful melody. Sorry, where were we? The audition.

To be clear, Seydoux only had one beer prior to her initial *Spectre* reading. Even so, she forgot her lines.

"*Oui*, it was just one," she purrs, claiming auditions aren't her thing. Apparently she's for the immediacy of the moment, in frame, after 'action' is called.

Here, she says, is where the excitement arrives. So too the fear, the latter an emotion outed as one of life's common threads. It's curious to hear, especially given her wholehearted dedication to *Blue* and director Abdellatif Kechiche – an involved, 12-month shoot that had her question her sexuality, and which she's previously labelled "horrible" for the arduous six-day working conditions and excessive demands of the director.

"I am scared of many things," she continues, gently. "I hate to fly [Xanax helps], I hate



“YOU CAN
SEDUCE WITH
YOUR BRAIN.
AND IT'S
ATTRACTIVE,
NON, TO BE A
SMART GIRL?”



heights, I have a fear of space – everything. I was scared of shooting in the desert [for *Spectre*] so hot and empty. I was afraid of going up the mountain and doing the stunts.” Guns, too, another foe. “I didn’t feel comfortable with them, but it’s Bond *quois*.

“And with acting you never know if you’ll be able to do it – but then the camera’s on and you do it. With acting, I am always scared, but I like it and I’m addicted to that fear in a way.”

Fear has served Seydoux well – hers an impressive oeuvre that’s already award-winning (namely the 2013 Palme D’Or for *Blue Is The Warmest Colour*) and a string of solid work on both sides of the Atlantic – ‘American’ outings including *Mission Impossible: Ghost Protocol*, *Inglourious Basterds* and Woody Allen’s *Midnight In Paris*.

“American, English [films] – they’re more about entertainment and are more for the audience. French films are more about the art and the shots with a beautiful landscape... and someone smoking a cigarette.” Cue that smirk. “I like entertainment and action – but we’re not so good at that.”

Ahead of the biggest cinematic release of the year, a blockbuster set to have even more eyes watching her, Seydoux is calm – capable of still indulging in the people-watching she enjoys and views as a necessity for an actress.

“I need to be transparent to observe the world – I’m sure it’s terrible to be recognised all the time because you can’t hide. For me, I’m not too famous. I get to work with great people, but I don’t have the *faux* – you know? I walk in the street and take the subway. I’m not known everywhere. And I love it when people don’t know you, it’s nice.” ■



LOUIS VUITTON

WE'RE IN PARIS, TO CELEBRATE THE SS16 COLLECTION





PHOTOGRAPHY SONNY VANDEVELDE

N X 24 HOURS

AND DESIGNER KIM JONES' MAINTAINED AUTHORITY.



WORDS RICHARD CLUNE

The relaxed nature of what Kim Jones is set to send down the runway stands in contrast to what's occurring elsewhere. Paris, city of creativity and endless romantic inspiration, is burning. Literally.

On a humid June day, taxi drivers have transformed from aggrieved strikers – incensed by the threat of Uber – to rioting thugs, overturning and torching cars. Or worse.

Armies of police guard the French capital's main airports and train stations, while Courtney Love's on Twitter stating she's been physically attacked (we doubt the first time such an event has greeted her) for jumping a chauffeur-driven ride.

It is, to use an enjoyable French expression, *un vrai bordel*.

The mess of the situation is certainly on the collective mind of the fashion elite who've snared a (thick card) invite to Louis Vuitton's SS16 menswear show.

As sullen-looking ex-One Directioner Zayn Malik chains cigarettes while a minder attends to his red Vuitton neckerchief, many discuss the arduous time they've had reaching Parc André Citroën, to the southwest of the city. Some were forced on to the Metro (poor dears) while a bearded chap sporting a bone-coloured, two-piece linen suit (crisp white tee; matching sneakers) points to the hotel bicycle he commandeered for the afternoon.

Beyond the swill of bouncers and the large iron gates that frame the urban space – a public park of angular white buildings, shallow lakes, and a tethered hot-air balloon – crazed fangirls chase down the arrival of each blackened-out car, hoping the occupant to be 'someone' and not just Nick Wooster. They're eventually rewarded with Kanye West, dressed down in heavy white knit, ripped jeans and camel boots. His entourage of burly men clears a path, ushering Mr Kardashian to the front row where he's sat next to Malik (still grumpy) and fellow singer, Joe Jonas.

From an elevated music booth, dreadlocked disco dude Nile Rodgers welcomes the crowd, introducing the show and his "main man" Mr Jones.

Lights down. Eyes to the front. Models are walking.

What's presented is a
kaleidoscopic world tour. Inspired by his recent travels, Jones visited 15 countries in the past 12 months, vibrant prints (cranes



from Japan; monkeys from China; a bird of paradise from Papua New Guinea; the occasional panther) are embroidered across much of the dominant use of silks and satins.

Bold patterns appear elsewhere, fused to a palette of navy, red and white. A double-denim ensemble arrives, so too luxe bowling shirts and the collection's key – a 'souvenir' jacket Gosling's *Drive* character would easily adopt. The feel and fit is relaxed – playing to a casual, luxury aesthetic. Streetwear influences are obvious, sportswear silhouettes feature and the famed LV logo appears sparingly.

Kanye smiles. Lights Up. Backstage we go.

Kim Jones isn't as one might imagine a men's style director for one of the world's most dominant *maisons*.



**KANYE
SMILES.
LIGHTS UP.
BACKSTAGE
WE GO.**

SHOTS TAKEN AT THE LOUIS VUITTON SS16 SHOW IN PARIS. CENTRE: ARTISTIC DIRECTOR OF MEN'S COLLECTIONS, KIM JONES.



A stout little Brit, he wouldn't stand out in a local pub ahead of a Millwall FC home game, the kind of fellow you'd have maybe spied rabbiting on at an early '90s East End warehouse party (a point referenced in the initial days of his eponymous label with the show, 'Subtle Rave').

A Central St Martins graduate with an affinity for streetwear, the 36-year-old spent eight seasons showing his own wares before touring across labels including Uniqlo, Topman, Mulberry, McQueen and Hugo Boss. Then came a move to reignite interest in (then) staid British heritage label Dunhill, where he spent three years as creative director before claiming the coveted, current LV crown in 2011.

Much like his designs, Jones is easygoing and accessible. While hype has rightly followed his career (twice named the British Fashion Council's Menswear Designer of the Year), he's not the sort to buy in.

Squinting his way through requisite backstage photo opps and brief conversations with the assembled celebs – Kanye and crew have all delivered their personal praise, so too Jade Jagger and Marianne Faithfull –

“YOU CAN’T JUST THINK ABOUT YOURSELF, YOU HAVE TO THINK OF THE BRAND FIRST.”

the designer is largely among friends. It's an eclectic bunch of designers and artists, mates from his early London years, all dear to him.

“It's just nice that people want to come and see your stuff and appreciate it... You know, at this point I go down a bit and then I'll have to get myself back up. I'm lucky I have these good friends who come to support – I'll take a few days and relax and enjoy myself.”

For a man working off two hours sleep, he's doing well – relief, satisfaction and adrenaline acting as props.

Of the collection he points to his recent inspirational travels – citing Cambodia, Japan, Myanmar, China, America, New Zealand and more.

“We picked up things from each bit,” he says. “We looked at some Thai hill tribe stuff too, the Lahu.”

Dubbed fashion's modern-day pirate king for his travelling ways, returning from each trip with a wealth of creative loot, Jones also draws on the simplicity of the street shapes that originally gave him a name.

“It's relaxed and easy – it's practical and functional and 'real' garments at the end of the day; you can put the clothes on a man of different ages and that's important.

“And I take elements from things I've worked on before and bring them back – there's a lot of ease and looking at what's happening, fashion is going that way.”

Jones injects personality in what he does, of course, though he's keen to assure that this is not about designing for himself – nodding to the importance of LV and what that means in regards to tradition and timelessness.





SHOTS TAKEN AT THE LOUIS VUITTON SS16 SHOW IN PARIS.
TOP: KANYE WEST, ZAYN MALIK AND JOE JONAS IN THE FRONT ROW.

“Sure, there’s a spirit of myself in every collection... It’s also about thinking what [the label] needs and what you can do to make the company better. I have a good relationship with my bosses and we work together on getting things done in the best possible way – you can’t just think about yourself, you have to think about what the brand is. I think of the brand first and then what that should be.”

What it is right now is a line with an alluring modern identity.

Tap on the shoulder. Time’s up. Move on.

Les Bains was *the* action

in the '80s and '90s. Opened in 1978 on the site of a 19th-century bathhouse in the 3rd arrondissement, it was Paris' answer to Studio 54 – Andy Warhol, Jean-Michel Basquiat, Grace Jones, Robert De Niro, Jack Nicholson, The Stones, Sex Pistols, Joy Division and many a leggy supermodel making their way to the Marais address for a night of A-list excess. Its lustre lost, it closed in 2011.

Now rebuilt and rejoicefully reopened, with the additional appeal of upstairs hotel rooms,

the famed below-ground club still has its grand, original attraction – a white and washed-out blue tiled mosaic ‘bath’.

Kate Moss was allegedly getting amongst it the night before, but tonight is LV’s turn to take over.

Jones, upstairs dining with friends, will sample the place later on.

Still, by midnight the darkened box room is already a hot and heady mix of models, media and LV crew. Drinks – ours a G&T – are being consumed at a rapid rate, as disco-tinged house plays out.

The ‘bath’ (think of it as a small square pool) is yet to see any action – though it will. Many of the lithe, angular runway men, most British, are eyeing off a late-night dip, to refresh and truly celebrate the end of what’s been a spirited day.

For now, though, they largely cluster in the confined smoking room – no space on the street given the complaints of neighbours and tight noise restrictions – where they talk of Jones’ brilliance in again hoisting LV on high. Nile Rodgers turns up. That could be Joe Jonas in the corner – the gaggle stood in his direct gaze valid confirmation.

2am. Home time. If only we could grab a cab. ■

**THE
WAR ON
DRUGS
IS OVER!**

AND WE LOST

ILLEGAL DRUGS CAUSE ALL SORTS OF IRREPARABLE DAMAGE

- BUT IS IT TIME TO RETHINK THE WAY WE APPROACH THE FIGHT?



TRILLIONS OF DOLLARS HAVE BEEN SPENT ON THE BATTLE TO BAN WHAT'S OFTEN REFERENCED AS 'THE SCOURGE' OF ILLICIT SUBSTANCES. AND FOR WHAT?

DECLARING WAR ON YOUR OWN CITIZENS IS A RADICAL POLITICAL TACTIC, BUT THEN PRESIDENT NIXON WAS NOT A MAN LACKING CONTROVERSY. WHAT CAME TO BE KNOWN AS HIS 'WAR ON DRUGS',

proclaimed with much bombast in June 1971, quickly spread across the globe, and has been bloody, brutal, expensive and interminable.

More than 40 years and 40 million arrests later (500,000-plus of the staggering 2.3 million housed in American jails are inside on drug charges), the US, alone, has spent \$1tn on battling mankind's innate desire to escape whatever their reality may be. And the efforts continue – an estimated \$700 spent, every second, at attempting to stem the flow of one of the world's largest and most active industries.

If the international drug trade was a country, it would have one of the world's top 20 economies, the United Nations (UN) estimating its annual worth at \$450bn; serving 230 million illegal drug users globally.

In Australia in 2013, around \$1.bn was spent fighting the same endless war – interesting given a 2010 Australian Bureau of Statistics estimate that drug users spent \$1.05bn on methamphetamine (crystal meth, ice) that year alone, profiteering sellers netting \$1.03bn of it.

Looking at the local drug-war funding, Australian economist John Humphreys delivers a blunt assessment: "It gets interesting when you try to do a cost-benefit analysis on prohibition. Basically, there aren't any benefits."

The word 'prohibition' is more often than not synonymous with failure. The idea that a government, even an American one, would try to keep liquor-loving humans from their hops-given rights – something the US attempted from 1920 to 1933 – seems as patently ludicrous as making it illegal for Australians to swear.

And yet we live in an age of fiercely fought prohibition – all potential civilian casualties in the War on Drugs, because few among us haven't at least tried some kind of substance that an elected official long ago decreed to be illegal (the UN's 2014 World Drug Report figures suggest Australians, per capita, are the world's No.1 users of ecstasy, third in methamphetamine and fourth in cocaine).

Cocaine was only legally forbidden in the US in 1922, less than 20 years after it helped Coca-Cola become the pre-eminent soft drink it is today. Heroin was legally available on prescription in Australia until 1953, and up until then we were the world's largest per capita users, banging it down in painkillers and cough mixtures.

Cannabis was also legally sold here, in 'Cigares de Joy' cigarettes, until 1926 – all while the notoriously more addictive nicotine remains freely available, despite its well-documented mortality rate.

Lately, though, shots have been fired in what might be dubbed The War on the War on Drugs. Senior police officers, doctors, US state legislatures and even entire countries have come to the realisation that, in war terms, we're batting about the same as Saddam Hussein after he last taunted the Americans to invade.

"It's not a war we will ever finally win; the war on drugs is a war you can lose, you may not ever win it, but you've always got to fight it," announced former PM Tony Abbott on radio 3AW in April 2014.

The recently-toppled federal leader has also declared that in the case of methamphetamine, we are in the middle of fighting the worst drug scourge in Australian history.

There's no doubt that ice is a horrific and deadly drug, and that other illicit substances can cause debilitating addictions and ruin countless lives. But the question being increasingly asked is whether the current combative approach is redundant – and whether this should move from an issue of criminal justice, to that of health.



ick Palmer was a police officer, prosecution lawyer and front-line enforcer in the Drug War for three decades – particularly so in the seven years spent as commissioner of the Australian Federal Police (AFP).

Any journalist who had the pleasure of interviewing him during the AFP days would not move far beyond labelling him a hard-arsed copper.

With hawk-like features and a physique that suggests criminals would be ill-advised to flee on foot, Palmer has a heated intensity to his gaze and an ability to tear down paltry arguments with a barrister's brutality.

Despite having devoted much of his life to overseeing and crowing about drug busts, the now 70-year-old views such efforts as a waste of police officers' time and taxpayers' money – making the bold claim that all prohibited substances should not only be decriminalised but legalised, to be distributed and taxed by the government.

"I've been part of committees put together to look at the prohibition model and the more you look at it, the more you come to the realisation that, despite our best endeavours – and police are making larger seizures than ever – we make no difference," says Palmer.

"The reality is that drugs are more available than ever in Australia, and they're cheaper than ever. So, we haven't been successful and the marketplace is run by criminals who pay no tax and follow no rules."

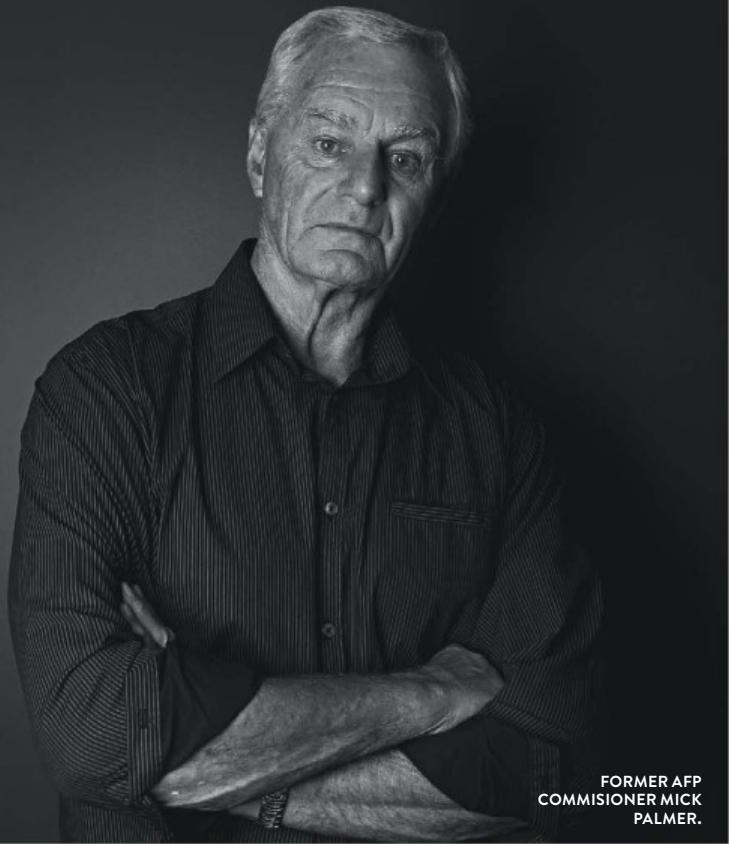
Claiming the current system to be broken, Palmer also argues against the willingness to put away those already locked in drug addiction.

"It's a system that's not at all effective, and we still keep arresting young people for minor drug use and tarring them for life as criminals. We're victimising the victims, and treating drugs as a criminal issue when they should be a health one."

Dr Alex Wodak, AM, president of the Australian Drug Law Reform Foundation, says we shouldn't be shocked to hear such words from a former law enforcer.

"He [Palmer] has come to his present views slowly and reluctantly, and I respect him enormously," explains Wodak. "A number of other retired police commissioners in Australia have similar views, and even some serving Australian Police Commissioners also agree on the topic."

"It is precisely because these senior, and highly respected, law-enforcement officers have had such long experience of unsuccessful efforts to reduce the supply of drugs in Australia that the rest of the community has to sit up and take notice. In fact, so many senior law-enforcement officials have come to these sorts of conclusions that they've formed an organisation in the USA [now international] called Law Enforcement Against Prohibition [LEAP]."



"Look, drugs are available in every prison in Australia – and if we cannot keep them out of prisons, how can we keep them out of Kings Cross, St Kilda or Fortitude Valley?"

Wodak, too, doesn't mince words on the war against illicit substances. "There is no way that we are winning, or will ever win – I came to that conclusion, publicly, in 1987 and, though ostracised at the time, this is now a mainstream opinion."

Based in the US, ground zero for drug wars, LEAP has 5000 serving law-enforcement members and 150,000 supporters worldwide, with chapters in the UK, Canada, Brazil, Costa Rica and Germany.

"History shows drug prohibition reduces neither use nor abuse," says LEAP board member Lieutenant Commander Diane Goldstein.

"After a rapist is arrested, there are fewer rapes. After a drug dealer is arrested, neither the supply nor the demand for drugs is seriously changed. The arrest merely creates a job opening for an endless stream of dealers who'll take huge risks for the sake of the enormous profits created by prohibition." Goldstein furthers the push for a change in thinking by emphasising the continual rise of illegal drug use.

"Rather than success, we have seen a spike in illicit substance use and what is being described as a new heroin public health crisis across America. At LEAP we believe that by eliminating prohibition of all drugs for adults, and establishing appropriate regulation and standards for distribution and use, law enforcement could focus more on crimes of violence – making our communities much safer. We believe sending parents to prison for non-violent, personal drug use destroys families and that in a regulated and controlled environment, drugs will be safer for adult use and less accessible to children."

SPENT BY DRUG USERS ON CRYSTAL METH ALONE*

\$1.05BN

SPENT FIGHTING DRUGS IN AUSTRALIA IN 2013

\$1.1BN

Goldstein concludes by saying that placing drug abuse in the hands of medical professionals, instead of the criminal justice system, will reduce rates of addiction and overdose deaths.

For Palmer, it's now about highlighting current flaws and loudly spruiking the message that the current war isn't working. Once this filters through, he believes more people will come to accept the failings and societal models will move towards the "inevitable" legalisation of illicit substances.

"The global trend is in one direction, and that's towards decriminalisation and legalisation," he says, citing recent US moves to legalise and regulate the sale of marijuana (namely in Washington State and Colorado, Alaska and Oregon).

Washington State expects to have raised \$970m from selling pot by mid 2019, while Colorado predicts a \$55m windfall this year alone – most of which goes back into the education and health systems.

At the time of writing, Maine, California, Ohio, Massachusetts, Nevada and Arizona are also working towards the same goal.

"So here's the US, a nation in conflict with itself, where you can't drink until 21 but you have the death penalty, and yet, despite their inherent conservatism, they're braver than us when it comes to legalising," muses Palmer.



eed is a 'soft' drug, and thus an easier argument. Still, when it comes to the hard stuff, many point to the progressive ways of Portugal.

Amid a spiralling and dire substance-abuse issue, the country moved to decriminalise heroin, cocaine, ecstasy and marijuana in 2001.

As Dr João Goulão, Portugal's general director of the Service of Intervention on Addictive Behaviours and Dependencies tells *GQ*, the country's Ministry of Health is responsible for drug policy and anyone found carrying what's deemed less than 10 days' supply (2g of cocaine; 25g of marijuana) will not see the inside of a courtroom.

Instead, they'll be asked to show up, within 72 hours, to a local Committee on Discussion of Drug Addiction. There, they'll be counselled by lawyers, psychologists and social workers who assess their relationship with the drug – an addict then "invited" to join a treatment facility, while recreational users might, occasionally, face a fine, or be asked to complete social work.

"I believe decriminalisation is important because it introduces coherence in the policies, based on the assumption that addiction is a chronic, relapsing disease and must be addressed as such, and not as a crime," explains Dr Goulão.

"This approach led to a drop in prevalence among the general population in problematic drug use, injecting drug use, HIV infections, drug-related deaths, drug-related criminality and public nuisance.

"Drug-related problems were the top Portuguese political concern in the late 1990s – now they've dropped to 13th position."

That Portugal was viewed by many western outsiders as a test-lab is not lost on Goulão.

"Our drug policies inspired changes all over the world... We'll now wait and see the results of the experiences taking place in other parts."

Both Palmer and LEAP praise the Portuguese for biting the bullet – though both say they haven't gone far enough.

"The results from Portugal are very, very positive, certainly in terms of drug overdoses and deaths, the reduction in harm has been significant; it shows that the benefits far outweigh the harm," says Palmer.

"Unfortunately, drug supply is still illegal in Portugal and the follow-on in that process is dealers are still in business and you still have to buy drugs from a criminal. I'd like to see us ease into broader decriminalisation, where we start to see the government regulating the supply of the drugs we know most about – cannabis, heroin, cocaine, things like that – and taxing them, with the money raised going towards healthcare. And I think we'd achieve even better results than Portugal if we were willing to do that. In a perfect world it makes sense to decriminalise all of them, treat users as a health issue, and couple that with a Grim Reaper-style education program."

LEAP's Commander Goldstein agrees that allowing continued profiteering by dealers is a central flaw of the Portuguese system.

"We love what Portugal has done, but LEAP supports full drug legalisation because of what decriminalisation doesn't do," she says. "It doesn't set up a system of regulated purity, so users don't know what they're putting in their bodies or how strong it is, increasing the risk of overdose. And if someone does overdose, their friends may be afraid to call for help for fear of being prosecuted."

"Also, decriminalisation doesn't enact age restrictions on sales and it does nothing to impact the enormous profits being made from drugs by violent criminal gangs, or to stop the violence generated by turf wars caused by law-enforcement intervention."

Dr Goulão joins the chorus – describing the current model as a "half-way solution" in need of further work.

AUSTRALIA'S
WORLD RANKING
N.1 FOR THE USE OF ECSTASY
N.3 METHAMPHETAMINE
N.4 COCAINE (PER CAPITA)**

"Don't forget this was 14 years ago, and the pre-established limit was the need to fit into the UN Conventions (on Narcotic Drugs)," he says. "We're now developing an enlarged view of a policy or strategy concerning substances or, better, addictive behaviours.

"It's restrictive to put the emphasis on the substance, when the active element is the individual and the causes of his addictive behaviour."



taggering, desperate and despondent on the dismantling-of-prohibition argument are those dependent on ice.

With rancid, raging side effects, it's been described as the most dangerous and destructive substance on the illegal market, and yet it's increasingly available and affordable – \$40 a hit, or \$6000 an ounce (compared to between \$10,000 and \$14,000 just three years ago).

Federal MP for Dobell, Karen McNamara, recently told an Ice Summit held on the NSW Central Coast – where she claims amphetamine use has increased by 112 per cent in the past two years – a gore-filled tale about an ice addict eating his eyeballs in hospital. Not surprisingly, it caused a media storm with questions about its legitimacy.

"I stand by it, and the case I described, which was told to me by a front-line medical professional, an extremely trustworthy person... [there] was a man admitted to a hospital in the Newcastle region [who]



BRITISH AUTHOR
WILL SELF.

pulled out the drips and everything and gouged his eyes out and placed them in his mouth," recalls McNamara.

"The reason I told that story was to emphasise that this drug is not recreational, this is the effect it can have on people; people can lose control, they have no idea, they think things are crawling all over them.

"The other effect of ice is the super-human strength the ice addicts have. I've heard stories of people who weigh 50kg having to be held down by six grown men."

Interestingly, McNamara too believes the Portuguese approach is something Australia should at least examine.

"I can't speak on behalf of the whole government, but if things are working overseas, it's something they should definitely be looking at – how other countries are approaching this problem and taking away the learnings of what works and what doesn't," she says.

"If it's something that I believe would have benefit, then yes, it would be something I'd be happy to put in my submission in regards to the usage of ice. Now I'm looking at ice, though, in particular, and that is something that should never be given any legal form."

For now, McNamara explains, the Federal Government has a 'National Ice Action Strategy', which involves putting more money into the detection of methamphetamine at the borders, and more smugglers in jail.

It's a viewpoint that closes the circle in returning to Palmer's argument that trying to control, or stop, supply hasn't worked in the past and won't in the future.

"We've seen seizures of 398kg of heroin off Port Macquarie – compared to the 8kg [Bali Nine smugglers] [Andrew] Chan and [Myuran] Sukumaran were executed for – and the NSW marketplace didn't even notice the difference," says Palmer. "In the US, they've spent trillions on drug prohibition through the DEA [Drug Enforcement Administration], and the end result is that prisons are awash with drug criminals, and you can basically buy drugs wherever you want. And Northern Mexico is a drug cartel battlefield, fighting each other for the right to sell drugs.

"The DEA is very, very good at what they do, they're effective at law enforcement, but the end result is the market is too big, the demand too high and the temptation to make easy money too big."

The former top cop's answer to the scourge of ice – which he points out is only used by two per cent of Australians – is to make drugs like cocaine cheaper and more easily available than crystal meth.

"You'd think people would take the other drugs if they were cheaper," says Palmer. "By decriminalising those drugs and regulating supply of far less dangerous drugs, like cannabis and the ones we know more about like cocaine and ecstasy, we could be lowering the price and making it less risky for people. It would reduce the marketplace for the more dangerous drugs being bought from dodgy characters.

"It's like prohibition of alcohol, when Al Capone and the underworld had a mortgage on that. But the illegal market disappeared once it ended. We must have the ability to achieve the same result with drugs.

"I'd love to see no drugs at all, but forbidden fruit will always be attractive to people. And a drug-free world is never going to happen."

British author and political commentator Will Self – who lost his job as a columnist for *The Observer* after being caught snorting heroin on then UK Prime Minister John Major's plane – agrees, even though he says he's now kicked all habits.

"I still admire drugs of all kinds, and alcohol, from afar," Self tells *GQ*.

"I don't believe there's a one-size-fits-all solution to the 'problem': drug cultures are like any other – unique, complex and made up of many individuals – but in broad brush, we need to encourage positive and integrative rituals around intoxication, rather than negative and fissiparous lines."

"Obviously forms of decriminalisation will be evolved, but neither medical nor market models seem, to me, sufficiently nurturing of

inter-generational understanding and cooperation, which is surely key for a less destructive drug culture."

Blanket legalisation, adds Self, is too simple.

"We need a change of speeding hearts and swirling minds."



That drugs can be deadly is not a question. Though alcohol and nicotine are just two cases in which we accept, live with and raise taxes from that reality.

The human desire to alter perception – something we've been doing since the first primitive man found a cannabis leaf and chewed it – is not something anyone can successfully declare war on.

Still, certainly for the time being, the idea of legalising any substances currently considered illicit remains very much an anathema to Australian politicians.

A spokesman for the Federal Minister for Justice, Michael Keenan, neatly sidestepped *GQ*'s questions, delivering instead this statement: "The Australian Government is not considering legalising illicit drugs. Illicit drug use is a high-risk activity and has been proven to contribute to social, economic and personal harms," it reads.

"The need to control illicit drugs, including methamphetamine, cocaine and cannabis, is recognised at the international level, and the Australian Government has ratified a number of international agreements that require these drugs to be controlled."

Labor's Shadow Minister for Justice David Feeney's office said it was important to tackle the drug menace with a health-based approach to complement law-enforcement efforts, adding: "The economic reality is that it would cost an Australian taxpayer to send a citizen to Harvard for tuition, room and board \$60,659 a year, while it costs taxpayers \$114,832 a year to send a citizen to prison.

"This is why there needs to be a more holistic conversation about how our criminal justice system works, and how we better divert people so that our interventions in their lives are more effective for both them and society as a whole."

Is that the sound of a politician sniffing the wind of change?

Palmer certainly hopes so, and while he acknowledges that the kind of drugtopia he's proposing will not simply eventuate, he urges politicians, and the wider community, to at least consider opening up to such a debate.

"It will be incremental, but it will happen," insists Palmer. "If we're prepared, as a nation, to at least have the discussion, I think it's irresistible. The evidence speaks for itself."

Wodak, too, believes prohibition will come to be, but says change will undoubtedly be evolutionary.

"We should not try to guess how drug-law reform will end up, but instead proceed with a series of incremental changes," he says.

"Cannabis is the logical place to start with taxing and regulating, as it accounts for a very large share of the illicit-drug economy and cannabis-related harms are much less than the harms of other illicit drugs. Also, several states of the US and now a few countries are going down this track.

"If that goes well, as I expect it will, MDMA [ecstasy] is the next drug we should consider for this approach."

Wodak has actually been banging the drum on drug prohibition for years, and recalls a speech he gave to the UN on the subject in 1998.

"The last question was a stinker: 'If your ideas are so sound, why hasn't drug-law reform happened already?'" Wodak remembers.

"I think it's because the politics works so well, because the ideas are so counterintuitive and because there are so many people making so much money out of drug prohibition." ■

PHOTOGRAPHY PIERRE TOUSSAINT STYLING DAVID BONNEY

Saddle up for this
season's trackside trends.

the
front



Jacob (left) wears wool suit, \$6080, by **Hermès**; cotton/silk shirt, \$670, by **Burberry London**; cotton tie, \$99, by **Brooks Brothers**; cotton pocket square, stylist's own; elastic suspenders, \$150, by **Albert Thurston at Strand Hatters**; stainless steel tie bar, \$69, by **Calibre. Dan** (centre) wears wool 'Chatton' suit, \$995, by **MJ Bale**; cotton 'Cassian' shirt, \$169, by **Aquila**; silk tie, \$129, by **Hugo Boss**; cotton pocket square, \$100, by **Strand Hatters**. **Lewis** (right) wears wool/cashmere jacket, \$4300, wool/cashmere vest, \$1350, and wool/cashmere pants, \$1200, all by **Dior Homme**; cotton shirt, \$129, by **Brooks Brothers**; cotton 'Triesto' tie, \$130, and linen 'Warlow' pocket square, \$39.95, both by **MJ Bale**; stainless steel 'Heritage Military COSD' watch, \$2375, by **Longines**.

runners



Wool-blend suit, \$499, by **Brent Wilson**; cotton shirt (with collar pin), \$89.95, by **TM Lewin**; silk tie, \$260, by **Burberry London**; cotton-blend socks, \$32, brass-plated tie bar, \$165, and brass-plated cufflinks, \$155, all by **Paul Smith**; leather 'Archie' brogues, \$882, by **Grenson**; silk pocket square, \$69, by **HUGO BOSS**; stainless steel 'Heritage Chronograph' watch, \$4075, by **Longines**.



Blue wool three-piece suit, \$2299, by **HUGO BOSS**; blue/white cotton shirt, \$159, by **Brooks Brothers**; brown leather 'Archie' brogues, \$882, by **Grenson**; navy 'Panama' trilby hat, \$400, by **Strand Hatters**; silver stainless steel rose lapel pin, \$59, by **Calibre**; navy linen 'Warlow' pocket square, \$39.95, by **MJ Bale**; silver stainless steel 'Lepine' pocket watch, \$2975, by **Longines**; black leather 'Kidman' belt, \$99, by **Aquila**.



Lewis (left) wears black cotton suit, \$3230, and grey cotton shirt, \$660, both by **Prada**; silver stainless steel 'Conquest Classic' watch, \$5000, by **Longines**. **Jacob** (right) wears black cotton-blend jacket, \$229, and matching pants, \$110, both by **Calvin Klein White Label**; black/white cotton shirt, \$319, black/white wool tie, \$129, and black/white silk pocket square, \$69, all by **HUGO BOSS**; navy nylon lapel pin, \$39, by **Calibre**; wooden 'Horse head' cane, \$199, by **Brooks Brothers**; blue leather 'Garfield' belt, \$99, by **Aquila**; silver stainless steel 'Heritage Chronograph' watch, \$4075, by **Longines**.

Linen/wool blazer, \$2495, by **Burberry London**; cotton 'Addison' shirt, \$160, by **Tommy Hilfiger**; cotton 'Valdisere' tie, \$130, and silk 'Monte' pocket square, \$29.95, both by **MJ Bale**; cotton pants, \$449, by **Polo Ralph Lauren**; cotton socks, \$32, by **Paul Smith**; leather brogues, \$1250, by **Prada**; elastic/leather suspender, \$150, by **Albert Thurston** at **Strand Hatters**; stainless steel 'Pulsometer Chronograph' watch, \$5275, by **Longines**.





Wool 'Flemming' blazer, \$599, and leather 'Garfield' belt, \$99, both by **Aquila**; cotton 'Madison' shirt, \$140, by **Tommy Hilfiger**; wool tie, \$129, and wool pants (as part of a suit), \$1399, both by **HUGO BOSS**; silk pocket square, \$34.95, by **TM Lewin**; brass plated tie bar, \$165, by **Paul Smith**; stainless steel 'Pulsometer Chronograph' watch, \$5275, by **Longines**.

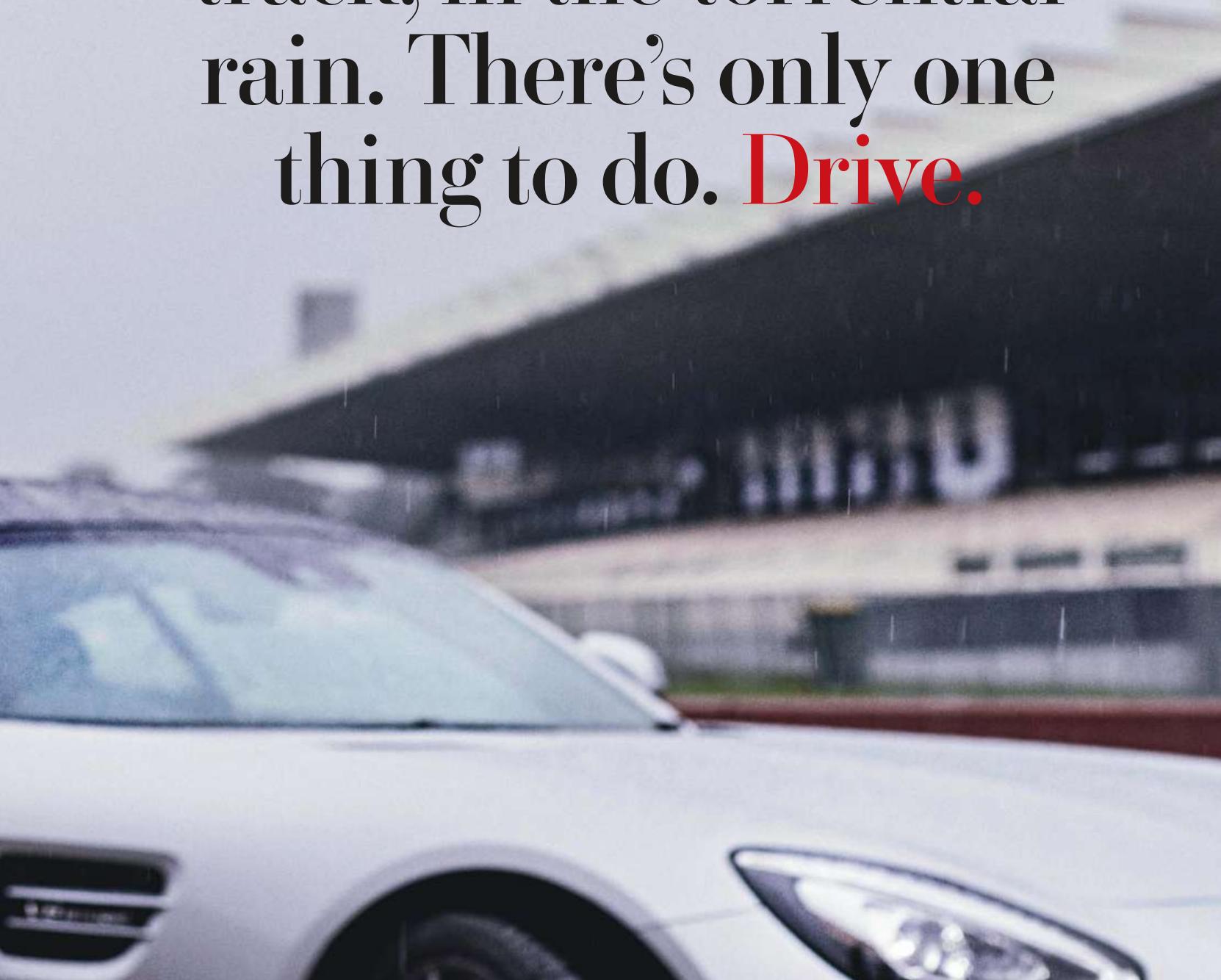
Jacob (left) wears camel cotton suit, \$1199, and blue/white cotton shirt, \$319, both by **HUGO BOSS**; red/white/navy cotton tie, \$99, by **Brooks Brothers**; multi-coloured cotton-blend socks, \$32, brass-plated tie bar, \$165, and red leather belt, \$225, all by **Paul Smith**; black rubber shoes, \$1250, by **Prada**; navy/white silk pocket square, \$170, and brass 'Gancini' cufflinks, \$335, both by **Salvatore Ferragamo**. **Dan** (right) wears light blue wool-blend jacket (as part of a suit), \$1390, grey/red cotton-blend socks, \$36, and copper/zinc-plated tie bar, \$190, all by **Paul Smith**; white/pink cotton 'Aldous' shirt, \$799.95, by **MJ Bale**; grey/navy silk tie, \$129, by **Farage**; grey wool 'Pearson' pants, \$229, and blue leather 'Garfield' belt, \$99, both by **Aquila**; black leather shoes, \$1250, by **Dior Homme**; black straw fedora hat, \$90, by **Akubra** at **Strand Hatters**; navy/red silk pocket square, \$34.95, by **TM Lewin**; silver stainless steel 'Heritage Military COSD' watch, \$2375, by **Longines**.

Lambswool shirt, \$1000,
cotton trousers, \$1100, and
leather belt, 210, all by **Prada**;
helmet, Jarrod's own.



PHOTOGRAPHY JAKE TERREY STYLING KELLY HUME

Jarrod Scott and a fast car – left to their own devices on an empty track, in the torrential rain. There's only one thing to do. **Drive.**





Polyamide/elastane top,
\$1500, by **Dior Homme**;
wool-blend pants, \$1250 by
Givenchy at **Marais**; stainless
steel 'Seamaster AquaTerra
James Bond Limited Edition',
\$8875, by **Omega**.



Maroon/grey/teal
viscose-blend 'Symbols'
jumper, \$1740, and
black wool trousers,
\$1050, both by
Valentino at **Harrold**s.

Silk bomber jacket,
\$4800, by **Louis Vuitton**;
wool turtleneck, \$249,
by **Hugo Boss**; wool-
blend 'Ryder' trousers,
\$410, by **Acne Studios**.





Cotton 'Eddy'
T-shirt, \$135, by
Acne Studios; race
suit, Jarrod's own.

Wool-blend jacket, \$800,
and wool pants, \$655,
both by **Emporio Armani**;
cashmere turtleneck,
\$1986, by **Hermès**.







Left: Black leather 'Oliver' jacket, \$2200, by **Acne Studios**; black cotton/lambskin jumper, \$3200, by **Balmain** at **Marais**; black wool-blend pants, \$1050, by **Givenchy** at **Harrolds**. This page: Grey wool jumper, \$3577, by **Hermès**; black wool pants, \$655, by **Emporio Armani**; black leather 'Swirl Derby' shoes, \$1440, by **Louis Vuitton**.

Grooming: Darren Borthwick.



SAY GOODBYE TO PAPERCUTS WITH GQ's **INTERACTIVE** **iPAD EDITION**

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THE AMBITIOUS MAN'S HANDBOOK *ON CAREER DEVELOPMENT, FINANCE, SELF-IMPROVEMENT AND BUSINESS.*

GQ Inc.

YOUR FUTURE CAREER — SORTED

WHERE WILL YOU BE IN FIVE YEARS? HOPEFULLY IN A GLASS CORNER OFFICE, WITH VIEWS (OR IN A LAB CREATING THE NEXT-GEN ROBOT). HERE, GQ'S DEFINITIVE GUIDE TO THE INDUSTRIES AND SPECIFIC COURSES TO CONSIDER NOW.

WORDS STEPHEN CORBY

I trying to pick a job to aim for when leaving high school, or seeking a complete career change, is a bit like tipping the winner of the 2020 Melbourne Cup.

What we do know, from research conducted by the Foundation for Young People, is two-thirds of Australian students are currently training for careers that will either vanish or be unrecognisable in the near future.

Indeed, the foundation's CEO, Jan Owens, claims that a young Australian starting part-time work in 2015 will have an average of 17 different jobs, spanning five careers over their lifetime.

Besides making sure you're on good terms with impending robot masters, what should the focus be for finding a viable and profitable profession in five years' time?

We asked career experts and those at various Australian TAFEs and universities for advice on what to study, and why.



INDUSTRY:

3-D DESIGN/VIRTUAL REALITY/GAMING

COURSE: BACHELOR DEGREE IN 3-D ART AND ANIMATION, SYDNEY TAFE

We all know gaming has made some sun-shy geeks into billionaires, but the platforms we know and love now will look laughably backwards once the new Oculus Rift revolution in virtual reality takes off. Which is why it's all about 3-D from here on.

"Everyone says 'go into IT, it's the future', but specifically, our biggest and most successful area is design, and it's an area in which people use technology and technical skills to do things like 3-D art and animation, creative design, graphic design and interior design," says

David Riordan, institute director at Sydney TAFE.

"There are a lot of high-level IT skills involved, and the 3-D art and animation course in particular is popular with people who want to move into gaming or movies.

"Our graduates have gone on to work on films like *The Lego Movie* and *Happy Feet*, so it's an area with good job outcomes."

INDUSTRY:

ONLINE START-UP
COURSE: BACHELOR OF INFORMATION TECHNOLOGY AND BACHELOR OF COMMERCE, SYDNEY UNIVERSITY

The CEO of careerone.com.au, Ben Foote, believes the start-up culture will only increase, and that it's

a good time to be brave and back yourself.

"With online distribution challenging established business models there's a massive fragmentation of the commercial landscape," says Foote.

"You can invent a job and make money from any of your dreams as long as you are passionate about something new and innovative, or can do something that people need or want better than what exists now."

"If you are able to exceed customers' expectations, growth can be fluid and fast. Pick the right idea, work really hard, and you can strike gold."

INDUSTRY: BUSINESS
COURSE: BACHELOR OF BUSINESS

(ENTREPRENEURSHIP), FLINDERS UNIVERSITY; BACHELOR OF BUSINESS, BOND UNIVERSITY

"Entrepreneurship is a set of skills and body of knowledge designed as preparation for today's ever-changing business environment. Graduates are not defined by a field of work, rather by the manner in which they deliver value for employers, or themselves," reports Bond University's assistant professor of entrepreneurship, Dr Baden U'Ren.

"Graduates of this program have gone on to secure jobs with Google and Uber, have started their own businesses and successfully exited for millions of dollars." Nice.

CONSTRUCTION

COURSE: BACHELOR OF CONSTRUCTION MANAGEMENT AND QUANTITY SURVEYING, BOND UNIVERSITY

It may not seem the most obvious industry to get involved with if travelling the world for work is a goal, but studying construction management can be a ticket to global employability, claims Bond University's professor of construction and facilities management, Craig Langston.

"It's one of the highest-paid career choices in Australia, with salaries for senior practitioners reaching \$150,000 plus," says Langston.

"Graduates can work anywhere in the world on a diverse range and scale of projects within the built environment, or even mining and other related industries."

"The construction industry today is global, and many organisations have offices in multiple locations. Being accredited by the Royal Institution of Chartered Surveyors or the Chartered Institute of Building is like a passport to work across more than 50 countries."

"If you have the passion to travel, there will certainly be opportunities to do so in this career."

INDUSTRY: HEALTHCARE
COURSES: NURSING STUDIES/MEDICINE/ OPTICAL DISPENSING/ AUDIOMETRY/DENTAL TECHNOLOGY, TAFE

Japanese robots are already capable of lifting patients from beds into wheelchairs, though their bedside manner remains woeful.

Looking after the sick and elderly is still going to be very much about human contact for some time, and with our ageing population, the health sector is set to be the fastest growing area of employment in the next 20 years.

"It's something that never goes out of fashion and it's a rewarding and, in some areas, well-paid profession," says Foote.

Sydney TAFE's Riordan agrees: "We're already seeing huge growth in the aged-care and healthcare industries and that's only going to continue," he says. "One of the most popular and real growth areas we're seeing for young men is nursing studies and aged care, as well as things like optical dispensing and dental technology."

INDUSTRY: INSURANCE
COURSE: BACHELOR OF ACTUARIAL SCIENCE, BOND UNIVERSITY

Assessing risk in insurance and finance by using various mathematical and statistical methods might sound as dry as a bowl of Weet-Bix without milk, but for those who are good with numbers, and like seeing big ones in their bank accounts, actuarial science is a field to consider.

"The traditional employment base for actuaries, including life insurance, general insurance and superannuation, now makes up 50 per cent of employment, with significant scope for graduates in much broader business sectors including risk or investment

management, banking, finance and data analytics," says Bond University's head of actuarial science, Professor Terry O'Neill, adding those with 10 years' experience could expect to earn anywhere from \$150,000 up to as much as \$250,000.

"Demand for actuaries is increasing in line with the growth of the sector across the Asia-Pacific region, with new areas of employment activity emerging as the collection and in-depth analysis of 'big data' is utilised by an ever-increasing number of businesses."

INDUSTRY: FINANCIAL PLANNING/BANKING

COURSE: BACHELOR OF APPLIED FINANCE (FINANCIAL PLANNING - TAFE)

A fully-qualified financial planner will not only be in demand, but highly paid, because making other people money is a great way to earn plenty for yourself.

Sydney TAFE's Riordan says financial planning is already a big growth area for educational institutions.

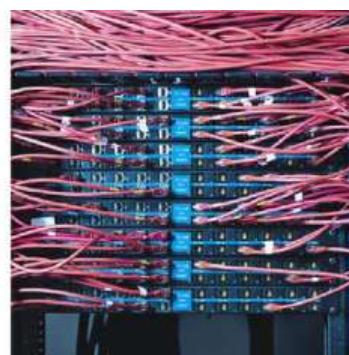
"It's taken off in the past few years and is really in the spotlight now with our ageing population and \$2tn worth of superannuation money floating around to be invested," he says.

"As the industry gets bigger, more people need access to highly-qualified professionals.

"Our courses are linked to industry standards and, increasingly, financial planners will need to be more qualified. Anyone with a qualification from somewhere like TAFE is going to be seen as far superior to an adviser who's not qualified and is trying to tell you what to do with your money."

"We've seen a large number of graduates getting involved in various parts of the industry, it's an area that's complementary to the more traditional accounting courses."

“SECURITY IS A HUGE GROWTH INDUSTRY AND THE DEMAND FOR EXPERTS IN THIS FIELD IS ON THE RISE.”



ROBOTICS

COURSE: BACHELOR OF MECHATRONICS ENGINEERING, DEAKIN UNIVERSITY; MONASH UNIVERSITY; ADELAIDE UNIVERSITY

The Foundation for Young Australians' 'The New Work Order' report states that 60 per cent of students are training for jobs that will be affected by automation. But if all these robots don't become self-aware and wipe us out, they're going to need scientists to design, create and maintain them.

"Mechatronics use artificial intelligence and computer science to make devices smarter," explains a faculty spokesperson for Monash, one university that offers an honours degree in mechatronics engineering. "You could be involved in creating planetary-exploration rovers or robots for medical applications, or taking an everyday product like a dishwasher or microwave oven and turning it into a truly clever device."

Red Dwarf fans might be picturing a 'Talkie Toaster', but the applications for mechatronics engineering are almost unlimited and practically unimaginable.

Graduates will be in high demand, and may even be spared when the first human exterminations begin.

INFORMATION TECHNOLOGY

COURSES: INTERNET COMMUNICATIONS, CURTIN UNIVERSITY; OPEN UNIVERSITIES AUSTRALIA (OUA); MASTER OF INTERNATIONAL SECURITY STUDIES, MACQUARIE UNIVERSITY

As computer storage has become cheaper and faster to access, we've been keeping more information. Analysing that metadata, to gain an understanding of customer habits, is essential to many businesses.

As an OUA spokeswoman explains, "All that data is only useful if someone can transform it into usable insights." The rewards for those who can are very lucrative.

Another big opportunity that this flow of information opens up is in data security and cyber security, as hacks (like those that exposed Ashley Madison) are damaging.

"Security is a huge growth industry and the demand for experts in this field is on the rise."

CareerOne's Foote says IT, in general, has long been an excellent and well-paid option.

"But know which areas to focus on, and keeping information secure is something that will only be more in more demand in our increasingly connected world," he says. ■

Three More to Consider

INDUSTRY: Trade

COURSE: Certificate in Carpentry (TAFE)

FIGURES SHOW MANY GRADUATE APPRENTICES HAVE THE SAME INITIAL EARNING POTENTIAL AS UNI GOERS. AND, WELL, WHAT'S NOT TO LIKE ABOUT WORKING WITH YOUR HANDS IN AN INDUSTRY THAT'S EXPECTED TO KEEP THRIVING?

INDUSTRY

Aeroplane/ spacecraft design

COURSE: Bachelor of Aerospace Engineering (Monash University)

NOTHING CAN DIM THE APPEAL OF INTERNATIONAL TRAVEL, WHICH IS WHY WORKING ON THE NEXT GENERATION OF FLIGHT CRAFT - HOPEFULLY CAPABLE OF SYDNEY-LONDON IN A FEW HOURS, VIA SPACE - WILL BE HUGELY PROFITABLE.

INDUSTRY: Restaurants/ catering

COURSE: Certificate in Commercial Cookery (TAFE)

THIS IS HARD GRAFT - ESPECIALLY TO CUT THROUGH, THOUGH IT'S ALSO A MUCH-NEEDED SKILL THAT CAN ALLOW GLOBAL TRAVEL. BECAUSE PEOPLE WILL ALWAYS NEED TO EAT.

The BOSS

MARK BOURIS



A PERSONAL ONE-ON-ONE WITH GQ'S LEADING FINANCIAL BRAIN. YOU HAVE HIS SERVICES ON THE CHEAP, SO EYES TO THE FRONT AND LISTEN UP.

In the eight years since the GFC, Sydney and Melbourne house prices have grown by more than 50 per cent. And while Bouris agrees that the dream of home ownership is largely done for the under-30s – what of the current trend to get on the ladder and build a bigger deposit by investing in high-risk stock investments?

When I bought my first apartment 35 years ago, no one asked where the deposit came from, and in my case, I borrowed it.

I recall buying the property from Meriton – they lent me the money and I refinanced down the line; it was a lot easier to borrow [back then], put it that way.

In the past two decades, banks have tightened lending criteria and it's now tougher than it was 30 years ago. In fact, it's virtually impossible for any twentysomethings to buy a property today. It's hard for them to save the deposit.

As for investors under 30 – unless they have a 20 per cent deposit, which is unlikely, and they're prepared to pay a higher interest rate than an owner-occupier, they're out of the market. And it should never be a matter [as an investor] of buying a property purely because you want to be in the property market – that doesn't make sense. If you want to be in this market, like any other, then you need to buy something smart.

For people who want a place to live in, it's cheaper to buy than rent if you have the capital, as interest rates are low. And it's hard to rent today, because everybody is and finding a good rental place is tough – you pay a lot, which means landlords are getting favourable returns, and people wanting a property are entering into ballots; you line up and the place is gone by 9am because you're up against those who walk in and offer three or six months' rent upfront.

For those who want to live in the more expensive cities – Sydney and Melbourne – my advice is this: rent where you want to live then buy where you can afford.

If you are buying, don't max out your mortgage. That is, don't borrow as much as you can, borrow less and

actually buy something, well, not as good. And don't try to enhance your deposit by buying stocks – just don't. Leave the money in the bank or put it into an enhanced cash fund, with someone else, like Perpetual or my company Yellow Brick Road. These have a premium 'over the cash' rate, which is better than the banks. Don't ever go chasing investment portfolios unless you have a very good planner. Because if you need your deposit next month and you go and buy BHP shares, for example, and they go down 30 per cent, then you've lost a third of your deposit and you're stuffed.

Also, with housing, you can look at the property – you know what goes on in the street, you can see what a property sold for last time and what people are selling for now. There are a whole lot of caps and collars associated with [buying] property, whereas with the stock market, not many people can look behind a company's books. Sure, you get the report the company puts on the stock exchange but that's about it. And most people can't interpret those things anyway – hell, I can't sometimes, so most people are definitely going to have issues.

Look, share markets are just too volatile [for such short-term investment]. Day traders, or people who have been in the game a long time, may say it's a good time to buy, but they're just having a crack. They say: 'I'll buy bank shares because they're down 30 per cent, and might go up 5 per cent.' But they might also go down another 20 per cent. So, again, if you're putting savings into an account for a deposit, leave it in the bank.

For more no-nonsense business and financial insights from Bouris, catch his weekly podcasts at markbouris.com.au

OWNERSHIP & INVESTMENT MARK'S TOP TIPS

RENT WHERE YOU WANT TO LIVE; BUY WHERE YOU CAN AFFORD.

DON'T TRY TO GROW A DEPOSIT BY BUYING STOCKS – KEEP SAVINGS IN A LOW VOLATILITY ENVIRONMENT, LIKE THE BANK OR AN ENHANCED CASH FUND.

DON'T MAX OUT YOUR MORTGAGE – DON'T BORROW AS MUCH AS YOU CAN, APPLY FOR LESS AND BUY SOMETHING A LITTLE BELOW YOUR MEANS.

“DON'T TRY TO ENHANCE A DEPOSIT BY BUYING STOCKS – LEAVE MONEY IN THE BANK OR PUT IT INTO AN ENHANCED CASH FUND.”

**WEATHERED
MENSWEAR COLLECTION**

"We designed this line. A lot of our clothing is for wearing every day. Most of our customers are in the creative industry – architects, interior or graphic designers. We target people like us, who have an interest, but aren't full-on into fashion 24/7."

**GQ MEN OF
THE YEAR
AWARD**

"We won the Fashion Retailer Award back in 2009, which was very cool."

THE ENGINE ROOM

THE WU BROTHERS

CO-DIRECTORS, INCU

CHINESE POEM

"This was in our grandfather's office. It's about a man who feels happy watching another fisherman catch a fish – about feeling happy for someone else's good fortune and is a reminder to not always just focus on yourself. Grandpa always told us to be humble."

KIWI MASCOT

"Dad was working in a really intense Hong Kong economy, and he just wanted to get out. New Zealand was a good place to go and chill out. We left Hong Kong when we were five and lived in Auckland until we were 13. We're big All Blacks fans."

**BABUSHKA DOLLS**

"These Russian dolls are of my [Vincent's] family. My wife knew someone who was an artist, and she got them to paint these for us. My three daughters are Naomi, Sophie and Chloe."

**'VIDE POCHE'
BY HENRY WILSON**

"This tray thing is made from bronze. It's really heavy. We sell these in our stores – they're really good for coins or keys."

As twins, Brian and Vincent have never been far apart.

After completing three university degrees, including an MBA, working together seemed natural. The masterminds behind fashion retailer Incu since 2002, the boys also recently opened APC's first Sydney store.

COFFEE

"This is made by two guys down the road. It's a boutique coffee place and they roast their own beans. They've both won barista awards. Coffee is our little escape – we do two a day, one in the morning and afternoon. We don't drink much, we don't smoke – so this is our routine."

**MASTER AND
DYNAMIC
HEADPHONES**

"We stock these in store too. Originally we said no, but they were pretty persistent. Finally, they sent a pair, and it's just amazing sound, and so comfortable because it's all calf leather on the inside."



DECEMBER 1



DECEMBER 31



FUNDRAISER FOR ALZHEIMER'S

Let's address the elephant in the room.

Elephants have amazing memories but for many of us, our memory & brain function can be seriously affected by Alzheimer's.

In fact, Alzheimer's can be fatal.

We don't know what causes it and there is currently no cure.
But you can help change that.

To donate or start your fundraiser, go to
www.rememberdecember.com.au

Together, let's help our researchers at NeuRA

Make Alzheimer's a distant memory.

REMEMBER DECEMBER

Daily Telegraph

Sunday Telegraph

THE AUSTRALIAN



FOXTEL

MCN
MultiChannelNetwork



CHAMPION

TRAIN LIKE AN IRONMAN

WE HIT THE BEACH TO BE
PUT THROUGH OUR PACES
BY CHAMPION AUSSIE
ATHLETE **MATT POOLE**.



CHAMPION

Now based in Queensland, we caught up with 26-year-old Poole in Manly, on Sydney's northern beaches where he grew up. After a nasty ankle injury prevented him defending his 2014 title at the Molokai 2 Oahu Paddleboard World Championships in Hawaii this past July, the Red Bull-sponsored athlete is now back to full fitness and gearing up for the Ironman series.

"We're a summer sport so I usually beach train in September and then race through to April," Poole tells us. "In the winter, it's all about building a base fitness, with lots of long, hard training sessions."

A typical week involves two-three sessions a day, with a half-day session on Saturday and a full rest day on Sunday.

"We're at the pool at 5.30am, Monday to Friday, where we cover up to six kilometres. Then we get our running and gym sessions done, which vary from anywhere between 20-40 minutes."

"In the afternoon, we're usually at the beach on our boards or skis, or combining them with the four Ironman disciplines – the board, ski, swim and running transition."

So how do you make it as a pro Ironman? Here are Poole's key tips.

KEEP THINGS INTERESTING

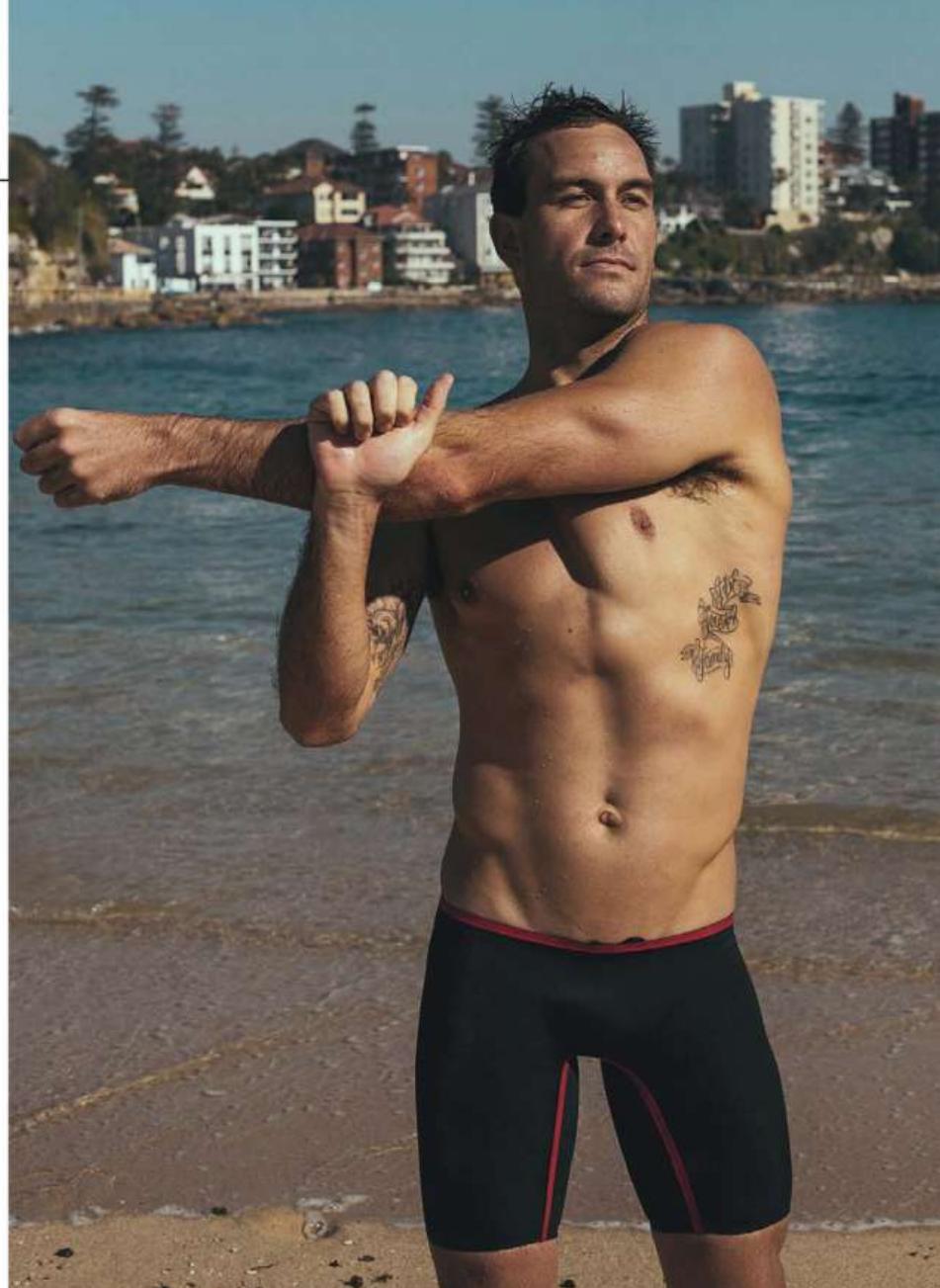
"The older you get, the more stale training becomes, so I'm always trying to find other ways to get fit and work new muscles. In summer, we do specific board, swim, ski and run training, but then in winter, I like to do things like surfing, bike riding and other cross-training. It's a good way to keep the mind fresh."

LISTEN TO YOUR BODY

"Injuries are a huge part of our sport because we're doing four different disciplines, and it's easy for muscles to get tight. Pilates and yoga build flexibility, and massages or physio work can prevent injuries before they happen. Injuries are a sign of pushing yourself too far, and it's always better to take a preventative approach – it's all about listening to the body."

REST UP

"On a rest day, you must actually rest. We spend so much time training, the minute you have a day off, you want to go out surfing or go out with your mates, but it's important to sit back on the couch and kick your feet up. While Sunday is a total rest day for us, I'll also take breaks between sessions throughout the week, to recharge the batteries."



"THE OLDER YOU GET, THE MORE STALE TRAINING BECOMES, SO I'M ALWAYS TRYING TO FIND OTHER WAYS TO GET FIT AND WORK NEW MUSCLES."

INGREDIENTS

1 frozen banana
1 egg
50g oats
Handful of spinach or kale
3 dates
A few Brazil nuts and almonds
Honey
Almond milk



Matt's Smoothie Recipe

"IF I'M ON THE GO AND DON'T HAVE TIME TO MAKE A PROPER MEAL, I WHIP UP A QUICK ONE OF THESE."

METHOD

Combine all ingredients, blend, and drink straight away.

WARM UP

→ PLANKS

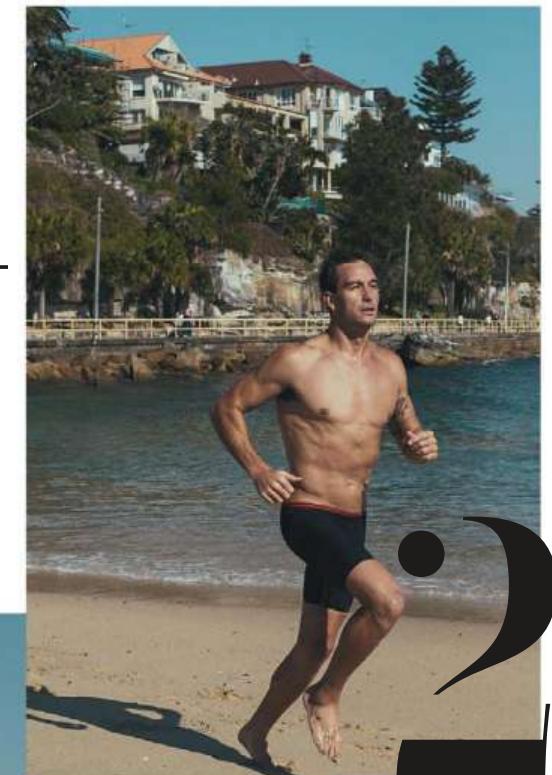
In a similar position to a push-up, except resting on elbows, to work core muscles (as pictured). Hold for 30 secs.

→ PUSH-UPS AND SIT-UPS

Perform 10 of each and be sure to keep a straight back during push-ups, and legs at a 90-degree angle for sit-ups.

→ WALKING LUNGES

Standing still, take a large step forward with one leg. Drop straight down, knee touching the ground, then push back up and repeat with the other leg. Five on each will increase blood flow and oxygen to the muscles, as well as improving balance and working your core.



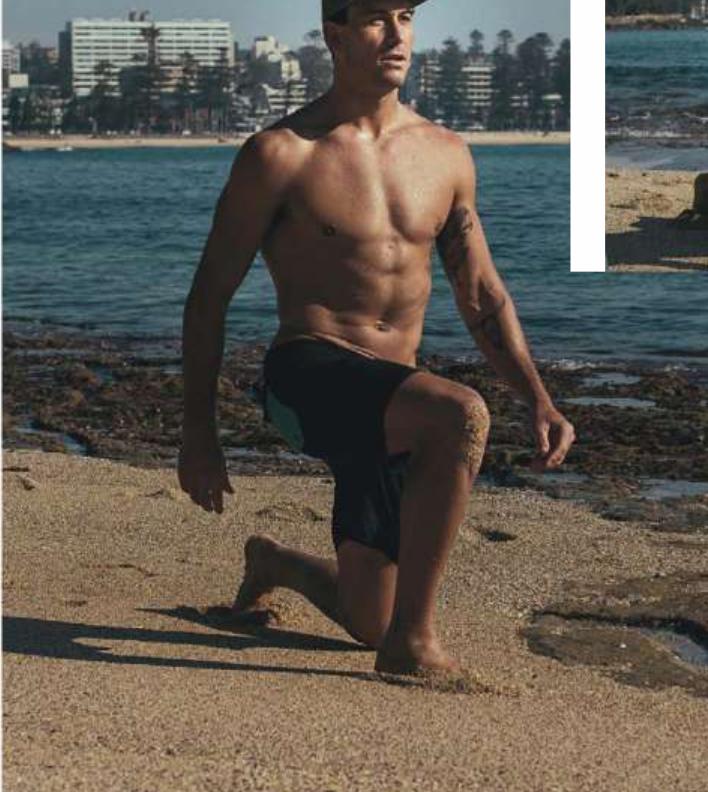
MAIN SET

→ SHUTTLE RUNS

Mark out four lines, for 10m, 20m, 30m and 40m. Each time you run back to the base line, do a burpee – from a standing position, drop down into a squat, with hands on the sand kick legs out behind you into a push-up. Return to a squat position and jump up high, reaching arms straight above your head.

→ RUN-SWIM-RUN

Depending on fitness, run for 200m, then swim for four minutes followed by another 200-metre sprint. Repeat 4-6 times with a two-minute break between sets.



WARM DOWN

→ SWIMMING

Hit the water for five minutes, and focus on kicking to remove lactic acid and assist with muscle recovery.

What to Eat

All that training doesn't count for much if the necessary fuel isn't being consumed. We asked Poole what's on the menu before and after competing.

The Day Before

"Aim for three big meals, and include plenty of protein and carbohydrates to fuel you for race day."

Breakfast: Eggs and avocado on toast

Lunch: Ham or chicken salad sandwich

Snacks: Nuts, fruit, yoghurt and a Red Bull

Dinner: Steak, green vegetables and potatoes

Race Day

"We usually compete around lunchtime, so I'll try to stomach a big breakfast in the morning. I get pretty nervous just before, but I might have a banana or muesli bar if I'm feeling hungry. I stay well hydrated and then an hour before I race, I'll have a can of Red Bull to get a caffeine hit and manage my energy levels before the start gun goes off."

Afterwards

"I'm exhausted after the race. Once I've finished any media and post-race commitments, I'll head back to my room and have a bowl of Nutri-Grain before I fall asleep. The day after is my cheat day – chocolate, fast food, there are no rules!" ■



CHAMPION



SCOTT GOODING AND FELLOW SYDNEY-BASED PERSONAL TRAINER LUKE HINES WERE FINALISTS IN SEASON FOUR OF TV SHOW *MY KITCHEN RULES*, AND HAVE SINCE RELEASED EIGHT BOOKS IN THEIR *CLEAN LIVING* SERIES.

BYE BYE GYM FATIGUE

AFTER BLOWING UP IN THE US, ONE-FEE GYM PASS MEMBERSHIPS HAVE ARRIVED DOWN UNDER, AND MIGHT JUST BE THE ANSWER TO ALL WORKOUT WOES.

There are plenty of reasons to avoid the gym. Those hopelessly tangled headphones in your bag, that dude

grunting his way through a squat set, *that* friend texting screen grabs of his Tinder crush. But the real problem is boredom.

Listen to the Bales, Hemsworths and Gyllenhaals – men who've bulked up rapidly for film roles – and they'll utter the same mantra: to stay motivated, it's essential to hit the body from different angles. Variety is everything, so shouldn't a gym pass reflect that? A rising number of Aussie start-ups certainly think so.

Companies like Bodypass, YogaPass and SweatPass are touting themselves as the antidote to dip-in, dip-out fitness binges. It's Netflix for the body – a monthly flat fee allowing access to classes and programs from a huge range of gyms, studios and activity providers. CrossFit in the morning, yoga by night? Sure. And for those with an affinity for the outdoors, there's also paddleboarding and rock-climbing.

"More research is pointing to the benefits of varying exercise, having fun while exercising and incorporating fitness into your life as more of an everyday approach rather than an eight-week program or monthly challenge," says Georgia van Tiel, a co-founder of Bodypass, which charges members \$99 a month.



"RESEARCH IS POINTING TO INCORPORATING FITNESS INTO YOUR LIFE AS MORE OF AN EVERYDAY APPROACH."

It's hard to fault the variety on offer. If hitting a spin class on cardio day doesn't appeal, programs like Bodypass allow the flexibility to go for a swim, play squash or take a boxing session instead.

"I personally field two or three phone calls per week from companies who have jumped on the trend," says Bondi-based personal trainer Scott Gooding. "It's a model that has worked well in the States."

Gooding's not wrong. US start-up ClassPass is credited with creating the phenomenon – since it was founded in 2013, it's grown to be worth more than half a billion dollars.

"It won't suit everyone," says Gooding, "but it certainly helps to eliminate the risk of staleness – which is a major factor in exercise adherence at the moment."

Van Tiel and fellow Bodypass founder Carla McMillan point out that while Australia has seen a large increase in gym numbers, obesity levels haven't dipped. In fact, we're trending upwards faster than any other country in the world.

Happily, science backs up a varied, choose-your-own-flavour approach to physical health. Michelle Segar is an American behavioural psychologist who focuses on fitness habits, and suggests that by choosing the workout we most feel like on any given day, exercise is reframed as a reward: "There are so many options and it's all about picking the physical activity that feels right for that day."

Get fit and stay flexible? Sounds like a winning combination. bodypass.com; yogapass.com.au; sweatpass.com.au

SEX UPDATE

SEX TRACKING

With sex toys and wearable tech big sellers in 2015 (forecast to be up 30 per cent and 173 per cent, respectively), it was only a matter of time before Apple joined the party. Anyone with a beta version of iOS 9 may already be reaping the rewards, with the Health app's new Sexual Activity tracker. It not only records when you have sex, and if protection was used, but you can even sync it to when your partner's ovulating. A gimmick? Experts think not.

"Many couples have different perspectives on how often they have sex – this shows what's actually happening," says clinical sexologist Vanessa Thompson. "It could also accurately track erectile dysfunction and premature ejaculation, issues that feel like they're happening a lot, but may not be."

Other trackers in development include 'Lovely' (pictured), a cock-ring-shaped gadget that records thrusts, calories burned, and G-force. Spanish company Geeksphone is also working on a premium smartwatch, the



'Geeks!me', which comes with an in-built sex tracker. The bad news is you'll have to wait until next year to find out exactly how well you're doing in bed. The good? There's plenty of time to practise. geeksme.com

FEMALE JOHNNIES

REMEMBER CONDOMS FOR GIRLS? THEY COULD FINALLY BE APPEARING SOMEWHERE OTHER THAN SCHOOL SEX-ED CLASSES. THE 'VA W.O.W' VIBE CONDOM FEMININE (THE NAME NEEDS WORK) HAS A TINY VIBRATOR BUILT INTO THE OPENING, AND HERE'S THE THING – IN LAB TRIALS, 100 PER CENT OF WOMEN USING THEM HAD AN ORGASM. WHILE STILL 18-24 MONTHS FROM LAUNCH, IT COULD MAKE A WELCOME CHANGE AS A CONDOM THAT KEEPS COUPLES NOT JUST SAFE – BUT SATISFIED, TOO.

ABC sex (n)

THE KIND OF SEX THAT ONLY OCCURS ON ANNIVERSARIES, BIRTHDAYS OR AT CHRISTMAS. IN REALITY, NOT WILDLY DIFFERENT FROM REGULAR SEX – EXCEPT THAT IT DOES HAPPEN.



The Sex E-diary

Absolutely nothing to do with actual nipples, *Nipple* is the current leader in sex tracking. Record every detail (and we're not joking): what you did, props, where, with whom, what emoticon sums it up. And in return, get data analysis and play a part in creating global stats, like the 3.5 billion people who had oral sex today. *Nipple*, free on Apple and Android; nipple.io



The Grown-up Sex Game

Truth or dare for sex – but before you scoff, it boasts a 4.5-star rating on iTunes. After signing up, you and a partner select sexual dares for the other to complete within a set time frame. The incentive? Points for each mission completed – plus, of course, the pleasure of the act itself. *Desire42*, free on Apple and Android; desire42.com



CHAMPION



MICHAEL KLIM WAS BORN IN POLAND, BEFORE GOING ON TO REPRESENT AUSTRALIA AT THREE OLYMPIC GAMES, AND TWICE HOLDING THE WORLD RECORD FOR 100M BUTTERFLY.

► ROUTINE

"I do some things religiously. I go for a 2km swim twice a week to clear my head – it's more meditative than anything. Then all my mates come together and we do a circuit class on Thursday mornings. We make it social. Exercise should be as much about mental health as physical."

► CONSISTENCY

"Forty-five minutes a day, four times a week – that's the base for structured exercise. Then on top of that there's incidental exercise – like a walk on the beach at the weekend. It all adds up. A gym is one of my prerequisites in hotels when I'm travelling, but you can do so much without one – whether it's running, using the stairs or circuit training. Just use your imagination."

► VARIETY

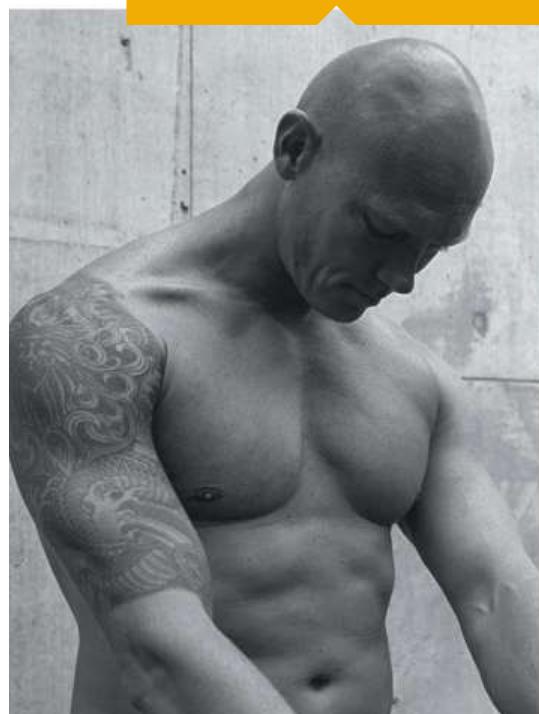
"I'm based between Bali and Australia so my lifestyle's pretty hectic. But the beauty of exercise is, the more you mix it up, the better the results. Some people like to do the same thing all the time but you don't get fitter that way. You need to start stressing the body through different methods – don't be afraid of muscle soreness because it means something is happening to the cells and they're getting stronger."

► MOTIVATION

"When I was a swimmer, I had structured exercise and I couldn't question myself. But these days, I can fall into a routine where I want to hit the snooze button and sleep in. When those periods happen, it's important to still push yourself. I try to stay active every single day – from modified CrossFit to swimming, or going for a run."

MY FITNESS MICHAEL KLIM

THE CHAMPION SWIMMER
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BREAKING RECORDS IN THE
POOL, BUT WITH THRIVING
BUSINESS MILK & CO TAKING
OFF OVERSEAS, THE
38-YEAR-OLD SHOWS LITTLE
SIGN OF SLOWING DOWN.



“EATING PROTEIN
HELPS MAINTAIN
METABOLIC RATE
AND MUSCLE MASS.”

► DIET

"My regular breakfast is smashed avocado on toast with two poached eggs. I eat as much protein as I can because it helps maintain metabolic rate and muscle mass. I like to snack quite a lot and we have our Milk Active Protein Bars and Protein Bombs, so I tend to eat them throughout the day, too."

► SLEEP

"I need sleep and try to get eight hours a night. It's hard sometimes but I can fall asleep super easily. Now I have kids, I usually go to bed pretty early – between 9-10pm, and then I'm up at 5.45am. Some people think it's heroic to get by on less sleep, but that's when your body recovers, so it's important to get it where possible."

► MODERATION

"Like everyone, I can fall into bad habits – I'll miss breakfast sometimes, and I like the occasional ice cream or chocolate. I also enjoy red wine and beer, but balance is key – whether it's alcohol, or the good and bad foods you eat. With travel, it can also be hard to get into a routine, but really it's about doing the best you can."



and flashed it to the pilot, who gave him a thumbs-up. Soon McKnight and Grieve were in the air. Over the course of the next hour, the pilot shuttled the remaining members of the Summit Climb team to Base Camp. Mazur made the climbers pair up with Sherpas, who often get left off helicopter medevacs because they can't pay.

No other option was considered – leaving someone up there could have been akin to manslaughter. They were the last team in camp.

The group spent the night at Base Camp, gathering what was left of their gear. The next day, the Fishtail pilot shuttled them down to Lukla. McKnight and Grieve shared the helicopter with a corpse, a Nepali man who had died in the Base Camp avalanche. There was precious little room in the helicopter, so the team sat on the cold body. Anderson met them when they landed, and they secured tickets home within a matter of days.

"I have nothing but the utmost respect for Global Rescue," says Patrick McKnight. "I sound like an ad rep, but whatever I paid, I'll pay it every year. Because I sure as hell don't want to be up there without it."

Disaster zones are both collaborative and competitive places. International search-and-rescue organisations come first, followed by the big aid operations – USAid, the Office of the United Nations High Commissioner for Refugees, the Red Cross. Their mission is altruistic but not selfless. The groups give aid and also vie for certain resources: access, local knowledge, hotels, helicopters, publicity. The same holds true for the private crisis-response industry. One day Weinstein ran into a former Global Rescue

employee who now works for Redpoint.

The two were cordial, but at the time there were a limited number of private helicopters operating in Nepal. Both Redpoint and Global Rescue wanted access to them. Both companies acquitted themselves admirably under the conditions, and both evacuated numerous clients, as well as bystanders. Global Rescue flew Summit Climb's Sherpas down from Camp One at no cost, while Redpoint sent a trauma surgeon to tend to rural villages. "These companies will help out if they have extra room on the plane," says John Moretti, a former PR manager for Global Rescue. "And if they get some publicity, all the better. But at the end of the day they're private companies. They're not there to do the government's job."

In the days following the quake, Global Rescue's team was divided. Weinstein, the paramedic who took Kathy McKnight's call, flew into Nepal to join Anderson in Lukla, where the two tended to the last of their descending clients. Fraser and Pache, meanwhile, stayed in Kathmandu, remaining on call in the event a client needed help. One night, during dinner in Kathmandu, the question is posed whether they had thought of heading into the hard-hit mountain villages to help. "We're not equipped, we're not manned, it's beyond our scope," says Pache. "Beyond the initial humanitarian effort we made, our focus has to be on our members," says Fraser. Then he pauses and says, "Obviously, as medics and rescue workers, it's frustrating to watch."

The next morning we visit Ben Ayers, Nepal country director of the dZi Foundation, a nonprofit group that works on issues like rural school safety and porter welfare in Nepal. The day after the earthquake, Ayers helped Fraser triage patients in Lukla. Ayers has a deep respect for Fraser, but he takes issue with the role groups like Global

Rescue play in Nepal. "There is the issue of those flights going to pick up wiggled-out tourists," he says, "instead of going to pick up really fucked-up people in Ghorka" – the epicentre of the quake, where the damage more closely resembled that caused by a tsunami. The fact that Global Rescue was able to commandeer such precious resources, though, came as little surprise. "This is a place where money talks," he says. "It's a feudal kind of society."

Later, this question is put to Richards. How does he justify Global Rescue's role in commandeering helicopters?

"These are difficult issues to deal with," he says. "Especially when you're trying to navigate a terrible catastrophe, and you're trying to determine who gets incredibly scarce resources."

"It's hard to say that there were others that in the first 36 to 48 hours more desperately needed the services than the climbing community. To try to compare levels of need is a really hard thing to do."

He then adds, "We always leave these situations wishing we could have done more. When it comes to our clients, though, we feel pretty good about how we've been able to support them."

By Sunday, May 3, most of the climbers and trekkers had left Lukla, and the town's teahouses and lodges were empty. But Anderson had one more operation to wrap up before returning to his post in Bangkok; to accompany a helicopter to pull Johnson, who had a bulging disk, off Makalu. Anderson then stuck around the mountain town for two more days.

While there, he went to the damaged hospital to speak with a young doctor he'd met. The doctor, who was Swiss, was seeing a patient. A Nepali man, who appeared to be in his late thirties, had fallen and hit his head in the mountains and was suffering from severe seizures. The doctors were trying to keep him mildly sedated while members of his family attempted to prevent

him from ripping out his IV. Anderson quickly recognised that the man needed a CT scan and possibly surgery. All the signs pointed to a brain bleed. But the Swiss doctor told Anderson that the man would have to wait.

"What for?" asked Anderson. The doctor said it would cost \$4100 to fly the man to Kathmandu, site of the only facilities addressing his needs, but the patient didn't have enough money. No helicopter companies would fly at a reduced rate.

"Here's a guy lying there," says Anderson, "and just because he can't afford it, he's probably going to die. After watching all these well-to-do individuals clamouring to get on these flights, I'm thinking, 'He truly needs to get out of here. And no one knows, and no one even cares.'"

It was an impossibly difficult situation. Global Rescue can't reasonably be expected to offer pro-bono flights to every victim it encounters. As Richards says, it's not the Red Cross.

Still, the experience affected Anderson deeply. "It's difficult," he says. "With our background, we want to get in there. We want to help." The patient made it to Kathmandu the next day. His family reported he'd survived. Whether he'd suffered permanent damage was anyone's guess. Neither the doctor nor Anderson knew his name.

Shortly after the Nepal operation, Fraser handed in his resignation to Global Rescue. The move was largely personal – he and Becky planned to marry and wanted to be together.

He said he'd continue to work for Global Rescue on a contract basis, and that he was grateful to the company for the opportunity to triage those patients in Lukla. "GR put me in that position," he offers. "I will never forget that."

He also said he was planning to return to sub-Saharan Africa, where he and Becky are starting a nonprofit that provides health care to the needy at no cost. He couldn't wait to get back. ■

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DIGITAL TIME

A decade after its inception, the 'PXR-5' watch from independent Scandinavian brand Void continues to inspire. Conceived by British-born, Hong Kong-based designer Michael Young – known for his sophisticated minimalism – the stainless-steel case houses a bright LCD display and is fastened around the wrist with a utilitarian woven nylon strap that mimics the style of a belt buckle. Simple, streamlined, cool. The 'PXR-5' is now part of Void's permanent collection. Available in a choice of case and strap colours. voidwatches.com



IN THE MIXER

A whizz at post-gym smoothies, early morning juices and everyday soups and sauces, the new KitchenAid 'Magnetic Drive' blender makes getting creative in the kitchen a cinch. The trick is the revolutionary magnetic drive that locks the jug in place so the motor can power through any ingredient, including ice. kitchenaid.com.au

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LOOK SHARP

Known for its signature tailoring, innovative design and quality fabrics, Calibre is one of Australia's leading menswear brands. The latest collection features casual and well-tailored essentials, including this lightweight 'Stone' blazer and pants. Stores across Australia and in selected David Jones. calibre.com.au

SWISS STYLE

Tested under the harsh and rigorous conditions you'd expect from the brand known for saving you in a scrape, the Victorinox Swiss Army 'I.N.O.X.' watch features scratch-proof sapphire crystal and the most resilient steel bracelet ever conceived. Yes, this piece will even survive being repeatedly driven over by a 64-tonne truck. Powerful and timeless. lionbrandsaustralia.com.au



BLUE STEEL

One for the thrillseekers, the sleek Breitling 'Colt Chronograph Automatic' was made for action. The 44mm-diameter polished steel case is water-resistant to 200 metres, while the oversized luminescent hands and markers let you know where you're at, wherever that may be. Available from Sydney's Breitling Boutique; (02) 9221 7177.

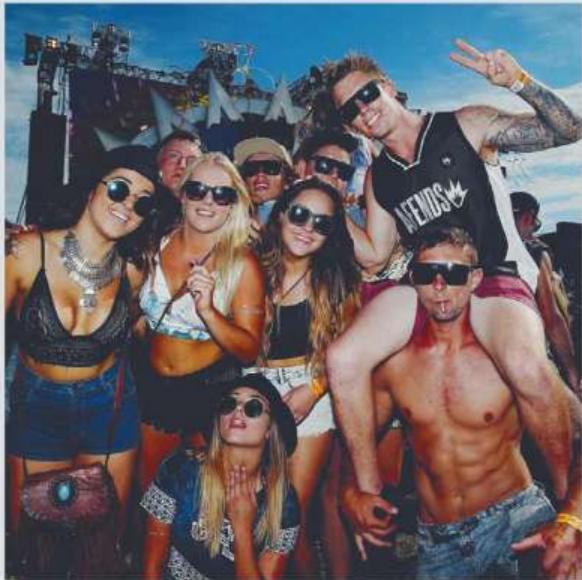


BACK TO BLACK

With its aromatic mix of heady florals and bright summer fruit fragrances, LYNX 'Black' shower gel cleanses body and mind. The effect is awesome, not overpowering, which is the whole point of the LYNX 'Black' grooming range – it's designed to be subtle and refined without sacrificing style. lynxexpression.com



Open Letter



Dear festival goers,

Fun fact, festival attendees, attend-don'ts and attend-dicks: By the time you read this, summer will be about 45 days away. That's less than 1080 hours (720 if you get the recommended beauty sleep) to get your base tanning, bench-pressing squat game on (no skipping leg day now) before Stereosonic kicks off the festival season and you go on an all-out sensual assault.

Tell us please, because we're dying to know – not literally, more out of curiosity – what it is about being in the proximity of grass, subwoofers, Portaloos and overpriced mid-strength booze that drums up the desire to act like a Neanderthal and/or dress like a floor-foraging pixie while simultaneously offending at least three ethnicities?

Remember when festivals weren't about two months of gym prep, hitting up the nearest fancy dress shop for Indian headdresses (time to step away boys and girls) or scheduling tanning sessions that result in skin colour akin to an Oompa Loompa?

Remember when they were about the music? Where people came together for a good time, to bond and dance without the threat of a punch to the throat, reverse grope or need to get blackout drunk before relieving themselves into Smirnoff Red cans. You know, so as not to lose their spot for "Drizay" (an episode we can't unsee).

We do, and that's why we ask, gents, FFS – Just. Be. Cool. Because, again, jutting your neck, flailing your arms like a used car yard attraction, beating your chest, cutting in line, vomiting on your feet, sexually harassing everyone and dressing like a radioactive lorikeet with a motor tic is not attractive. And the fact you winked in the mirror and left the house intending to do all these things, with your 'bros', makes us even more concerned.

So, think of the music. Please, will somebody *please* think of the music. Forget Snapchatting, Instagramming and sloshing your way through a favourite artist's set – you're a) missing the point and b) embarrassing yourself.

Festival respect shouldn't be an alien concept, try it, you might even dig it. Do it for your old mate Drake, for Disclosure, or for the band you legitimately came to see, like, say, Foals.

Got it? Good. See you at the gozleme stand,

Compromise should never be an option.



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